US HARBORS www.USHarbors.com

Rockland, ME - Oct 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:00	10.8	2:16	11.0	8:01	0.1	8:30	-0.3	6:34	6:17	
2	Mon	2:48	10.2	3:00	10.5	8:46	0.7	9:18	0.2	6:35	6:15	
3	Tue	3:38	9.6	3:47	10.0	9:32	1.2	10:08	0.6	6:37	6:13	
4	Wed	4:30	9.1	4:38	9.6	10:22	1.7	11:02	1.0	6:38	6:11	
5	Thu	5:27	8.8	5:35	9.3	11:17	2.0	11:59	1.2	6:39	6:09	
6	Fri	6:26	8.6	6:35	9.2			12:15	2.2	6:40	6:08	
7	Sat	7:23	8.6	7:33	9.3	12:56	1.3	1:13	2.1	6:41	6:06	
8	Sun	8:15	8.8	8:27	9.5	1:51	1.2	2:07	1.9	6:43	6:04	
9	Mon	9:03	9.1	9:14	9.7	2:41	1.0	2:57	1.5	6:44	6:02	
10	Tue	9:46	9.5	9:58	10.0	3:26	0.7	3:42	1.1	6:45	6:00	
11	Wed	10:24	9.9	10:37	10.2	4:07	0.5	4:24	0.7	6:46	5:59	
12	Thu	10:58	10.2	11:14	10.4	4:45	0.3	5:03	0.3	6:48	5:57	
13	Fri	11:31	10.6	11:51	10.5	5:22	0.2	5:43	-0.1	6:49	5:55	
14	Sat			12:05	10.9	5:59	0.1	6:23	-0.4	6:50	5:54	
15	Sun	12:30	10.6	12:43	11.1	6:38	0.1	7:06	-0.6	6:51	5:52	
16	Mon	1:13	10.5	1:25	11.3	7:19	0.2	7:52	-0.7	6:53	5:50	
17	Tue	1:59	10.4	2:11	11.3	8:05	0.3	8:42	-0.7	6:54	5:49	
18	Wed	2:51	10.2	3:03	11.2	8:56	0.6	9:37	-0.5	6:55	5:47	
19	Thu	3:49	9.9	4:02	11.0	9:53	0.8	10:38	-0.4	6:56	5:45	
20	Fri	4:55	9.8	5:08	10.8	10:56	0.9	11:44	-0.3	6:58	5:44	
21	Sat	6:06	9.8	6:22	10.7			12:05	0.9	6:59	5:42	
22	Sun	7:16	10.0	7:33	10.8	12:50	-0.3	1:14	0.7	7:00	5:40	
23	Mon	8:19	10.5	8:38	11.0	1:54	-0.5	2:20	0.3	7:01	5:39	
24	Tue	9:15	10.9	9:37	11.2	2:53	-0.6	3:20	-0.2	7:03	5:37	
25	Wed	10:07	11.3	10:31	11.3	3:47	-0.7	4:14	-0.6	7:04	5:36	
26	Thu	10:56	11.5	11:21	11.2	4:37	-0.7	5:05	-0.8	7:05	5:34	
27	Fri	11:41	11.6			5:24	-0.5	5:52	-0.9	7:07	5:33	
28	Sat	12:09	10.9	12:24	11.4	6:08	-0.2	6:37	-0.8	7:08	5:31	
29	Sun	12:54	10.6	12:05	11.1	5:50	0.2	6:21	-0.5	6:09	4:30	
30	Mon	12:39	10.1	12:44	10.8	6:31	0.7	7:03	-0.2	6:11	4:29	
31	Tue	1:22	9.7	1:23	10.3	7:12	1.2	7:47	0.2	6:12	4:27	