

































Rockland, ME - May 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:08	9.9	10:23	10.6	3:56	0.5	4:11	0.5	5:26	7:40	
2	Thu	10:50	10.2	11:02	11.0	4:39	0.0	4:52	0.3	5:25	7:41	
3	Fri	11:33	10.4	11:42	11.4	5:23	-0.5	5:35	0.1	5:24	7:42	
4	Sat			12:17	10.6	6:07	-0.9	6:19	0.0	5:22	7:43	
5	Sun	12:26	11.7	1:03	10.7	6:53	-1.1	7:05	0.0	5:21	7:44	
6	Mon	1:12	11.8	1:53	10.6	7:42	-1.3	7:55	0.0	5:19	7:45	
7	Tue	2:02	11.8	2:46	10.6	8:34	-1.2	8:49	0.2	5:18	7:47	
8	Wed	2:57	11.6	3:45	10.5	9:29	-1.1	9:48	0.3	5:17	7:48	
9	Thu	3:58	11.3	4:49	10.4	10:28	-0.9	10:51	0.4	5:16	7:49	
10	Fri	5:04	11.0	5:56	10.5	11:30	-0.6	11:58	0.4	5:14	7:50	
11	Sat	6:15	10.8	7:00	10.7			12:33	-0.5	5:13	7:51	
12	Sun	7:23	10.7	8:01	10.9	1:05	0.2	1:35	-0.4	5:12	7:52	
13	Mon	8:27	10.7	8:57	11.2	2:09	0.0	2:34	-0.3	5:11	7:54	
14	Tue	9:25	10.7	9:50	11.4	3:09	-0.3	3:28	-0.2	5:10	7:55	
15	Wed	10:19	10.6	10:39	11.5	4:03	-0.6	4:19	-0.1	5:09	7:56	
16	Thu	11:10	10.5	11:24	11.4	4:54	-0.7	5:06	0.1	5:08	7:57	
17	Fri	11:57	10.3			5:40	-0.7	5:50	0.4	5:07	7:58	
18	Sat	12:07	11.2	12:42	10.1	6:24	-0.5	6:32	0.7	5:06	7:59	
19	Sun	12:48	11.0	1:24	9.8	7:05	-0.3	7:12	1.0	5:05	8:00	
20	Mon	1:26	10.6	2:05	9.5	7:46	-0.1	7:52	1.3	5:04	8:01	
21	Tue	2:03	10.3	2:46	9.3	8:26	0.2	8:33	1.5	5:03	8:02	
22	Wed	2:40	10.0	3:27	9.1	9:07	0.5	9:17	1.8	5:02	8:03	
23	Thu	3:21	9.7	4:10	8.9	9:51	0.8	10:04	1.9	5:01	8:04	
24	Fri	4:06	9.4	4:56	8.9	10:37	1.0	10:55	2.0	5:00	8:05	
25	Sat	4:57	9.2	5:45	9.0	11:25	1.1	11:49	1.9	5:00	8:06	
26	Sun	5:51	9.1	6:36	9.2			12:15	1.1	4:59	8:07	
27	Mon	6:48	9.1	7:25	9.5	12:44	1.7	1:05	1.1	4:58	8:08	
28	Tue	7:44	9.2	8:12	9.9	1:38	1.3	1:55	1.0	4:58	8:09	
29	Wed	8:38	9.5	8:58	10.4	2:30	0.8	2:43	0.8	4:57	8:10	
30	Thu	9:29	9.8	9:44	10.9	3:20	0.3	3:31	0.5	4:56	8:11	
31	Fri	10:18	10.1	10:29	11.5	4:08	-0.3	4:18	0.3	4:56	8:12	