US HARBORS www.USHarbors.com

Rockland, ME - Dec 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:14	10.8	6:41	10.3			12:24	0.2	6:51	3:59	
2	Sat	7:11	10.9	7:40	10.1	12:46	0.1	1:25	0.1	6:52	3:59	
3	Sun	8:04	11.0	8:34	10.0	1:42	0.3	2:21	0.0	6:53	3:59	
4	Mon	8:53	11.0	9:25	9.9	2:33	0.5	3:11	-0.1	6:54	3:58	
5	Tue	9:39	11.0	10:11	9.8	3:20	0.7	3:56	-0.2	6:55	3:58	
6	Wed	10:21	10.9	10:54	9.7	4:03	0.8	4:38	-0.1	6:56	3:58	
7	Thu	10:59	10.7	11:35	9.5	4:42	1.0	5:17	0.0	6:57	3:58	
8	Fri	11:35	10.5			5:20	1.2	5:54	0.1	6:58	3:58	
9	Sat	12:12	9.4	12:07	10.3	5:56	1.4	6:30	0.2	6:59	3:58	
10	Sun	12:47	9.2	12:39	10.1	6:33	1.5	7:07	0.4	7:00	3:58	
11	Mon	1:21	9.1	1:14	10.0	7:12	1.6	7:45	0.5	7:01	3:58	
12	Tue	1:56	9.1	1:53	9.8	7:53	1.7	8:25	0.7	7:01	3:58	
13	Wed	2:35	9.1	2:37	9.6	8:39	1.8	9:08	0.8	7:02	3:58	
14	Thu	3:18	9.2	3:26	9.4	9:28	1.7	9:55	0.9	7:03	3:58	
15	Fri	4:06	9.3	4:20	9.3	10:22	1.6	10:45	1.0	7:04	3:58	
16	Sat	4:58	9.6	5:19	9.3	11:19	1.3	11:38	0.9	7:05	3:58	
17	Sun	5:52	10.0	6:20	9.4			12:17	0.8	7:05	3:59	
18	Mon	6:47	10.6	7:21	9.7	12:32	0.7	1:15	0.3	7:06	3:59	
19	Tue	7:42	11.1	8:20	10.1	1:27	0.5	2:11	-0.4	7:06	3:59	
20	Wed	8:36	11.7	9:17	10.5	2:21	0.2	3:05	-1.0	7:07	4:00	
21	Thu	9:29	12.3	10:11	10.8	3:15	-0.2	3:58	-1.6	7:08	4:00	
22	Fri	10:22	12.6	11:05	11.1	4:08	-0.5	4:51	-2.0	7:08	4:01	
23	Sat	11:16	12.8	11:59	11.3	5:02	-0.7	5:43	-2.1	7:09	4:01	
24	Sun			12:10	12.7	5:56	-0.8	6:36	-2.1	7:09	4:02	
25	Mon	12:53	11.4	1:06	12.4	6:52	-0.7	7:30	-1.8	7:09	4:02	
26	Tue	1:49	11.3	2:04	11.9	7:49	-0.5	8:24	-1.4	7:10	4:03	
27	Wed	2:47	11.2	3:05	11.3	8:49	-0.2	9:21	-0.9	7:10	4:04	
28	Thu	3:46	11.0	4:08	10.7	9:51	0.1	10:19	-0.3	7:10	4:04	
29	Fri	4:46	10.8	5:12	10.2	10:55	0.3	11:18	0.2	7:11	4:05	
30	Sat	5:45	10.7	6:15	9.8	11:59	0.4			7:11	4:06	
31	Sun	6:42	10.7	7:15	9.6	12:16	0.6	1:00	0.4	7:11	4:07	