



## Rockland, ME - Nov 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:08	10.4	11:37	9.7	5:00	0.9	5:28	0.1	6:13	4:26	☀
2	Sun	11:39	10.5			5:35	0.9	6:05	0.0	6:14	4:25	☀
3	Mon	12:11	9.7	12:14	10.5	6:12	1.0	6:44	0.0	6:16	4:23	☀
4	Tue	12:49	9.6	12:55	10.5	6:52	1.1	7:27	0.0	6:17	4:22	☀
5	Wed	1:33	9.5	1:41	10.5	7:37	1.2	8:15	0.1	6:18	4:21	☀
6	Thu	2:22	9.5	2:32	10.4	8:28	1.3	9:08	0.1	6:20	4:20	☀
7	Fri	3:18	9.6	3:30	10.4	9:25	1.2	10:05	0.1	6:21	4:18	☀
8	Sat	4:19	9.7	4:34	10.4	10:29	1.1	11:06	0.0	6:22	4:17	☀
9	Sun	5:25	10.1	5:43	10.5	11:34	0.7			6:24	4:16	☀
10	Mon	6:29	10.6	6:52	10.7	12:08	-0.2	12:39	0.2	6:25	4:15	☀
11	Tue	7:29	11.2	7:56	11.0	1:07	-0.5	1:41	-0.5	6:26	4:14	☀
12	Wed	8:25	11.7	8:55	11.3	2:04	-0.7	2:39	-1.1	6:28	4:13	☀
13	Thu	9:18	12.2	9:51	11.4	2:59	-0.9	3:34	-1.5	6:29	4:12	☀
14	Fri	10:09	12.5	10:44	11.4	3:51	-0.9	4:27	-1.8	6:30	4:11	☀
15	Sat	10:59	12.5	11:36	11.3	4:41	-0.8	5:18	-1.8	6:31	4:10	☀
16	Sun	11:48	12.3			5:31	-0.6	6:09	-1.7	6:33	4:09	☀
17	Mon	12:28	11.0	12:37	11.9	6:21	-0.2	6:59	-1.3	6:34	4:08	☀
18	Tue	1:19	10.6	1:27	11.4	7:11	0.3	7:49	-0.8	6:35	4:07	☀
19	Wed	2:11	10.1	2:18	10.8	8:03	0.8	8:40	-0.3	6:37	4:06	☀
20	Thu	3:05	9.8	3:13	10.2	8:56	1.2	9:33	0.2	6:38	4:05	☀
21	Fri	4:00	9.5	4:10	9.8	9:53	1.5	10:27	0.6	6:39	4:05	☀
22	Sat	4:55	9.3	5:08	9.4	10:51	1.7	11:21	0.9	6:40	4:04	☀
23	Sun	5:49	9.3	6:05	9.3	11:48	1.7			6:42	4:03	☀
24	Mon	6:40	9.5	6:59	9.2	12:13	1.1	12:44	1.5	6:43	4:02	☀
25	Tue	7:28	9.7	7:50	9.3	1:03	1.1	1:34	1.2	6:44	4:02	☀
26	Wed	8:13	9.9	8:37	9.4	1:49	1.1	2:21	0.9	6:45	4:01	☀
27	Thu	8:53	10.1	9:20	9.5	2:32	1.1	3:04	0.6	6:47	4:01	☀
28	Fri	9:30	10.4	10:00	9.5	3:12	1.0	3:45	0.3	6:48	4:00	☀
29	Sat	10:04	10.6	10:37	9.6	3:51	1.0	4:24	0.0	6:49	4:00	☀
30	Sun	10:38	10.8	11:13	9.7	4:29	0.9	5:03	-0.2	6:50	3:59	☀