

































Rockland, ME - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:03	10.2	9:24	11.5	2:46	-0.5	3:00	0.1	4:57	8:23	
2	Wed	10:00	10.2	10:16	11.6	3:44	-0.6	3:54	0.2	4:57	8:23	
3	Thu	10:53	10.2	11:06	11.5	4:37	-0.7	4:45	0.4	4:58	8:23	
4	Fri	11:42	10.1	11:52	11.3	5:26	-0.7	5:33	0.5	4:58	8:22	
5	Sat			12:28	10.0	6:11	-0.6	6:17	0.7	4:59	8:22	
6	Sun	12:35	11.1	1:11	9.8	6:53	-0.4	6:59	0.9	5:00	8:22	
7	Mon	1:15	10.8	1:53	9.7	7:33	-0.1	7:40	1.1	5:00	8:21	
8	Tue	1:53	10.4	2:32	9.5	8:12	0.1	8:21	1.3	5:01	8:21	
9	Wed	2:30	10.1	3:10	9.4	8:51	0.4	9:03	1.5	5:02	8:20	
10	Thu	3:09	9.8	3:48	9.3	9:31	0.7	9:48	1.6	5:03	8:20	
11	Fri	3:50	9.5	4:29	9.3	10:13	0.9	10:36	1.6	5:04	8:19	
12	Sat	4:36	9.2	5:13	9.3	10:57	1.2	11:27	1.6	5:04	8:19	
13	Sun	5:27	8.9	6:01	9.4	11:45	1.3			5:05	8:18	
14	Mon	6:23	8.8	6:51	9.6	12:21	1.5	12:35	1.4	5:06	8:18	
15	Tue	7:21	8.8	7:43	9.9	1:16	1.3	1:26	1.4	5:07	8:17	
16	Wed	8:18	9.0	8:33	10.3	2:10	0.9	2:18	1.2	5:08	8:16	
17	Thu	9:12	9.3	9:23	10.8	3:02	0.4	3:09	1.0	5:09	8:15	
18	Fri	10:04	9.7	10:12	11.3	3:53	-0.1	3:59	0.6	5:10	8:15	
19	Sat	10:53	10.1	11:01	11.7	4:42	-0.6	4:49	0.2	5:11	8:14	
20	Sun	11:42	10.5	11:51	12.1	5:30	-1.1	5:39	-0.2	5:12	8:13	
21	Mon			12:30	10.9	6:19	-1.5	6:30	-0.5	5:13	8:12	
22	Tue	12:41	12.3	1:20	11.2	7:08	-1.7	7:23	-0.7	5:14	8:11	
23	Wed	1:34	12.2	2:12	11.4	7:58	-1.6	8:17	-0.7	5:15	8:10	
24	Thu	2:28	12.0	3:07	11.5	8:50	-1.5	9:15	-0.7	5:16	8:09	
25	Fri	3:26	11.6	4:04	11.4	9:44	-1.1	10:15	-0.5	5:17	8:08	
26	Sat	4:28	11.1	5:04	11.3	10:41	-0.7	11:18	-0.3	5:18	8:07	
27	Sun	5:34	10.6	6:07	11.2	11:41	-0.2			5:19	8:06	
28	Mon	6:42	10.2	7:10	11.2	12:23	-0.2	12:43	0.1	5:20	8:05	
29	Tue	7:46	10.0	8:10	11.2	1:28	-0.2	1:44	0.4	5:21	8:04	
30	Wed	8:47	9.9	9:07	11.2	2:30	-0.2	2:43	0.5	5:22	8:03	
31	Thu	9:43	9.9	10:00	11.1	3:28	-0.3	3:39	0.6	5:23	8:02	