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# Rockland, ME - Mar 1999

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **10:18** | 11.5 | **10:50** | 10.6 | **3:59** | 0.1 | **4:34** | -0.8 | 6:13 | 5:24 | |
| 2 | Tue | **11:05** | 11.4 | **11:34** | 10.6 | **4:47** | 0.0 | **5:18** | -0.6 | 6:11 | 5:25 | |
| 3 | Wed | **11:48** | 11.1 | | | **5:32** | 0.0 | **5:58** | -0.4 | 6:10 | 5:26 | |
| 4 | Thu | **12:15** | 10.5 | **12:29** | 10.8 | **6:13** | 0.2 | **6:37** | 0.0 | 6:08 | 5:27 | |
| 5 | Fri | **12:53** | 10.3 | **1:08** | 10.3 | **6:53** | 0.4 | **7:14** | 0.4 | 6:06 | 5:29 | |
| 6 | Sat | **1:29** | 10.1 | **1:46** | 9.9 | **7:34** | 0.6 | **7:52** | 0.8 | 6:04 | 5:30 | |
| 7 | Sun | **2:04** | 9.8 | **2:25** | 9.4 | **8:15** | 0.9 | **8:31** | 1.2 | 6:03 | 5:31 | |
| 8 | Mon | **2:41** | 9.6 | **3:08** | 9.0 | **9:00** | 1.1 | **9:15** | 1.6 | 6:01 | 5:33 | |
| 9 | Tue | **3:23** | 9.4 | **3:58** | 8.7 | **9:49** | 1.3 | **10:03** | 1.9 | 5:59 | 5:34 | |
| 10 | Wed | **4:12** | 9.3 | **4:55** | 8.5 | **10:43** | 1.4 | **10:56** | 2.1 | 5:57 | 5:35 | |
| 11 | Thu | **5:08** | 9.2 | **5:58** | 8.4 | **11:40** | 1.4 | **11:53** | 2.1 | 5:56 | 5:36 | |
| 12 | Fri | **6:08** | 9.3 | **6:58** | 8.6 | | | **12:38** | 1.3 | 5:54 | 5:38 | |
| 13 | Sat | **7:06** | 9.6 | **7:51** | 8.9 | **12:49** | 1.9 | **1:32** | 0.9 | 5:52 | 5:39 | |
| 14 | Sun | **7:59** | 10.0 | **8:39** | 9.4 | **1:43** | 1.5 | **2:22** | 0.5 | 5:50 | 5:40 | |
| 15 | Mon | **8:47** | 10.5 | **9:22** | 9.9 | **2:33** | 1.0 | **3:08** | 0.0 | 5:48 | 5:41 | |
| 16 | Tue | **9:33** | 11.0 | **10:04** | 10.5 | **3:21** | 0.5 | **3:52** | -0.4 | 5:47 | 5:43 | |
| 17 | Wed | **10:18** | 11.4 | **10:46** | 11.0 | **4:07** | -0.1 | **4:36** | -0.8 | 5:45 | 5:44 | |
| 18 | Thu | **11:03** | 11.7 | **11:29** | 11.5 | **4:53** | -0.6 | **5:20** | -1.0 | 5:43 | 5:45 | |
| 19 | Fri | **11:50** | 11.7 | | | **5:41** | -1.0 | **6:05** | -1.1 | 5:41 | 5:46 | |
| 20 | Sat | **12:14** | 11.8 | **12:40** | 11.6 | **6:30** | -1.2 | **6:52** | -1.0 | 5:39 | 5:48 | |
| 21 | Sun | **1:02** | 11.9 | **1:32** | 11.3 | **7:22** | -1.3 | **7:42** | -0.7 | 5:37 | 5:49 | |
| 22 | Mon | **1:53** | 11.8 | **2:30** | 10.9 | **8:17** | -1.1 | **8:37** | -0.2 | 5:36 | 5:50 | |
| 23 | Tue | **2:50** | 11.6 | **3:33** | 10.4 | **9:17** | -0.8 | **9:36** | 0.2 | 5:34 | 5:51 | |
| 24 | Wed | **3:53** | 11.3 | **4:43** | 10.1 | **10:21** | -0.5 | **10:41** | 0.6 | 5:32 | 5:53 | |
| 25 | Thu | **5:03** | 11.0 | **5:53** | 9.9 | **11:28** | -0.3 | **11:49** | 0.7 | 5:30 | 5:54 | |
| 26 | Fri | **6:13** | 10.9 | **6:59** | 10.0 | | | **12:36** | -0.2 | 5:28 | 5:55 | |
| 27 | Sat | **7:18** | 10.9 | **7:59** | 10.2 | **12:56** | 0.7 | **1:38** | -0.3 | 5:26 | 5:56 | |
| 28 | Sun | **8:18** | 11.0 | **8:53** | 10.4 | **1:59** | 0.5 | **2:35** | -0.3 | 5:25 | 5:57 | |
| 29 | Mon | **9:11** | 11.0 | **9:42** | 10.5 | **2:54** | 0.3 | **3:26** | -0.3 | 5:23 | 5:59 | |
| 30 | Tue | **10:00** | 11.0 | **10:27** | 10.6 | **3:45** | 0.2 | **4:11** | -0.2 | 5:21 | 6:00 | |
| 31 | Wed | **10:45** | 10.8 | **11:08** | 10.6 | **4:30** | 0.1 | **4:52** | -0.1 | 5:19 | 6:01 | |