US HARBORS www.USHarbors.com

Rockland, ME - Dec 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**2:18**	8.9	**2:09**	9.7	**8:06**	2.0	**8:43**	0.8	6:51	3:59	
2	Sat	**3:02**	8.7	**2:55**	9.4	**8:53**	2.1	**9:30**	1.0	6:53	3:59	
3	Sun	**3:50**	8.7	**3:46**	9.2	**9:45**	2.2	**10:19**	1.1	6:54	3:58	
4	Mon	**4:40**	8.8	**4:41**	9.1	**10:40**	2.1	**11:10**	1.2	6:55	3:58	
5	Tue	**5:32**	9.0	**5:39**	9.1	**11:36**	1.9			6:56	3:58	
6	Wed	**6:21**	9.4	**6:36**	9.2	**12:00**	1.1	**12:31**	1.5	6:57	3:58	
7	Thu	**7:08**	9.9	**7:30**	9.5	**12:50**	1.0	**1:24**	0.9	6:58	3:58	
8	Fri	**7:53**	10.4	**8:22**	9.8	**1:38**	0.7	**2:14**	0.3	6:59	3:58	
9	Sat	**8:38**	11.0	**9:12**	10.1	**2:25**	0.5	**3:03**	-0.3	7:00	3:58	
10	Sun	**9:24**	11.5	**10:01**	10.4	**3:12**	0.2	**3:51**	-0.9	7:00	3:58	
11	Mon	**10:10**	12.0	**10:51**	10.6	**3:59**	0.0	**4:40**	-1.4	7:01	3:58	
12	Tue	**10:59**	12.3	**11:42**	10.8	**4:48**	-0.1	**5:30**	-1.7	7:02	3:58	
13	Wed	**11:49**	12.4			**5:39**	-0.2	**6:21**	-1.8	7:03	3:58	
14	Thu	**12:35**	10.8	**12:43**	12.3	**6:32**	-0.2	**7:14**	-1.7	7:04	3:58	
15	Fri	**1:30**	10.8	**1:39**	12.0	**7:28**	-0.1	**8:10**	-1.5	7:04	3:58	
16	Sat	**2:29**	10.7	**2:41**	11.6	**8:28**	0.1	**9:08**	-1.1	7:05	3:59	
17	Sun	**3:31**	10.6	**3:46**	11.1	**9:31**	0.3	**10:09**	-0.7	7:06	3:59	
18	Mon	**4:35**	10.6	**4:54**	10.7	**10:38**	0.4	**11:10**	-0.4	7:06	3:59	
19	Tue	**5:37**	10.7	**6:01**	10.4	**11:45**	0.3			7:07	4:00	
20	Wed	**6:37**	10.8	**7:04**	10.2	**12:10**	-0.1	**12:49**	0.2	7:07	4:00	
21	Thu	**7:33**	11.0	**8:03**	10.0	**1:09**	0.2	**1:49**	0.0	7:08	4:01	
22	Fri	**8:25**	11.1	**8:57**	9.9	**2:03**	0.4	**2:43**	-0.1	7:08	4:01	
23	Sat	**9:13**	11.1	**9:47**	9.8	**2:54**	0.6	**3:33**	-0.2	7:09	4:02	
24	Sun	**9:58**	11.0	**10:33**	9.7	**3:40**	0.8	**4:18**	-0.2	7:09	4:02	
25	Mon	**10:40**	10.9	**11:16**	9.6	**4:23**	1.0	**5:00**	-0.2	7:10	4:03	
26	Tue	**11:19**	10.7	**11:56**	9.4	**5:02**	1.2	**5:38**	0.0	7:10	4:04	
27	Wed	**11:54**	10.5			**5:40**	1.3	**6:16**	0.1	7:10	4:04	
28	Thu	**12:34**	9.3	**12:27**	10.3	**6:17**	1.5	**6:52**	0.3	7:10	4:05	
29	Fri	**1:09**	9.1	**1:00**	10.1	**6:55**	1.6	**7:30**	0.5	7:11	4:06	
30	Sat	**1:44**	9.0	**1:36**	9.9	**7:35**	1.7	**8:08**	0.6	7:11	4:07	
31	Sun	**2:20**	9.0	**2:17**	9.7	**8:17**	1.8	**8:49**	0.9	7:11	4:07	