US HARBORS www.USHarbors.com

Rockland, ME - Nov 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:03	10.2	5:21	10.8	11:00	0.7	11:42	-0.4	6:12	4:27	
2	Tue	6:08	10.3	6:28	10.7			12:08	0.7	6:14	4:25	
3	Wed	7:08	10.4	7:29	10.6	12:44	-0.3	1:12	0.5	6:15	4:24	
4	Thu	8:02	10.7	8:24	10.6	1:41	-0.2	2:10	0.2	6:16	4:23	
5	Fri	8:52	10.8	9:15	10.5	2:33	-0.1	3:01	0.0	6:18	4:21	
6	Sat	9:38	10.9	10:02	10.4	3:20	0.1	3:48	-0.1	6:19	4:20	
7	Sun	10:19	10.9	10:46	10.2	4:02	0.3	4:30	-0.1	6:20	4:19	
8	Mon	10:58	10.7	11:26	9.9	4:41	0.5	5:10	0.0	6:22	4:18	
9	Tue	11:33	10.5			5:18	0.8	5:47	0.1	6:23	4:17	
10	Wed	12:04	9.6	12:04	10.3	5:53	1.1	6:23	0.2	6:24	4:15	
11	Thu	12:40	9.4	12:35	10.1	6:29	1.4	7:00	0.4	6:26	4:14	
12	Fri	1:14	9.1	1:08	9.9	7:06	1.7	7:40	0.6	6:27	4:13	
13	Sat	1:51	8.9	1:47	9.7	7:46	1.9	8:22	0.8	6:28	4:12	
14	Sun	2:33	8.7	2:32	9.5	8:31	2.1	9:09	1.0	6:30	4:11	
15	Mon	3:20	8.7	3:22	9.4	9:22	2.2	9:59	1.0	6:31	4:10	
16	Tue	4:13	8.7	4:17	9.3	10:17	2.1	10:53	1.0	6:32	4:09	
17	Wed	5:09	9.0	5:16	9.4	11:15	1.9	11:46	0.8	6:33	4:08	
18	Thu	6:04	9.4	6:17	9.6			12:13	1.4	6:35	4:07	
19	Fri	6:56	9.9	7:15	10.0	12:39	0.6	1:09	0.8	6:36	4:06	
20	Sat	7:46	10.6	8:11	10.4	1:31	0.2	2:03	0.1	6:37	4:06	
21	Sun	8:35	11.3	9:04	10.8	2:21	-0.1	2:54	-0.7	6:39	4:05	
22	Mon	9:23	11.9	9:57	11.1	3:10	-0.4	3:46	-1.3	6:40	4:04	
23	Tue	10:11	12.4	10:49	11.3	3:59	-0.7	4:37	-1.8	6:41	4:03	
24	Wed	11:01	12.7	11:43	11.3	4:50	-0.8	5:29	-2.1	6:42	4:03	
25	Thu	11:53	12.7			5:41	-0.7	6:22	-2.1	6:44	4:02	
26	Fri	12:37	11.2	12:47	12.5	6:35	-0.5	7:17	-1.9	6:45	4:02	
27	Sat	1:35	11.0	1:45	12.1	7:31	-0.2	8:14	-1.5	6:46	4:01	
28	Sun	2:35	10.7	2:47	11.6	8:31	0.1	9:14	-1.1	6:47	4:00	
29	Mon	3:38	10.5	3:53	11.1	9:35	0.4	10:15	-0.6	6:48	4:00	
30	Tue	4:42	10.4	5:00	10.6	10:42	0.6	11:17	-0.3	6:49	4:00	