

































## Rockland, ME - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:30	10.1	8:54	11.2	2:15	-0.1	2:30	0.3	4:57	8:23	
2	Mon	9:28	9.9	9:46	11.2	3:13	-0.2	3:24	0.5	4:57	8:23	
3	Tue	10:22	9.8	10:35	11.2	4:07	-0.3	4:15	0.7	4:58	8:23	
4	Wed	11:12	9.7	11:20	11.0	4:56	-0.3	5:02	0.9	4:58	8:22	
5	Thu	11:58	9.6			5:42	-0.3	5:45	1.1	4:59	8:22	
6	Fri	12:03	10.8	12:41	9.4	6:24	-0.1	6:26	1.3	5:00	8:22	
7	Sat	12:42	10.6	1:22	9.3	7:04	0.0	7:06	1.4	5:00	8:21	
8	Sun	1:19	10.4	2:01	9.2	7:42	0.2	7:44	1.6	5:01	8:21	
9	Mon	1:55	10.2	2:37	9.1	8:20	0.4	8:24	1.7	5:02	8:20	
10	Tue	2:30	9.9	3:13	9.0	8:58	0.6	9:06	1.8	5:03	8:20	
11	Wed	3:09	9.7	3:51	9.0	9:38	0.8	9:51	1.8	5:04	8:19	
12	Thu	3:52	9.4	4:32	9.1	10:19	1.0	10:40	1.8	5:04	8:19	
13	Fri	4:39	9.2	5:17	9.2	11:04	1.2	11:32	1.7	5:05	8:18	
14	Sat	5:31	9.0	6:05	9.4	11:51	1.3			5:06	8:18	
15	Sun	6:27	8.9	6:55	9.7	12:26	1.5	12:41	1.3	5:07	8:17	
16	Mon	7:26	9.0	7:47	10.1	1:22	1.1	1:33	1.3	5:08	8:16	
17	Tue	8:25	9.2	8:40	10.6	2:18	0.6	2:26	1.1	5:09	8:15	
18	Wed	9:22	9.5	9:33	11.2	3:12	0.1	3:19	0.8	5:10	8:15	
19	Thu	10:17	9.8	10:25	11.7	4:05	-0.5	4:12	0.5	5:11	8:14	
20	Fri	11:10	10.2	11:18	12.1	4:57	-1.0	5:04	0.1	5:12	8:13	
21	Sat			12:02	10.6	5:49	-1.5	5:57	-0.2	5:13	8:12	
22	Sun	12:10	12.4	12:54	10.9	6:40	-1.7	6:51	-0.4	5:14	8:11	
23	Mon	1:04	12.4	1:47	11.1	7:32	-1.8	7:46	-0.5	5:15	8:10	
24	Tue	1:59	12.3	2:41	11.2	8:24	-1.6	8:43	-0.5	5:16	8:09	
25	Wed	2:56	11.9	3:37	11.2	9:18	-1.3	9:42	-0.4	5:17	8:08	
26	Thu	3:56	11.4	4:35	11.1	10:13	-0.9	10:44	-0.2	5:18	8:07	
27	Fri	4:59	10.8	5:35	11.0	11:10	-0.4	11:48	0.0	5:19	8:06	
28	Sat	6:05	10.3	6:35	10.9			12:09	0.1	5:20	8:05	
29	Sun	7:09	9.9	7:35	10.9	12:52	0.1	1:09	0.5	5:21	8:04	
30	Mon	8:11	9.6	8:31	10.8	1:55	0.1	2:08	0.8	5:22	8:03	
31	Tue	9:09	9.5	9:25	10.8	2:54	0.1	3:04	1.0	5:23	8:02	