US HARBORS www.USHarbors.com

Rockland, ME - Sep 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:02	11.8	2:27	11.8	8:10	-1.1	8:38	-1.0	6:00	7:12	
2	Mon	2:56	11.2	3:20	11.4	9:00	-0.5	9:33	-0.5	6:01	7:10	
3	Tue	3:52	10.5	4:14	10.9	9:53	0.1	10:30	-0.1	6:02	7:08	
4	Wed	4:50	9.9	5:12	10.5	10:48	0.7	11:29	0.4	6:03	7:06	
5	Thu	5:51	9.5	6:12	10.1	11:47	1.2			6:04	7:05	
6	Fri	6:51	9.2	7:11	9.9	12:30	0.7	12:46	1.5	6:05	7:03	
7	Sat	7:49	9.1	8:07	9.9	1:29	0.8	1:44	1.5	6:06	7:01	
8	Sun	8:42	9.2	8:58	10.0	2:24	0.8	2:38	1.5	6:08	6:59	
9	Mon	9:31	9.3	9:46	10.1	3:14	0.7	3:27	1.3	6:09	6:57	
10	Tue	10:15	9.5	10:29	10.2	3:59	0.6	4:11	1.1	6:10	6:56	
11	Wed	10:56	9.7	11:08	10.3	4:39	0.5	4:51	0.9	6:11	6:54	
12	Thu	11:32	9.9	11:43	10.3	5:16	0.4	5:28	0.7	6:12	6:52	
13	Fri			12:03	10.0	5:50	0.4	6:04	0.5	6:13	6:50	
14	Sat	12:16	10.2	12:32	10.1	6:24	0.4	6:40	0.4	6:14	6:48	
15	Sun	12:47	10.2	1:02	10.3	6:58	0.5	7:17	0.3	6:16	6:46	
16	Mon	1:21	10.1	1:36	10.4	7:33	0.5	7:57	0.2	6:17	6:44	
17	Tue	2:00	10.0	2:16	10.4	8:12	0.7	8:41	0.2	6:18	6:43	
18	Wed	2:45	9.8	3:02	10.5	8:56	0.8	9:30	0.2	6:19	6:41	
19	Thu	3:35	9.7	3:53	10.5	9:45	0.9	10:26	0.3	6:20	6:39	
20	Fri	4:32	9.5	4:52	10.5	10:42	1.0	11:27	0.2	6:21	6:37	
21	Sat	5:36	9.5	5:57	10.6	11:45	1.0			6:22	6:35	
22	Sun	6:47	9.7	7:07	10.8	12:32	0.0	12:52	0.8	6:24	6:33	
23	Mon	7:55	10.1	8:15	11.2	1:36	-0.3	1:58	0.3	6:25	6:31	
24	Tue	8:57	10.7	9:18	11.6	2:38	-0.7	3:00	-0.2	6:26	6:30	
25	Wed	9:54	11.3	10:16	11.9	3:35	-1.0	3:58	-0.8	6:27	6:28	
26	Thu	10:46	11.7	11:10	12.0	4:28	-1.3	4:53	-1.2	6:28	6:26	
27	Fri	11:36	12.0			5:19	-1.4	5:45	-1.5	6:29	6:24	
28	Sat	12:02	12.0	12:25	12.1	6:08	-1.3	6:36	-1.5	6:31	6:22	
29	Sun	12:53	11.7	1:12	12.0	6:56	-0.9	7:25	-1.3	6:32	6:20	
30	Mon	1:43	11.3	2:00	11.6	7:44	-0.5	8:15	-0.9	6:33	6:18	