

































Rockland, ME - Mar 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:15	9.9	8:48	9.1	1:53	1.6	2:31	0.8	6:12	5:24	
2	Sat	9:01	10.1	9:31	9.4	2:40	1.4	3:14	0.6	6:10	5:26	
3	Sun	9:43	10.2	10:10	9.6	3:24	1.1	3:54	0.5	6:08	5:27	
4	Mon	10:20	10.3	10:45	9.8	4:03	0.9	4:31	0.3	6:07	5:28	
5	Tue	10:54	10.4	11:16	10.0	4:41	0.6	5:05	0.2	6:05	5:30	
6	Wed	11:27	10.5	11:46	10.3	5:18	0.4	5:39	0.2	6:03	5:31	
7	Thu			12:01	10.5	5:55	0.2	6:15	0.2	6:01	5:32	
8	Fri	12:19	10.5	12:38	10.4	6:34	0.1	6:52	0.2	6:00	5:34	
9	Sat	12:57	10.6	1:21	10.3	7:17	0.0	7:34	0.3	5:58	5:35	
10	Sun	1:40	10.7	2:08	10.1	8:04	0.0	8:21	0.5	5:56	5:36	
11	Mon	2:28	10.7	3:02	9.9	8:57	0.0	9:14	0.7	5:54	5:37	
12	Tue	3:23	10.7	4:03	9.7	9:56	0.1	10:13	0.8	5:53	5:39	
13	Wed	4:25	10.7	5:13	9.7	11:00	0.0	11:19	0.8	5:51	5:40	
14	Thu	5:34	10.8	6:25	9.9			12:07	-0.2	5:49	5:41	
15	Fri	6:46	11.0	7:33	10.3	12:27	0.6	1:12	-0.5	5:47	5:42	
16	Sat	7:53	11.4	8:33	10.8	1:32	0.2	2:13	-0.8	5:45	5:44	
17	Sun	8:53	11.7	9:28	11.3	2:33	-0.3	3:09	-1.1	5:43	5:45	
18	Mon	9:49	12.0	10:19	11.6	3:30	-0.8	4:01	-1.3	5:42	5:46	
19	Tue	10:41	12.0	11:07	11.8	4:23	-1.1	4:50	-1.3	5:40	5:47	
20	Wed	11:31	11.8	11:54	11.8	5:14	-1.2	5:37	-1.1	5:38	5:49	
21	Thu			12:19	11.4	6:02	-1.1	6:23	-0.7	5:36	5:50	
22	Fri	12:39	11.6	1:07	10.9	6:50	-0.9	7:08	-0.2	5:34	5:51	
23	Sat	1:24	11.2	1:55	10.4	7:37	-0.5	7:53	0.4	5:32	5:52	
24	Sun	2:10	10.7	2:44	9.8	8:25	0.0	8:40	0.9	5:31	5:53	
25	Mon	2:57	10.2	3:36	9.3	9:16	0.5	9:30	1.4	5:29	5:55	
26	Tue	3:49	9.8	4:32	8.9	10:09	0.9	10:24	1.8	5:27	5:56	
27	Wed	4:46	9.5	5:30	8.7	11:05	1.2	11:21	2.0	5:25	5:57	
28	Thu	5:45	9.3	6:27	8.7			12:02	1.3	5:23	5:58	
29	Fri	6:42	9.4	7:20	8.9	12:19	1.9	12:57	1.2	5:22	6:00	
30	Sat	7:35	9.5	8:09	9.2	1:14	1.7	1:47	1.0	5:20	6:01	
31	Sun	8:23	9.7	8:52	9.5	2:04	1.4	2:32	0.8	5:18	6:02	