US HARBORS www.USHarbors.com

Rockland, ME - May 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:27**	10.0	**9:52**	10.3	**3:16**	0.8	**3:38**	0.4	5:26	7:40	
2	Tue	**10:13**	10.3	**10:33**	10.9	**4:03**	0.2	**4:22**	0.1	5:25	7:41	
3	Wed	**10:59**	10.6	**11:15**	11.4	**4:49**	-0.4	**5:05**	-0.1	5:23	7:42	
4	Thu	**11:45**	10.9	**11:58**	11.8	**5:35**	-0.9	**5:50**	-0.3	5:22	7:43	
5	Fri			**12:33**	10.9	**6:23**	-1.3	**6:36**	-0.3	5:21	7:44	
6	Sat	**12:44**	12.0	**1:23**	10.9	**7:12**	-1.5	**7:25**	-0.2	5:19	7:46	
7	Sun	**1:34**	12.1	**2:17**	10.7	**8:04**	-1.5	**8:17**	0.0	5:18	7:47	
8	Mon	**2:27**	11.9	**3:16**	10.5	**8:59**	-1.4	**9:14**	0.3	5:17	7:48	
9	Tue	**3:26**	11.6	**4:19**	10.3	**9:58**	-1.1	**10:16**	0.5	5:16	7:49	
10	Wed	**4:30**	11.3	**5:26**	10.2	**11:01**	-0.8	**11:23**	0.7	5:14	7:50	
11	Thu	**5:40**	10.9	**6:32**	10.3			**12:05**	-0.5	5:13	7:51	
12	Fri	**6:50**	10.7	**7:35**	10.5	**12:31**	0.7	**1:09**	-0.4	5:12	7:52	
13	Sat	**7:55**	10.7	**8:32**	10.7	**1:38**	0.5	**2:09**	-0.3	5:11	7:54	
14	Sun	**8:55**	10.6	**9:25**	10.9	**2:39**	0.2	**3:04**	-0.2	5:10	7:55	
15	Mon	**9:50**	10.5	**10:14**	11.1	**3:35**	0.0	**3:55**	0.0	5:09	7:56	
16	Tue	**10:41**	10.4	**10:59**	11.1	**4:26**	-0.2	**4:41**	0.2	5:08	7:57	
17	Wed	**11:28**	10.2	**11:41**	11.0	**5:13**	-0.3	**5:24**	0.4	5:07	7:58	
18	Thu			**12:12**	10.0	**5:56**	-0.3	**6:04**	0.7	5:06	7:59	
19	Fri	**12:20**	10.8	**12:53**	9.7	**6:36**	-0.1	**6:42**	1.1	5:05	8:00	
20	Sat	**12:55**	10.5	**1:33**	9.4	**7:14**	0.0	**7:19**	1.4	5:04	8:01	
21	Sun	**1:29**	10.3	**2:10**	9.2	**7:52**	0.3	**7:57**	1.6	5:03	8:02	
22	Mon	**2:03**	10.0	**2:48**	9.0	**8:32**	0.5	**8:37**	1.9	5:02	8:03	
23	Tue	**2:40**	9.8	**3:28**	8.8	**9:13**	0.7	**9:20**	2.0	5:01	8:04	
24	Wed	**3:21**	9.6	**4:12**	8.7	**9:58**	0.9	**10:08**	2.1	5:00	8:05	
25	Thu	**4:08**	9.4	**5:01**	8.7	**10:45**	1.0	**11:00**	2.1	5:00	8:06	
26	Fri	**5:00**	9.3	**5:52**	8.9	**11:35**	1.0	**11:55**	2.0	4:59	8:07	
27	Sat	**5:56**	9.3	**6:44**	9.2			**12:26**	1.0	4:58	8:08	
28	Sun	**6:54**	9.4	**7:34**	9.6	**12:51**	1.7	**1:17**	0.9	4:58	8:09	
29	Mon	**7:51**	9.6	**8:23**	10.1	**1:46**	1.2	**2:07**	0.6	4:57	8:10	
30	Tue	**8:46**	9.9	**9:10**	10.7	**2:40**	0.6	**2:56**	0.4	4:56	8:11	
31	Wed	**9:40**	10.2	**9:58**	11.3	**3:31**	-0.1	**3:45**	0.1	4:56	8:12	