

























Rockland, ME - Jul 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	9.5	5:45	9.5	11:17	0.8	11:46	1.5	4:56	8:23	
2	Thu	6:00	9.2	6:35	9.5			12:07	1.1	4:57	8:23	
3	Fri	6:56	9.0	7:25	9.5	12:40	1.5	12:57	1.3	4:58	8:23	
4	Sat	7:50	8.9	8:13	9.7	1:35	1.4	1:46	1.4	4:58	8:22	
5	Sun	8:43	8.9	8:59	9.9	2:26	1.2	2:34	1.4	4:59	8:22	
6	Mon	9:32	9.0	9:41	10.2	3:15	0.9	3:20	1.4	5:00	8:22	
7	Tue	10:17	9.1	10:21	10.4	4:01	0.6	4:04	1.3	5:00	8:21	
8	Wed	10:59	9.3	11:00	10.7	4:44	0.3	4:46	1.1	5:01	8:21	
9	Thu	11:38	9.5	11:38	10.9	5:25	-0.1	5:28	0.9	5:02	8:20	
10	Fri			12:17	9.7	6:06	-0.3	6:10	0.8	5:03	8:20	
11	Sat	12:18	11.1	12:57	10.0	6:48	-0.6	6:54	0.6	5:03	8:19	
12	Sun	1:01	11.3	1:40	10.2	7:31	-0.7	7:41	0.4	5:04	8:19	
13	Mon	1:47	11.3	2:26	10.4	8:16	-0.8	8:31	0.3	5:05	8:18	
14	Tue	2:36	11.2	3:16	10.6	9:04	-0.8	9:25	0.2	5:06	8:18	
15	Wed	3:30	11.0	4:10	10.8	9:55	-0.6	10:23	0.1	5:07	8:17	
16	Thu	4:29	10.7	5:08	10.9	10:50	-0.4	11:25	0.0	5:08	8:16	
17	Fri	5:34	10.4	6:10	11.1	11:49	-0.2			5:09	8:16	
18	Sat	6:43	10.2	7:14	11.3	12:30	-0.1	12:50	0.0	5:09	8:15	
19	Sun	7:52	10.2	8:17	11.5	1:35	-0.3	1:51	0.1	5:10	8:14	
20	Mon	8:56	10.2	9:16	11.7	2:38	-0.6	2:52	0.1	5:11	8:13	
21	Tue	9:56	10.4	10:12	11.9	3:38	-0.9	3:49	0.1	5:12	8:12	
22	Wed	10:51	10.5	11:04	11.9	4:33	-1.0	4:44	0.1	5:13	8:11	
23	Thu	11:42	10.5	11:54	11.8	5:25	-1.1	5:35	0.1	5:14	8:10	
24	Fri			12:31	10.4	6:13	-1.0	6:23	0.2	5:15	8:09	
25	Sat	12:41	11.5	1:17	10.3	6:59	-0.8	7:09	0.4	5:16	8:08	
26	Sun	1:25	11.2	2:01	10.1	7:42	-0.5	7:53	0.6	5:17	8:07	
27	Mon	2:08	10.7	2:43	9.9	8:24	-0.1	8:37	0.9	5:18	8:06	
28	Tue	2:50	10.3	3:25	9.7	9:05	0.3	9:22	1.1	5:20	8:05	
29	Wed	3:33	9.8	4:07	9.5	9:47	0.7	10:09	1.3	5:21	8:04	
30	Thu	4:18	9.4	4:51	9.4	10:30	1.1	10:59	1.5	5:22	8:03	
31	Fri	5:08	9.0	5:38	9.3	11:17	1.4	11:52	1.5	5:23	8:02	