



Rockland, ME - Jul 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:24	10.3	2:02	9.3	7:53	0.3	7:59	1.4	4:56	8:23	☀
2	Sun	2:00	10.2	2:37	9.4	8:30	0.3	8:41	1.3	4:57	8:23	☾
3	Mon	2:41	10.1	3:17	9.6	9:09	0.4	9:27	1.2	4:57	8:23	☾
4	Tue	3:27	10.0	4:02	9.8	9:53	0.4	10:17	1.1	4:58	8:22	☾
5	Wed	4:17	9.8	4:52	10.1	10:40	0.5	11:12	0.9	4:59	8:22	☾
6	Thu	5:13	9.7	5:46	10.4	11:33	0.5			4:59	8:22	☾
7	Fri	6:14	9.7	6:44	10.8	12:12	0.6	12:29	0.5	5:00	8:21	☾
8	Sat	7:19	9.8	7:45	11.2	1:14	0.2	1:28	0.4	5:01	8:21	☾
9	Sun	8:26	10.0	8:46	11.7	2:16	-0.4	2:28	0.2	5:02	8:21	☾
10	Mon	9:29	10.3	9:45	12.1	3:16	-0.9	3:27	-0.1	5:02	8:20	☾
11	Tue	10:29	10.7	10:43	12.5	4:14	-1.4	4:25	-0.4	5:03	8:20	☾
12	Wed	11:26	11.0	11:39	12.7	5:10	-1.8	5:21	-0.6	5:04	8:19	☾
13	Thu			12:21	11.3	6:03	-2.0	6:16	-0.8	5:05	8:19	☾
14	Fri	12:34	12.6	1:14	11.4	6:56	-2.0	7:11	-0.8	5:06	8:18	☾
15	Sat	1:28	12.4	2:06	11.3	7:47	-1.7	8:05	-0.6	5:06	8:17	☾
16	Sun	2:22	11.9	2:59	11.2	8:38	-1.3	9:00	-0.3	5:07	8:17	☾
17	Mon	3:16	11.3	3:52	11.0	9:30	-0.8	9:57	0.0	5:08	8:16	☾
18	Tue	4:12	10.7	4:47	10.7	10:22	-0.2	10:54	0.4	5:09	8:15	☾
19	Wed	5:10	10.0	5:42	10.4	11:15	0.4	11:53	0.7	5:10	8:14	☾
20	Thu	6:09	9.5	6:37	10.2			12:10	0.9	5:11	8:13	☾
21	Fri	7:08	9.2	7:31	10.1	12:52	0.8	1:05	1.2	5:12	8:13	☾
22	Sat	8:05	9.0	8:24	10.1	1:49	0.9	1:58	1.4	5:13	8:12	☾
23	Sun	8:58	9.0	9:13	10.1	2:43	0.8	2:49	1.5	5:14	8:11	☾
24	Mon	9:48	9.0	9:59	10.2	3:32	0.7	3:37	1.5	5:15	8:10	☾
25	Tue	10:33	9.1	10:41	10.3	4:17	0.6	4:20	1.4	5:16	8:09	☾
26	Wed	11:15	9.2	11:20	10.4	4:59	0.4	5:01	1.3	5:17	8:08	☾
27	Thu	11:53	9.4	11:54	10.5	5:37	0.3	5:40	1.2	5:18	8:07	☾
28	Fri			12:27	9.5	6:13	0.2	6:17	1.0	5:19	8:06	☾
29	Sat	12:27	10.5	12:59	9.6	6:48	0.1	6:55	0.9	5:20	8:04	☾
30	Sun	1:00	10.5	1:30	9.8	7:23	0.1	7:33	0.8	5:21	8:03	☾
31	Mon	1:36	10.4	2:05	10.0	8:00	0.1	8:15	0.7	5:22	8:02	☾