US HARBORS www.USHarbors.com

Rockland, ME - Apr 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:43	10.5	5:33	9.3	11:21	0.2	11:37	1.3	6:16	7:03	
2	Mon	5:48	10.5	6:44	9.4			12:27	0.1	6:15	7:04	
3	Tue	6:59	10.7	7:55	9.8	12:45	1.1	1:33	-0.2	6:13	7:05	
4	Wed	8:10	11.0	8:58	10.3	1:53	0.8	2:36	-0.5	6:11	7:07	
5	Thu	9:15	11.4	9:54	10.9	2:57	0.2	3:34	-0.9	6:09	7:08	
6	Fri	10:14	11.7	10:46	11.4	3:56	-0.4	4:28	-1.1	6:07	7:09	
7	Sat	11:08	11.9	11:35	11.8	4:51	-0.9	5:18	-1.2	6:06	7:10	
8	Sun			12:00	11.8	5:43	-1.2	6:06	-1.1	6:04	7:11	
9	Mon	12:23	11.9	12:50	11.5	6:33	-1.3	6:53	-0.8	6:02	7:13	
10	Tue	1:08	11.8	1:39	11.1	7:22	-1.2	7:39	-0.3	6:00	7:14	
11	Wed	1:54	11.5	2:28	10.6	8:10	-0.9	8:25	0.3	5:59	7:15	
12	Thu	2:40	11.1	3:18	10.0	8:59	-0.4	9:12	0.9	5:57	7:16	
13	Fri	3:27	10.6	4:11	9.4	9:50	0.1	10:02	1.4	5:55	7:18	
14	Sat	4:18	10.0	5:07	9.0	10:43	0.6	10:57	1.9	5:53	7:19	
15	Sun	5:15	9.6	6:06	8.7	11:39	0.9	11:55	2.1	5:52	7:20	
16	Mon	6:15	9.4	7:04	8.7			12:37	1.2	5:50	7:21	
17	Tue	7:14	9.3	7:58	8.8	12:54	2.2	1:33	1.2	5:48	7:22	
18	Wed	8:10	9.4	8:48	9.0	1:51	2.0	2:25	1.1	5:47	7:24	
19	Thu	9:01	9.5	9:33	9.3	2:43	1.7	3:12	1.0	5:45	7:25	
20	Fri	9:46	9.7	10:13	9.7	3:30	1.4	3:54	0.8	5:43	7:26	
21	Sat	10:28	9.9	10:49	10.0	4:13	1.0	4:33	0.7	5:42	7:27	
22	Sun	11:06	10.0	11:21	10.3	4:53	0.6	5:09	0.6	5:40	7:28	
23	Mon	11:43	10.1	11:53	10.5	5:32	0.2	5:45	0.5	5:39	7:30	
24	Tue			12:19	10.1	6:10	0.0	6:22	0.5	5:37	7:31	
25	Wed	12:27	10.8	12:57	10.1	6:50	-0.3	7:00	0.6	5:36	7:32	
26	Thu	1:05	11.0	1:40	10.0	7:32	-0.4	7:42	0.7	5:34	7:33	
27	Fri	1:48	11.0	2:27	9.9	8:19	-0.5	8:29	0.8	5:33	7:35	
28	Sat	2:35	11.0	3:20	9.8	9:09	-0.4	9:22	1.0	5:31	7:36	
29	Sun	3:29	10.9	4:19	9.6	10:06	-0.3	10:21	1.1	5:30	7:37	
30	Mon	4:29	10.8	5:26	9.6	11:07	-0.2	11:26	1.1	5:28	7:38	