






























Rockland, ME - Feb 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:26	9.7	4:55	9.0	10:55	1.2	11:09	1.3	6:53	4:46	
2	Sun	5:21	9.9	5:58	9.0	11:54	0.9			6:52	4:47	
3	Mon	6:21	10.3	7:03	9.3	12:07	1.2	12:55	0.5	6:51	4:49	
4	Tue	7:21	10.8	8:05	9.7	1:06	0.9	1:53	-0.1	6:50	4:50	
5	Wed	8:19	11.4	9:02	10.3	2:04	0.5	2:49	-0.7	6:48	4:52	
6	Thu	9:16	12.0	9:56	10.9	3:00	0.0	3:42	-1.3	6:47	4:53	
7	Fri	10:10	12.4	10:48	11.4	3:55	-0.6	4:34	-1.8	6:46	4:54	
8	Sat	11:03	12.7	11:39	11.7	4:48	-1.0	5:25	-2.0	6:44	4:56	
9	Sun	11:56	12.7			5:42	-1.3	6:15	-2.0	6:43	4:57	
10	Mon	12:30	11.9	12:50	12.4	6:35	-1.4	7:06	-1.8	6:42	4:59	
11	Tue	1:23	12.0	1:45	12.0	7:30	-1.2	7:58	-1.4	6:40	5:00	
12	Wed	2:17	11.8	2:43	11.3	8:27	-0.9	8:52	-0.8	6:39	5:01	
13	Thu	3:14	11.5	3:44	10.7	9:27	-0.5	9:49	-0.2	6:38	5:03	
14	Fri	4:14	11.1	4:48	10.1	10:29	-0.1	10:49	0.4	6:36	5:04	
15	Sat	5:16	10.8	5:53	9.7	11:34	0.2	11:51	0.8	6:35	5:05	
16	Sun	6:17	10.6	6:55	9.5			12:37	0.4	6:33	5:07	
17	Mon	7:16	10.5	7:53	9.4	12:53	1.1	1:37	0.4	6:32	5:08	
18	Tue	8:11	10.5	8:46	9.5	1:50	1.1	2:31	0.4	6:30	5:10	
19	Wed	9:01	10.5	9:33	9.6	2:42	1.1	3:19	0.3	6:29	5:11	
20	Thu	9:46	10.5	10:16	9.6	3:28	1.0	4:02	0.3	6:27	5:12	
21	Fri	10:28	10.5	10:56	9.7	4:10	1.0	4:40	0.2	6:25	5:14	
22	Sat	11:05	10.4	11:31	9.7	4:48	0.9	5:15	0.3	6:24	5:15	
23	Sun	11:38	10.3			5:24	0.8	5:48	0.3	6:22	5:16	
24	Mon	12:02	9.8	12:08	10.2	5:58	0.8	6:21	0.5	6:21	5:18	
25	Tue	12:29	9.8	12:38	10.0	6:34	0.8	6:54	0.6	6:19	5:19	
26	Wed	12:58	9.8	1:12	9.9	7:10	0.8	7:29	0.8	6:17	5:20	
27	Thu	1:32	9.9	1:51	9.7	7:50	0.8	8:07	0.9	6:16	5:22	
28	Fri	2:11	9.9	2:36	9.5	8:34	0.9	8:50	1.1	6:14	5:23	