US HARBORS www.USHarbors.com

Rockland, ME - Oct 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:34	10.7	2:48	11.1	8:32	0.1	9:06	-0.4	6:34	6:17	
2	Wed	3:26	10.1	3:39	10.6	9:21	0.7	9:58	0.1	6:35	6:15	
3	Thu	4:21	9.6	4:34	10.1	10:14	1.2	10:53	0.6	6:37	6:13	
4	Fri	5:18	9.2	5:32	9.7	11:10	1.6	11:51	0.9	6:38	6:11	
5	Sat	6:16	9.0	6:31	9.5			12:09	1.8	6:39	6:09	
6	Sun	7:13	8.9	7:28	9.5	12:48	1.1	1:07	1.8	6:40	6:08	
7	Mon	8:06	9.1	8:22	9.6	1:43	1.1	2:02	1.7	6:41	6:06	
8	Tue	8:54	9.3	9:10	9.7	2:33	1.0	2:52	1.4	6:43	6:04	
9	Wed	9:38	9.6	9:55	9.9	3:18	0.8	3:37	1.0	6:44	6:02	
10	Thu	10:18	9.9	10:35	10.0	3:59	0.7	4:19	0.7	6:45	6:01	
11	Fri	10:53	10.2	11:12	10.1	4:37	0.6	4:58	0.4	6:46	5:59	
12	Sat	11:25	10.4	11:47	10.2	5:14	0.5	5:36	0.1	6:48	5:57	
13	Sun	11:56	10.6			5:49	0.4	6:14	-0.1	6:49	5:55	
14	Mon	12:21	10.2	12:30	10.8	6:26	0.4	6:53	-0.3	6:50	5:54	
15	Tue	12:59	10.2	1:09	10.9	7:05	0.5	7:35	-0.4	6:51	5:52	
16	Wed	1:41	10.1	1:52	11.0	7:47	0.5	8:21	-0.4	6:53	5:50	
17	Thu	2:28	10.0	2:40	11.0	8:34	0.7	9:12	-0.3	6:54	5:49	
18	Fri	3:20	9.9	3:34	10.9	9:27	0.8	10:09	-0.2	6:55	5:47	
19	Sat	4:20	9.8	4:35	10.7	10:27	0.9	11:10	-0.2	6:56	5:45	
20	Sun	5:26	9.9	5:43	10.7	11:32	0.8			6:58	5:44	
21	Mon	6:36	10.1	6:56	10.7	12:14	-0.2	12:40	0.6	6:59	5:42	
22	Tue	7:42	10.5	8:05	10.9	1:18	-0.4	1:47	0.2	7:00	5:41	
23	Wed	8:42	11.0	9:07	11.2	2:19	-0.6	2:49	-0.3	7:01	5:39	
24	Thu	9:37	11.5	10:04	11.4	3:16	-0.8	3:46	-0.8	7:03	5:37	
25	Fri	10:29	11.9	10:57	11.4	4:09	-0.9	4:40	-1.2	7:04	5:36	
26	Sat	11:17	12.0	11:48	11.3	4:59	-0.8	5:31	-1.4	7:05	5:34	
27	Sun	11:04	12.0	11:37	11.0	4:47	-0.6	5:19	-1.3	6:07	4:33	
28	Mon	11:49	11.7			5:33	-0.3	6:06	-1.1	6:08	4:31	
29	Tue	12:24	10.7	12:34	11.4	6:18	0.2	6:52	-0.7	6:09	4:30	
30	Wed	1:11	10.2	1:18	10.9	7:03	0.6	7:38	-0.3	6:11	4:29	
31	Thu	1:59	9.8	2:03	10.4	7:50	1.1	8:26	0.2	6:12	4:27	