US HARBORS www.USHarbors.com

Rockland, ME - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**9:03**	10.2	**9:24**	11.5	**2:46**	-0.5	**3:00**	0.1	4:57	8:23	
2	Wed	**10:00**	10.2	**10:16**	11.6	**3:44**	-0.6	**3:54**	0.2	4:57	8:23	
3	Thu	**10:53**	10.2	**11:06**	11.5	**4:37**	-0.7	**4:45**	0.4	4:58	8:23	
4	Fri	**11:42**	10.1	**11:52**	11.3	**5:26**	-0.7	**5:33**	0.5	4:58	8:22	
5	Sat			**12:28**	10.0	**6:11**	-0.6	**6:17**	0.7	4:59	8:22	
6	Sun	**12:35**	11.1	**1:11**	9.8	**6:53**	-0.4	**6:59**	0.9	5:00	8:22	
7	Mon	**1:15**	10.8	**1:53**	9.7	**7:33**	-0.1	**7:40**	1.1	5:00	8:21	
8	Tue	**1:53**	10.4	**2:32**	9.5	**8:12**	0.1	**8:21**	1.3	5:01	8:21	
9	Wed	**2:30**	10.1	**3:10**	9.4	**8:51**	0.4	**9:03**	1.5	5:02	8:20	
10	Thu	**3:09**	9.8	**3:48**	9.3	**9:31**	0.7	**9:48**	1.6	5:03	8:20	
11	Fri	**3:50**	9.5	**4:29**	9.3	**10:13**	0.9	**10:36**	1.6	5:04	8:19	
12	Sat	**4:36**	9.2	**5:13**	9.3	**10:57**	1.2	**11:27**	1.6	5:04	8:19	
13	Sun	**5:27**	8.9	**6:01**	9.4	**11:45**	1.3			5:05	8:18	
14	Mon	**6:23**	8.8	**6:51**	9.6	**12:21**	1.5	**12:35**	1.4	5:06	8:18	
15	Tue	**7:21**	8.8	**7:43**	9.9	**1:16**	1.3	**1:26**	1.4	5:07	8:17	
16	Wed	**8:18**	9.0	**8:33**	10.3	**2:10**	0.9	**2:18**	1.2	5:08	8:16	
17	Thu	**9:12**	9.3	**9:23**	10.8	**3:02**	0.4	**3:09**	1.0	5:09	8:15	
18	Fri	**10:04**	9.7	**10:12**	11.3	**3:53**	-0.1	**3:59**	0.6	5:10	8:15	
19	Sat	**10:53**	10.1	**11:01**	11.7	**4:42**	-0.6	**4:49**	0.2	5:11	8:14	
20	Sun	**11:42**	10.5	**11:51**	12.1	**5:30**	-1.1	**5:39**	-0.2	5:12	8:13	
21	Mon			**12:30**	10.9	**6:19**	-1.5	**6:30**	-0.5	5:13	8:12	
22	Tue	**12:41**	12.3	**1:20**	11.2	**7:08**	-1.7	**7:23**	-0.7	5:14	8:11	
23	Wed	**1:34**	12.2	**2:12**	11.4	**7:58**	-1.6	**8:17**	-0.7	5:15	8:10	
24	Thu	**2:28**	12.0	**3:07**	11.5	**8:50**	-1.5	**9:15**	-0.7	5:16	8:09	
25	Fri	**3:26**	11.6	**4:04**	11.4	**9:44**	-1.1	**10:15**	-0.5	5:17	8:08	
26	Sat	**4:28**	11.1	**5:04**	11.3	**10:41**	-0.7	**11:18**	-0.3	5:18	8:07	
27	Sun	**5:34**	10.6	**6:07**	11.2	**11:41**	-0.2			5:19	8:06	
28	Mon	**6:42**	10.2	**7:10**	11.2	**12:23**	-0.2	**12:43**	0.1	5:20	8:05	
29	Tue	**7:46**	10.0	**8:10**	11.2	**1:28**	-0.2	**1:44**	0.4	5:21	8:04	
30	Wed	**8:47**	9.9	**9:07**	11.2	**2:30**	-0.2	**2:43**	0.5	5:22	8:03	
31	Thu	**9:43**	9.9	**10:00**	11.1	**3:28**	-0.3	**3:39**	0.6	5:23	8:02	