

































Rockland, ME - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:18	11.5	10:50	10.6	3:59	0.1	4:34	-0.8	6:13	5:24	
2	Tue	11:05	11.4	11:34	10.6	4:47	0.0	5:18	-0.6	6:11	5:25	
3	Wed	11:48	11.1			5:32	0.0	5:58	-0.4	6:10	5:26	
4	Thu	12:15	10.5	12:29	10.8	6:13	0.2	6:37	0.0	6:08	5:27	
5	Fri	12:53	10.3	1:08	10.3	6:53	0.4	7:14	0.4	6:06	5:29	
6	Sat	1:29	10.1	1:46	9.9	7:34	0.6	7:52	0.8	6:04	5:30	
7	Sun	2:04	9.8	2:25	9.4	8:15	0.9	8:31	1.2	6:03	5:31	
8	Mon	2:41	9.6	3:08	9.0	9:00	1.1	9:15	1.6	6:01	5:33	
9	Tue	3:23	9.4	3:58	8.7	9:49	1.3	10:03	1.9	5:59	5:34	
10	Wed	4:12	9.3	4:55	8.5	10:43	1.4	10:56	2.1	5:57	5:35	
11	Thu	5:08	9.2	5:58	8.4	11:40	1.4	11:53	2.1	5:56	5:36	
12	Fri	6:08	9.3	6:58	8.6			12:38	1.3	5:54	5:38	
13	Sat	7:06	9.6	7:51	8.9	12:49	1.9	1:32	0.9	5:52	5:39	
14	Sun	7:59	10.0	8:39	9.4	1:43	1.5	2:22	0.5	5:50	5:40	
15	Mon	8:47	10.5	9:22	9.9	2:33	1.0	3:08	0.0	5:48	5:41	
16	Tue	9:33	11.0	10:04	10.5	3:21	0.5	3:52	-0.4	5:47	5:43	
17	Wed	10:18	11.4	10:46	11.0	4:07	-0.1	4:36	-0.8	5:45	5:44	
18	Thu	11:03	11.7	11:29	11.5	4:53	-0.6	5:20	-1.0	5:43	5:45	
19	Fri	11:50	11.7			5:41	-1.0	6:05	-1.1	5:41	5:46	
20	Sat	12:14	11.8	12:40	11.6	6:30	-1.2	6:52	-1.0	5:39	5:48	
21	Sun	1:02	11.9	1:32	11.3	7:22	-1.3	7:42	-0.7	5:37	5:49	
22	Mon	1:53	11.8	2:30	10.9	8:17	-1.1	8:37	-0.2	5:36	5:50	
23	Tue	2:50	11.6	3:33	10.4	9:17	-0.8	9:36	0.2	5:34	5:51	
24	Wed	3:53	11.3	4:43	10.1	10:21	-0.5	10:41	0.6	5:32	5:53	
25	Thu	5:03	11.0	5:53	9.9	11:28	-0.3	11:49	0.7	5:30	5:54	
26	Fri	6:13	10.9	6:59	10.0			12:36	-0.2	5:28	5:55	
27	Sat	7:18	10.9	7:59	10.2	12:56	0.7	1:38	-0.3	5:26	5:56	
28	Sun	8:18	11.0	8:53	10.4	1:59	0.5	2:35	-0.3	5:25	5:57	
29	Mon	9:11	11.0	9:42	10.5	2:54	0.3	3:26	-0.3	5:23	5:59	
30	Tue	10:00	11.0	10:27	10.6	3:45	0.2	4:11	-0.2	5:21	6:00	
31	Wed	10:45	10.8	11:08	10.6	4:30	0.1	4:52	-0.1	5:19	6:01	