

## Rockland, ME - May 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:27	10.0	9:52	10.3	3:16	0.8	3:38	0.4	5:26	7:40	
2	Tue	10:13	10.3	10:33	10.9	4:03	0.2	4:22	0.1	5:25	7:41	
3	Wed	10:59	10.6	11:15	11.4	4:49	-0.4	5:05	-0.1	5:23	7:42	
4	Thu	11:45	10.9	11:58	11.8	5:35	-0.9	5:50	-0.3	5:22	7:43	
5	Fri			12:33	10.9	6:23	-1.3	6:36	-0.3	5:21	7:44	
6	Sat	12:44	12.0	1:23	10.9	7:12	-1.5	7:25	-0.2	5:19	7:46	
7	Sun	1:34	12.1	2:17	10.7	8:04	-1.5	8:17	0.0	5:18	7:47	
8	Mon	2:27	11.9	3:16	10.5	8:59	-1.4	9:14	0.3	5:17	7:48	
9	Tue	3:26	11.6	4:19	10.3	9:58	-1.1	10:16	0.5	5:16	7:49	
10	Wed	4:30	11.3	5:26	10.2	11:01	-0.8	11:23	0.7	5:14	7:50	
11	Thu	5:40	10.9	6:32	10.3			12:05	-0.5	5:13	7:51	
12	Fri	6:50	10.7	7:35	10.5	12:31	0.7	1:09	-0.4	5:12	7:52	
13	Sat	7:55	10.7	8:32	10.7	1:38	0.5	2:09	-0.3	5:11	7:54	
14	Sun	8:55	10.6	9:25	10.9	2:39	0.2	3:04	-0.2	5:10	7:55	
15	Mon	9:50	10.5	10:14	11.1	3:35	0.0	3:55	0.0	5:09	7:56	
16	Tue	10:41	10.4	10:59	11.1	4:26	-0.2	4:41	0.2	5:08	7:57	
17	Wed	11:28	10.2	11:41	11.0	5:13	-0.3	5:24	0.4	5:07	7:58	
18	Thu			12:12	10.0	5:56	-0.3	6:04	0.7	5:06	7:59	
19	Fri	12:20	10.8	12:53	9.7	6:36	-0.1	6:42	1.1	5:05	8:00	
20	Sat	12:55	10.5	1:33	9.4	7:14	0.0	7:19	1.4	5:04	8:01	
21	Sun	1:29	10.3	2:10	9.2	7:52	0.3	7:57	1.6	5:03	8:02	
22	Mon	2:03	10.0	2:48	9.0	8:32	0.5	8:37	1.9	5:02	8:03	
23	Tue	2:40	9.8	3:28	8.8	9:13	0.7	9:20	2.0	5:01	8:04	
24	Wed	3:21	9.6	4:12	8.7	9:58	0.9	10:08	2.1	5:00	8:05	
25	Thu	4:08	9.4	5:01	8.7	10:45	1.0	11:00	2.1	5:00	8:06	
26	Fri	5:00	9.3	5:52	8.9	11:35	1.0	11:55	2.0	4:59	8:07	
27	Sat	5:56	9.3	6:44	9.2			12:26	1.0	4:58	8:08	
28	Sun	6:54	9.4	7:34	9.6	12:51	1.7	1:17	0.9	4:58	8:09	
29	Mon	7:51	9.6	8:23	10.1	1:46	1.2	2:07	0.6	4:57	8:10	
30	Tue	8:46	9.9	9:10	10.7	2:40	0.6	2:56	0.4	4:56	8:11	
31	Wed	9:40	10.2	9:58	11.3	3:31	-0.1	3:45	0.1	4:56	8:12	