US HARBORS www.USHarbors.com

Rockland, ME - Dec 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:13	10.9	11:51	9.8	5:07	0.9	5:42	-0.4	6:51	3:59	
2	Tue	11:52	11.0			5:48	0.8	6:24	-0.5	6:52	3:59	
3	Wed	12:31	9.9	12:36	11.1	6:31	0.8	7:08	-0.5	6:53	3:58	
4	Thu	1:17	9.9	1:23	11.0	7:19	0.8	7:56	-0.5	6:54	3:58	
5	Fri	2:07	10.0	2:16	10.9	8:11	0.8	8:49	-0.4	6:55	3:58	
6	Sat	3:02	10.1	3:14	10.7	9:09	0.7	9:45	-0.4	6:56	3:58	
7	Sun	4:02	10.3	4:19	10.5	10:12	0.6	10:44	-0.3	6:57	3:58	
8	Mon	5:06	10.6	5:28	10.4	11:18	0.4	11:45	-0.3	6:58	3:58	
9	Tue	6:10	10.9	6:38	10.5			12:24	0.0	6:59	3:58	
10	Wed	7:11	11.4	7:43	10.6	12:46	-0.3	1:27	-0.5	7:00	3:58	
11	Thu	8:08	11.8	8:43	10.7	1:45	-0.3	2:26	-0.9	7:01	3:58	
12	Fri	9:03	12.1	9:39	10.8	2:41	-0.4	3:22	-1.3	7:02	3:58	
13	Sat	9:54	12.2	10:32	10.8	3:34	-0.4	4:15	-1.5	7:03	3:58	
14	Sun	10:44	12.2	11:23	10.7	4:25	-0.3	5:04	-1.4	7:03	3:58	
15	Mon	11:32	11.9			5:14	-0.1	5:52	-1.3	7:04	3:58	
16	Tue	12:11	10.5	12:18	11.6	6:01	0.2	6:39	-0.9	7:05	3:59	
17	Wed	12:58	10.3	1:03	11.1	6:48	0.6	7:24	-0.5	7:06	3:59	
18	Thu	1:45	10.0	1:48	10.6	7:35	0.9	8:09	-0.1	7:06	3:59	
19	Fri	2:32	9.7	2:35	10.1	8:22	1.3	8:54	0.4	7:07	4:00	
20	Sat	3:19	9.4	3:23	9.6	9:12	1.5	9:41	0.7	7:07	4:00	
21	Sun	4:08	9.3	4:16	9.2	10:05	1.7	10:30	1.1	7:08	4:00	
22	Mon	4:59	9.3	5:12	9.0	11:00	1.8	11:20	1.3	7:08	4:01	
23	Tue	5:49	9.3	6:09	8.8	11:55	1.7			7:09	4:02	
24	Wed	6:39	9.5	7:04	8.8	12:11	1.4	12:49	1.4	7:09	4:02	
25	Thu	7:26	9.7	7:56	8.9	1:00	1.4	1:40	1.1	7:10	4:03	
26	Fri	8:10	10.0	8:43	9.1	1:48	1.4	2:28	0.7	7:10	4:03	
27	Sat	8:51	10.4	9:27	9.3	2:33	1.2	3:13	0.3	7:10	4:04	
28	Sun	9:31	10.7	10:09	9.6	3:17	1.0	3:56	-0.1	7:10	4:05	
29	Mon	10:10	11.0	10:49	9.9	4:00	0.8	4:38	-0.4	7:11	4:06	
30	Tue	10:51	11.3	11:30	10.1	4:43	0.6	5:20	-0.7	7:11	4:06	
31	Wed	11:34	11.5			5:27	0.4	6:04	-1.0	7:11	4:07	