

































Rockland, ME - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:54	10.4	1:35	9.3	7:24	0.1	7:27	1.4	4:56	8:23	
2	Fri	1:30	10.4	2:11	9.4	8:03	0.1	8:09	1.3	4:57	8:23	
3	Sat	2:11	10.4	2:51	9.5	8:43	0.1	8:53	1.3	4:58	8:23	
4	Sun	2:55	10.3	3:35	9.7	9:26	0.1	9:43	1.2	4:58	8:22	
5	Mon	3:45	10.2	4:25	9.9	10:14	0.1	10:38	1.0	4:59	8:22	
6	Tue	4:39	10.1	5:19	10.2	11:05	0.2	11:37	0.7	4:59	8:22	
7	Wed	5:39	10.0	6:16	10.6			12:00	0.2	5:00	8:21	
8	Thu	6:44	10.0	7:16	11.0	12:39	0.3	12:58	0.1	5:01	8:21	
9	Fri	7:51	10.1	8:17	11.5	1:42	-0.1	1:58	0.0	5:02	8:21	
10	Sat	8:57	10.3	9:16	11.9	2:43	-0.7	2:57	-0.1	5:02	8:20	
11	Sun	9:59	10.6	10:14	12.3	3:43	-1.2	3:55	-0.3	5:03	8:20	
12	Mon	10:57	10.8	11:10	12.5	4:40	-1.6	4:51	-0.4	5:04	8:19	
13	Tue	11:53	11.0			5:35	-1.8	5:46	-0.5	5:05	8:18	
14	Wed	12:04	12.5	12:46	11.0	6:28	-1.8	6:40	-0.4	5:06	8:18	
15	Thu	12:57	12.4	1:39	11.0	7:20	-1.7	7:33	-0.3	5:06	8:17	
16	Fri	1:50	12.0	2:30	10.8	8:10	-1.3	8:26	0.0	5:07	8:17	
17	Sat	2:42	11.5	3:22	10.6	9:00	-0.9	9:19	0.3	5:08	8:16	
18	Sun	3:35	10.9	4:14	10.3	9:51	-0.3	10:14	0.7	5:09	8:15	
19	Mon	4:29	10.3	5:06	10.1	10:41	0.2	11:09	1.0	5:10	8:14	
20	Tue	5:25	9.7	5:59	9.9	11:32	0.7			5:11	8:13	
21	Wed	6:23	9.3	6:52	9.8	12:06	1.1	12:24	1.1	5:12	8:13	
22	Thu	7:20	9.0	7:43	9.8	1:03	1.2	1:17	1.4	5:13	8:12	
23	Fri	8:15	8.9	8:33	9.9	1:58	1.1	2:08	1.5	5:14	8:11	
24	Sat	9:07	8.9	9:20	10.0	2:50	1.0	2:56	1.6	5:15	8:10	
25	Sun	9:55	9.0	10:04	10.2	3:38	0.8	3:42	1.5	5:16	8:09	
26	Mon	10:40	9.1	10:44	10.3	4:22	0.6	4:25	1.4	5:17	8:08	
27	Tue	11:21	9.2	11:21	10.5	5:04	0.4	5:06	1.3	5:18	8:07	
28	Wed	11:58	9.4	11:56	10.6	5:43	0.2	5:45	1.1	5:19	8:06	
29	Thu			12:33	9.5	6:20	0.0	6:24	1.0	5:20	8:04	
30	Fri	12:31	10.7	1:07	9.7	6:57	-0.1	7:04	0.8	5:21	8:03	
31	Sat	1:09	10.8	1:43	9.9	7:36	-0.2	7:46	0.7	5:22	8:02	