

































## Rockland, ME - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:50	10.8	2:23	10.1	8:16	-0.2	8:31	0.6	5:24	8:01	
2	Mon	2:35	10.7	3:08	10.3	9:00	-0.2	9:21	0.4	5:25	8:00	
3	Tue	3:25	10.5	3:58	10.5	9:47	-0.1	10:16	0.3	5:26	7:58	
4	Wed	4:20	10.3	4:53	10.7	10:40	0.1	11:16	0.2	5:27	7:57	
5	Thu	5:21	10.1	5:53	10.9	11:37	0.3			5:28	7:56	
6	Fri	6:29	9.9	6:57	11.1	12:20	0.0	12:38	0.3	5:29	7:55	
7	Sat	7:40	9.9	8:03	11.4	1:25	-0.3	1:41	0.3	5:30	7:53	
8	Sun	8:48	10.1	9:06	11.7	2:30	-0.6	2:43	0.2	5:31	7:52	
9	Mon	9:49	10.4	10:05	12.0	3:31	-1.0	3:43	0.0	5:32	7:50	
10	Tue	10:46	10.7	11:00	12.2	4:28	-1.3	4:40	-0.2	5:34	7:49	
11	Wed	11:39	10.9	11:53	12.2	5:21	-1.4	5:33	-0.4	5:35	7:48	
12	Thu			12:29	11.0	6:12	-1.4	6:25	-0.4	5:36	7:46	
13	Fri	12:43	12.0	1:17	10.9	6:59	-1.2	7:14	-0.2	5:37	7:45	
14	Sat	1:31	11.6	2:04	10.7	7:45	-0.9	8:02	0.0	5:38	7:43	
15	Sun	2:18	11.1	2:49	10.5	8:30	-0.4	8:50	0.3	5:39	7:42	
16	Mon	3:05	10.5	3:35	10.2	9:15	0.1	9:38	0.7	5:40	7:40	
17	Tue	3:54	9.9	4:21	9.9	10:00	0.7	10:29	1.0	5:42	7:38	
18	Wed	4:45	9.4	5:10	9.6	10:48	1.2	11:22	1.2	5:43	7:37	
19	Thu	5:40	8.9	6:03	9.5	11:38	1.6			5:44	7:35	
20	Fri	6:38	8.7	6:57	9.4	12:18	1.4	12:31	1.8	5:45	7:34	
21	Sat	7:36	8.6	7:51	9.5	1:14	1.3	1:26	1.9	5:46	7:32	
22	Sun	8:30	8.7	8:42	9.7	2:09	1.2	2:18	1.8	5:47	7:30	
23	Mon	9:20	8.9	9:29	10.0	3:00	1.0	3:08	1.6	5:48	7:29	
24	Tue	10:05	9.1	10:12	10.3	3:47	0.7	3:53	1.4	5:50	7:27	
25	Wed	10:46	9.4	10:51	10.5	4:30	0.4	4:36	1.0	5:51	7:25	
26	Thu	11:24	9.7	11:29	10.8	5:10	0.1	5:17	0.7	5:52	7:24	
27	Fri	11:59	10.1			5:49	-0.2	5:58	0.4	5:53	7:22	
28	Sat	12:07	11.0	12:35	10.4	6:27	-0.4	6:40	0.1	5:54	7:20	
29	Sun	12:47	11.1	1:14	10.7	7:07	-0.5	7:24	-0.1	5:55	7:18	
30	Mon	1:30	11.1	1:56	10.9	7:49	-0.5	8:11	-0.3	5:56	7:17	
31	Tue	2:17	11.0	2:43	11.0	8:34	-0.4	9:02	-0.3	5:58	7:15	