US HARBORS www.USHarbors.com

Rockland, ME - Jul 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**1:24**	10.3	**2:02**	9.3	**7:53**	0.3	**7:59**	1.4	4:56	8:23	
2	Sun	**2:00**	10.2	**2:37**	9.4	**8:30**	0.3	**8:41**	1.3	4:57	8:23	
3	Mon	**2:41**	10.1	**3:17**	9.6	**9:09**	0.4	**9:27**	1.2	4:57	8:23	
4	Tue	**3:27**	10.0	**4:02**	9.8	**9:53**	0.4	**10:17**	1.1	4:58	8:22	
5	Wed	**4:17**	9.8	**4:52**	10.1	**10:40**	0.5	**11:12**	0.9	4:59	8:22	
6	Thu	**5:13**	9.7	**5:46**	10.4	**11:33**	0.5			4:59	8:22	
7	Fri	**6:14**	9.7	**6:44**	10.8	**12:12**	0.6	**12:29**	0.5	5:00	8:21	
8	Sat	**7:19**	9.8	**7:45**	11.2	**1:14**	0.2	**1:28**	0.4	5:01	8:21	
9	Sun	**8:26**	10.0	**8:46**	11.7	**2:16**	-0.4	**2:28**	0.2	5:02	8:21	
10	Mon	**9:29**	10.3	**9:45**	12.1	**3:16**	-0.9	**3:27**	-0.1	5:02	8:20	
11	Tue	**10:29**	10.7	**10:43**	12.5	**4:14**	-1.4	**4:25**	-0.4	5:03	8:20	
12	Wed	**11:26**	11.0	**11:39**	12.7	**5:10**	-1.8	**5:21**	-0.6	5:04	8:19	
13	Thu			**12:21**	11.3	**6:03**	-2.0	**6:16**	-0.8	5:05	8:19	
14	Fri	**12:34**	12.6	**1:14**	11.4	**6:56**	-2.0	**7:11**	-0.8	5:06	8:18	
15	Sat	**1:28**	12.4	**2:06**	11.3	**7:47**	-1.7	**8:05**	-0.6	5:06	8:17	
16	Sun	**2:22**	11.9	**2:59**	11.2	**8:38**	-1.3	**9:00**	-0.3	5:07	8:17	
17	Mon	**3:16**	11.3	**3:52**	11.0	**9:30**	-0.8	**9:57**	0.0	5:08	8:16	
18	Tue	**4:12**	10.7	**4:47**	10.7	**10:22**	-0.2	**10:54**	0.4	5:09	8:15	
19	Wed	**5:10**	10.0	**5:42**	10.4	**11:15**	0.4	**11:53**	0.7	5:10	8:14	
20	Thu	**6:09**	9.5	**6:37**	10.2			**12:10**	0.9	5:11	8:13	
21	Fri	**7:08**	9.2	**7:31**	10.1	**12:52**	0.8	**1:05**	1.2	5:12	8:13	
22	Sat	**8:05**	9.0	**8:24**	10.1	**1:49**	0.9	**1:58**	1.4	5:13	8:12	
23	Sun	**8:58**	9.0	**9:13**	10.1	**2:43**	0.8	**2:49**	1.5	5:14	8:11	
24	Mon	**9:48**	9.0	**9:59**	10.2	**3:32**	0.7	**3:37**	1.5	5:15	8:10	
25	Tue	**10:33**	9.1	**10:41**	10.3	**4:17**	0.6	**4:20**	1.4	5:16	8:09	
26	Wed	**11:15**	9.2	**11:20**	10.4	**4:59**	0.4	**5:01**	1.3	5:17	8:08	
27	Thu	**11:53**	9.4	**11:54**	10.5	**5:37**	0.3	**5:40**	1.2	5:18	8:07	
28	Fri			**12:27**	9.5	**6:13**	0.2	**6:17**	1.0	5:19	8:06	
29	Sat	**12:27**	10.5	**12:59**	9.6	**6:48**	0.1	**6:55**	0.9	5:20	8:04	
30	Sun	**1:00**	10.5	**1:30**	9.8	**7:23**	0.1	**7:33**	0.8	5:21	8:03	
31	Mon	**1:36**	10.4	**2:05**	10.0	**8:00**	0.1	**8:15**	0.7	5:22	8:02	