
































## Rockland, ME - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:32	10.5	10:45	11.9	4:22	-0.7	4:34	-0.1	4:55	8:12	
2	Fri	11:24	10.8	11:35	12.3	5:13	-1.3	5:24	-0.3	4:55	8:13	
3	Sat			12:17	10.9	6:04	-1.7	6:15	-0.3	4:54	8:14	
4	Sun	12:26	12.5	1:11	10.9	6:56	-1.9	7:07	-0.3	4:54	8:15	
5	Mon	1:19	12.5	2:07	10.9	7:50	-1.9	8:03	-0.2	4:54	8:15	
6	Tue	2:15	12.2	3:06	10.8	8:46	-1.7	9:01	0.0	4:53	8:16	
7	Wed	3:15	11.9	4:07	10.6	9:44	-1.4	10:03	0.2	4:53	8:17	
8	Thu	4:19	11.4	5:09	10.6	10:44	-1.0	11:08	0.4	4:53	8:17	
9	Fri	5:25	11.0	6:11	10.6	11:44	-0.6			4:52	8:18	
10	Sat	6:31	10.6	7:11	10.7	12:14	0.5	12:45	-0.3	4:52	8:19	
11	Sun	7:34	10.3	8:07	10.8	1:19	0.4	1:43	0.0	4:52	8:19	
12	Mon	8:33	10.1	8:59	10.8	2:19	0.3	2:37	0.3	4:52	8:20	
13	Tue	9:28	9.9	9:48	10.9	3:15	0.2	3:28	0.5	4:52	8:20	
14	Wed	10:19	9.8	10:34	10.8	4:05	0.1	4:14	0.8	4:52	8:21	
15	Thu	11:06	9.6	11:16	10.7	4:51	0.0	4:57	1.0	4:52	8:21	
16	Fri	11:50	9.5	11:54	10.6	5:34	0.0	5:37	1.2	4:52	8:21	
17	Sat			12:31	9.3	6:13	0.1	6:15	1.4	4:52	8:22	
18	Sun	12:30	10.4	1:09	9.2	6:51	0.2	6:52	1.5	4:52	8:22	
19	Mon	1:03	10.2	1:45	9.1	7:28	0.3	7:29	1.7	4:52	8:22	
20	Tue	1:35	10.1	2:20	9.0	8:05	0.4	8:08	1.8	4:53	8:23	
21	Wed	2:10	10.0	2:56	8.9	8:43	0.5	8:49	1.9	4:53	8:23	
22	Thu	2:50	9.8	3:34	8.9	9:24	0.7	9:34	1.9	4:53	8:23	
23	Fri	3:33	9.7	4:17	9.1	10:07	0.8	10:22	1.8	4:53	8:23	
24	Sat	4:22	9.5	5:04	9.3	10:53	0.8	11:15	1.7	4:54	8:23	
25	Sun	5:14	9.5	5:55	9.6	11:41	0.8			4:54	8:23	
26	Mon	6:11	9.5	6:47	10.0	12:11	1.4	12:33	0.8	4:54	8:23	
27	Tue	7:11	9.6	7:41	10.5	1:09	0.9	1:26	0.6	4:55	8:23	
28	Wed	8:12	9.8	8:35	11.1	2:06	0.3	2:20	0.4	4:55	8:23	
29	Thu	9:12	10.1	9:29	11.6	3:03	-0.3	3:14	0.2	4:56	8:23	
30	Fri	10:10	10.4	10:23	12.1	3:59	-0.9	4:09	-0.1	4:56	8:23	