US HARBORS www.USHarbors.com

# Rockland, ME - Jul 2000

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | **11:07** | 10.7 | **11:17** | 12.5 | **4:53** | -1.5 | **5:03** | -0.3 | 4:57 | 8:23 | |
| 2 | Sun | | | **12:02** | 10.9 | **5:47** | -1.9 | **5:57** | -0.5 | 4:57 | 8:23 | |
| 3 | Mon | **12:12** | 12.7 | **12:57** | 11.1 | **6:41** | -2.0 | **6:52** | -0.5 | 4:58 | 8:22 | |
| 4 | Tue | **1:07** | 12.6 | **1:53** | 11.1 | **7:35** | -2.0 | **7:48** | -0.4 | 4:59 | 8:22 | |
| 5 | Wed | **2:03** | 12.4 | **2:49** | 11.1 | **8:29** | -1.8 | **8:46** | -0.3 | 4:59 | 8:22 | |
| 6 | Thu | **3:02** | 11.9 | **3:47** | 10.9 | **9:25** | -1.4 | **9:46** | 0.0 | 5:00 | 8:22 | |
| 7 | Fri | **4:02** | 11.4 | **4:45** | 10.8 | **10:21** | -0.9 | **10:47** | 0.2 | 5:01 | 8:21 | |
| 8 | Sat | **5:04** | 10.8 | **5:43** | 10.7 | **11:18** | -0.4 | **11:50** | 0.4 | 5:01 | 8:21 | |
| 9 | Sun | **6:07** | 10.3 | **6:41** | 10.6 | | | **12:15** | 0.1 | 5:02 | 8:20 | |
| 10 | Mon | **7:08** | 9.9 | **7:37** | 10.6 | **12:53** | 0.5 | **1:12** | 0.5 | 5:03 | 8:20 | |
| 11 | Tue | **8:07** | 9.6 | **8:30** | 10.5 | **1:53** | 0.5 | **2:07** | 0.8 | 5:04 | 8:19 | |
| 12 | Wed | **9:02** | 9.4 | **9:20** | 10.5 | **2:48** | 0.5 | **2:58** | 1.1 | 5:05 | 8:19 | |
| 13 | Thu | **9:54** | 9.3 | **10:07** | 10.5 | **3:40** | 0.4 | **3:46** | 1.2 | 5:05 | 8:18 | |
| 14 | Fri | **10:41** | 9.3 | **10:50** | 10.5 | **4:27** | 0.3 | **4:31** | 1.3 | 5:06 | 8:17 | |
| 15 | Sat | **11:25** | 9.2 | **11:30** | 10.4 | **5:09** | 0.3 | **5:12** | 1.4 | 5:07 | 8:17 | |
| 16 | Sun | | | **12:06** | 9.2 | **5:49** | 0.3 | **5:50** | 1.4 | 5:08 | 8:16 | |
| 17 | Mon | **12:06** | 10.4 | **12:43** | 9.2 | **6:26** | 0.3 | **6:27** | 1.4 | 5:09 | 8:15 | |
| 18 | Tue | **12:39** | 10.3 | **1:18** | 9.2 | **7:02** | 0.3 | **7:03** | 1.5 | 5:10 | 8:14 | |
| 19 | Wed | **1:11** | 10.2 | **1:50** | 9.2 | **7:37** | 0.3 | **7:41** | 1.5 | 5:11 | 8:14 | |
| 20 | Thu | **1:44** | 10.2 | **2:22** | 9.2 | **8:13** | 0.4 | **8:20** | 1.4 | 5:12 | 8:13 | |
| 21 | Fri | **2:22** | 10.1 | **2:57** | 9.4 | **8:51** | 0.5 | **9:03** | 1.4 | 5:13 | 8:12 | |
| 22 | Sat | **3:03** | 9.9 | **3:38** | 9.5 | **9:31** | 0.6 | **9:49** | 1.3 | 5:14 | 8:11 | |
| 23 | Sun | **3:50** | 9.8 | **4:24** | 9.7 | **10:15** | 0.7 | **10:41** | 1.2 | 5:15 | 8:10 | |
| 24 | Mon | **4:42** | 9.6 | **5:14** | 10.0 | **11:03** | 0.7 | **11:37** | 0.9 | 5:16 | 8:09 | |
| 25 | Tue | **5:39** | 9.5 | **6:09** | 10.3 | **11:56** | 0.8 | | | 5:17 | 8:08 | |
| 26 | Wed | **6:41** | 9.5 | **7:08** | 10.7 | **12:38** | 0.6 | **12:53** | 0.7 | 5:18 | 8:07 | |
| 27 | Thu | **7:47** | 9.7 | **8:08** | 11.2 | **1:39** | 0.1 | **1:52** | 0.6 | 5:19 | 8:06 | |
| 28 | Fri | **8:52** | 9.9 | **9:09** | 11.7 | **2:41** | -0.4 | **2:52** | 0.3 | 5:20 | 8:05 | |
| 29 | Sat | **9:54** | 10.3 | **10:08** | 12.2 | **3:40** | -1.0 | **3:50** | 0.0 | 5:21 | 8:04 | |
| 30 | Sun | **10:53** | 10.7 | **11:05** | 12.5 | **4:37** | -1.5 | **4:47** | -0.4 | 5:22 | 8:02 | |
| 31 | Mon | **11:48** | 11.0 | | | **5:32** | -1.8 | **5:43** | -0.6 | 5:23 | 8:01 | |