US HARBORS www.USHarbors.com

Rockland, ME - May 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:12	10.6	7:02	10.3	12:02	0.8	12:41	-0.3	5:27	7:39	
2	Fri	7:22	10.7	8:05	10.8	1:09	0.4	1:42	-0.5	5:25	7:40	
3	Sat	8:29	11.0	9:04	11.3	2:13	-0.1	2:42	-0.7	5:24	7:42	
4	Sun	9:31	11.2	9:58	11.8	3:14	-0.6	3:37	-0.8	5:22	7:43	
5	Mon	10:28	11.4	10:50	12.1	4:10	-1.1	4:30	-0.9	5:21	7:44	
6	Tue	11:22	11.4	11:39	12.2	5:04	-1.4	5:21	-0.8	5:20	7:45	
7	Wed			12:13	11.3	5:55	-1.6	6:10	-0.6	5:18	7:46	
8	Thu	12:27	12.1	1:04	11.0	6:45	-1.5	6:58	-0.2	5:17	7:48	
9	Fri	1:15	11.8	1:53	10.6	7:34	-1.2	7:46	0.2	5:16	7:49	
10	Sat	2:02	11.4	2:43	10.2	8:22	-0.8	8:34	0.7	5:15	7:50	
11	Sun	2:49	10.9	3:33	9.8	9:11	-0.3	9:24	1.1	5:14	7:51	
12	Mon	3:39	10.4	4:25	9.4	10:00	0.2	10:16	1.5	5:12	7:52	
13	Tue	4:31	9.9	5:19	9.2	10:51	0.6	11:10	1.8	5:11	7:53	
14	Wed	5:26	9.5	6:12	9.1	11:44	0.9			5:10	7:54	
15	Thu	6:24	9.3	7:05	9.2	12:06	1.8	12:37	1.1	5:09	7:55	
16	Fri	7:20	9.2	7:55	9.3	1:03	1.8	1:28	1.1	5:08	7:57	
17	Sat	8:13	9.2	8:41	9.6	1:56	1.5	2:16	1.1	5:07	7:58	
18	Sun	9:02	9.3	9:24	9.9	2:46	1.2	3:01	1.1	5:06	7:59	
19	Mon	9:48	9.4	10:03	10.2	3:32	0.9	3:44	1.0	5:05	8:00	
20	Tue	10:30	9.6	10:39	10.4	4:15	0.5	4:24	0.9	5:04	8:01	
21	Wed	11:09	9.7	11:14	10.7	4:56	0.2	5:04	0.8	5:03	8:02	
22	Thu	11:48	9.8	11:50	11.0	5:37	-0.2	5:43	0.7	5:02	8:03	
23	Fri			12:27	10.0	6:18	-0.4	6:24	0.6	5:01	8:04	
24	Sat	12:30	11.2	1:09	10.0	7:00	-0.6	7:08	0.6	5:01	8:05	
25	Sun	1:13	11.3	1:54	10.1	7:45	-0.7	7:55	0.6	5:00	8:06	
26	Mon	2:01	11.3	2:44	10.2	8:34	-0.8	8:47	0.6	4:59	8:07	
27	Tue	2:52	11.2	3:39	10.2	9:26	-0.7	9:43	0.6	4:58	8:08	
28	Wed	3:49	11.0	4:39	10.3	10:21	-0.6	10:45	0.5	4:58	8:09	
29	Thu	4:52	10.8	5:42	10.5	11:20	-0.5	11:49	0.4	4:57	8:10	
30	Fri	6:00	10.7	6:46	10.8			12:21	-0.5	4:56	8:10	
31	Sat	7:10	10.6	7:48	11.1	12:55	0.1	1:22	-0.4	4:56	8:11	