

































## Rockland, ME - Nov 2000

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Wed | 2:07  | 9.3  | 2:05  | 9.9  | 7:56  | 1.6  | 8:32  | 0.6  | 6:13  | 4:26 |    |
| 2    | Thu | 2:54  | 8.9  | 2:50  | 9.5  | 8:42  | 2.0  | 9:21  | 0.9  | 6:15  | 4:24 |    |
| 3    | Fri | 3:46  | 8.7  | 3:42  | 9.3  | 9:34  | 2.2  | 10:14 | 1.2  | 6:16  | 4:23 |    |
| 4    | Sat | 4:41  | 8.6  | 4:40  | 9.1  | 10:30 | 2.3  | 11:08 | 1.3  | 6:17  | 4:22 |    |
| 5    | Sun | 5:37  | 8.6  | 5:41  | 9.1  | 11:28 | 2.2  |       |      | 6:19  | 4:20 |    |
| 6    | Mon | 6:30  | 8.9  | 6:37  | 9.2  | 12:02 | 1.2  | 12:24 | 2.0  | 6:20  | 4:19 |    |
| 7    | Tue | 7:17  | 9.2  | 7:29  | 9.4  | 12:52 | 1.1  | 1:16  | 1.5  | 6:21  | 4:18 |    |
| 8    | Wed | 8:00  | 9.7  | 8:16  | 9.7  | 1:39  | 0.9  | 2:04  | 1.0  | 6:23  | 4:17 |    |
| 9    | Thu | 8:40  | 10.2 | 9:00  | 10.0 | 2:23  | 0.6  | 2:49  | 0.5  | 6:24  | 4:16 |    |
| 10   | Fri | 9:17  | 10.6 | 9:42  | 10.3 | 3:04  | 0.4  | 3:33  | -0.1 | 6:25  | 4:15 |    |
| 11   | Sat | 9:55  | 11.1 | 10:25 | 10.5 | 3:45  | 0.2  | 4:16  | -0.6 | 6:27  | 4:13 |    |
| 12   | Sun | 10:35 | 11.5 | 11:09 | 10.6 | 4:27  | 0.1  | 5:00  | -1.0 | 6:28  | 4:12 |   |
| 13   | Mon | 11:18 | 11.8 | 11:56 | 10.6 | 5:11  | 0.0  | 5:46  | -1.2 | 6:29  | 4:11 |  |
| 14   | Tue |       |      | 12:04 | 11.9 | 5:57  | 0.0  | 6:36  | -1.3 | 6:31  | 4:10 |  |
| 15   | Wed | 12:46 | 10.5 | 12:55 | 11.8 | 6:47  | 0.2  | 7:28  | -1.2 | 6:32  | 4:09 |  |
| 16   | Thu | 1:41  | 10.4 | 1:50  | 11.6 | 7:41  | 0.3  | 8:24  | -1.1 | 6:33  | 4:08 |  |
| 17   | Fri | 2:41  | 10.2 | 2:51  | 11.3 | 8:40  | 0.6  | 9:25  | -0.8 | 6:34  | 4:08 |  |
| 18   | Sat | 3:47  | 10.1 | 3:59  | 11.0 | 9:45  | 0.7  | 10:28 | -0.6 | 6:36  | 4:07 |  |
| 19   | Sun | 4:55  | 10.2 | 5:11  | 10.8 | 10:54 | 0.7  | 11:33 | -0.4 | 6:37  | 4:06 |  |
| 20   | Mon | 6:00  | 10.4 | 6:20  | 10.7 |       |      | 12:02 | 0.5  | 6:38  | 4:05 |  |
| 21   | Tue | 7:00  | 10.7 | 7:24  | 10.6 | 12:35 | -0.3 | 1:07  | 0.2  | 6:40  | 4:04 |  |
| 22   | Wed | 7:56  | 11.1 | 8:22  | 10.6 | 1:33  | -0.3 | 2:06  | -0.2 | 6:41  | 4:04 |  |
| 23   | Thu | 8:47  | 11.3 | 9:15  | 10.6 | 2:26  | -0.2 | 3:01  | -0.4 | 6:42  | 4:03 |  |
| 24   | Fri | 9:35  | 11.4 | 10:05 | 10.5 | 3:16  | -0.1 | 3:50  | -0.6 | 6:43  | 4:02 |  |
| 25   | Sat | 10:20 | 11.3 | 10:52 | 10.2 | 4:02  | 0.2  | 4:36  | -0.6 | 6:45  | 4:02 |  |
| 26   | Sun | 11:01 | 11.2 | 11:36 | 10.0 | 4:44  | 0.5  | 5:19  | -0.5 | 6:46  | 4:01 |  |
| 27   | Mon | 11:40 | 10.9 |       |      | 5:25  | 0.8  | 5:59  | -0.3 | 6:47  | 4:01 |  |
| 28   | Tue | 12:18 | 9.7  | 12:17 | 10.6 | 6:04  | 1.1  | 6:39  | 0.0  | 6:48  | 4:00 |  |
| 29   | Wed | 12:58 | 9.4  | 12:52 | 10.3 | 6:43  | 1.5  | 7:19  | 0.3  | 6:49  | 4:00 |  |
| 30   | Thu | 1:38  | 9.1  | 1:29  | 9.9  | 7:23  | 1.7  | 8:00  | 0.6  | 6:50  | 3:59 |  |