
































Rockland, ME - Apr 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:21	10.4	5:08	9.5	10:57	0.2	11:17	1.0	5:17	6:03	
2	Wed	5:27	10.5	6:17	9.8			12:01	0.0	5:15	6:04	
3	Thu	6:36	10.8	7:23	10.4	12:23	0.7	1:04	-0.4	5:13	6:05	
4	Fri	7:43	11.2	8:22	11.0	1:27	0.1	2:03	-0.8	5:11	6:07	
5	Sat	8:45	11.6	9:17	11.6	2:27	-0.5	2:59	-1.1	5:09	6:08	
6	Sun	10:41	11.9	11:09	12.0	4:24	-1.1	4:51	-1.4	6:08	7:09	
7	Mon	11:35	12.1	11:59	12.3	5:18	-1.5	5:42	-1.4	6:06	7:10	
8	Tue			12:28	12.0	6:11	-1.8	6:32	-1.2	6:04	7:11	
9	Wed	12:48	12.3	1:19	11.6	7:02	-1.7	7:21	-0.9	6:02	7:13	
10	Thu	1:37	12.1	2:11	11.2	7:53	-1.5	8:10	-0.4	6:00	7:14	
11	Fri	2:26	11.7	3:04	10.6	8:44	-1.0	9:01	0.2	5:59	7:15	
12	Sat	3:18	11.2	3:59	10.1	9:37	-0.5	9:54	0.8	5:57	7:16	
13	Sun	4:12	10.6	4:56	9.6	10:32	0.0	10:50	1.3	5:55	7:18	
14	Mon	5:10	10.1	5:55	9.3	11:29	0.5	11:48	1.6	5:54	7:19	
15	Tue	6:10	9.7	6:53	9.1			12:27	0.8	5:52	7:20	
16	Wed	7:09	9.6	7:48	9.2	12:48	1.7	1:24	1.0	5:50	7:21	
17	Thu	8:05	9.5	8:39	9.3	1:46	1.6	2:17	1.0	5:48	7:22	
18	Fri	8:56	9.6	9:25	9.6	2:38	1.4	3:05	0.9	5:47	7:24	
19	Sat	9:43	9.7	10:07	9.8	3:26	1.2	3:48	0.8	5:45	7:25	
20	Sun	10:26	9.8	10:45	10.0	4:10	0.9	4:27	0.8	5:44	7:26	
21	Mon	11:06	9.9	11:19	10.2	4:50	0.6	5:04	0.7	5:42	7:27	
22	Tue	11:42	9.9	11:50	10.4	5:28	0.3	5:40	0.7	5:40	7:28	
23	Wed			12:16	9.9	6:05	0.1	6:15	0.7	5:39	7:30	
24	Thu	12:21	10.5	12:50	9.9	6:42	0.0	6:52	0.7	5:37	7:31	
25	Fri	12:55	10.7	1:27	9.9	7:21	-0.2	7:31	0.8	5:36	7:32	
26	Sat	1:34	10.8	2:09	9.9	8:03	-0.2	8:14	0.9	5:34	7:33	
27	Sun	2:18	10.8	2:57	9.8	8:50	-0.2	9:02	0.9	5:33	7:34	
28	Mon	3:07	10.8	3:50	9.8	9:41	-0.2	9:56	1.0	5:31	7:36	
29	Tue	4:02	10.7	4:50	9.8	10:37	-0.2	10:57	1.0	5:30	7:37	
30	Wed	5:04	10.6	5:55	10.0	11:38	-0.2			5:28	7:38	