
































Rockland, ME - Apr 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:25	9.8	8:58	9.5	2:08	1.5	2:40	0.7	5:16	6:03	
2	Sun	10:08	10.2	10:36	9.9	3:53	1.1	4:21	0.4	6:14	7:04	
3	Mon	10:49	10.5	11:12	10.3	4:36	0.6	5:01	0.1	6:12	7:06	
4	Tue	11:28	10.7	11:48	10.8	5:18	0.1	5:40	-0.1	6:11	7:07	
5	Wed			12:09	10.9	6:00	-0.3	6:19	-0.3	6:09	7:08	
6	Thu	12:26	11.1	12:52	10.9	6:43	-0.7	7:01	-0.3	6:07	7:09	
7	Fri	1:07	11.4	1:37	10.9	7:29	-0.9	7:46	-0.2	6:05	7:11	
8	Sat	1:52	11.5	2:27	10.7	8:18	-0.9	8:34	0.1	6:03	7:12	
9	Sun	2:42	11.5	3:23	10.4	9:12	-0.9	9:28	0.4	6:02	7:13	
10	Mon	3:37	11.3	4:25	10.1	10:10	-0.7	10:27	0.6	6:00	7:14	
11	Tue	4:40	11.1	5:34	9.9	11:14	-0.5	11:33	0.8	5:58	7:15	
12	Wed	5:50	10.9	6:46	9.9			12:21	-0.3	5:57	7:17	
13	Thu	7:03	10.8	7:52	10.1	12:42	0.8	1:27	-0.4	5:55	7:18	
14	Fri	8:11	10.9	8:53	10.5	1:51	0.6	2:30	-0.4	5:53	7:19	
15	Sat	9:12	11.1	9:47	10.8	2:54	0.3	3:27	-0.6	5:51	7:20	
16	Sun	10:08	11.2	10:37	11.1	3:51	-0.1	4:19	-0.6	5:50	7:21	
17	Mon	10:59	11.1	11:23	11.2	4:43	-0.4	5:06	-0.5	5:48	7:23	
18	Tue	11:47	11.0			5:31	-0.5	5:50	-0.2	5:46	7:24	
19	Wed	12:07	11.2	12:32	10.7	6:16	-0.5	6:31	0.1	5:45	7:25	
20	Thu	12:47	11.0	1:15	10.3	6:58	-0.4	7:10	0.5	5:43	7:26	
21	Fri	1:24	10.7	1:56	9.9	7:38	-0.1	7:49	0.9	5:41	7:28	
22	Sat	2:00	10.4	2:36	9.5	8:19	0.2	8:28	1.3	5:40	7:29	
23	Sun	2:36	10.1	3:18	9.1	9:01	0.5	9:10	1.7	5:38	7:30	
24	Mon	3:15	9.7	4:03	8.8	9:45	0.8	9:55	2.0	5:37	7:31	
25	Tue	4:00	9.5	4:53	8.6	10:34	1.1	10:46	2.2	5:35	7:32	
26	Wed	4:51	9.2	5:49	8.5	11:26	1.2	11:41	2.3	5:34	7:34	
27	Thu	5:48	9.1	6:45	8.6			12:21	1.3	5:32	7:35	
28	Fri	6:48	9.2	7:39	8.9	12:38	2.2	1:15	1.2	5:31	7:36	
29	Sat	7:46	9.4	8:27	9.3	1:35	1.9	2:06	1.0	5:29	7:37	
30	Sun	8:38	9.7	9:11	9.8	2:27	1.4	2:53	0.7	5:28	7:38	