US HARBORS www.USHarbors.com

Rockland, ME - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**8:30**	10.1	**8:54**	11.2	**2:15**	-0.1	**2:30**	0.3	4:57	8:23	
2	Mon	**9:28**	9.9	**9:46**	11.2	**3:13**	-0.2	**3:24**	0.5	4:57	8:23	
3	Tue	**10:22**	9.8	**10:35**	11.2	**4:07**	-0.3	**4:15**	0.7	4:58	8:23	
4	Wed	**11:12**	9.7	**11:20**	11.0	**4:56**	-0.3	**5:02**	0.9	4:58	8:22	
5	Thu	**11:58**	9.6			**5:42**	-0.3	**5:45**	1.1	4:59	8:22	
6	Fri	**12:03**	10.8	**12:41**	9.4	**6:24**	-0.1	**6:26**	1.3	5:00	8:22	
7	Sat	**12:42**	10.6	**1:22**	9.3	**7:04**	0.0	**7:06**	1.4	5:00	8:21	
8	Sun	**1:19**	10.4	**2:01**	9.2	**7:42**	0.2	**7:44**	1.6	5:01	8:21	
9	Mon	**1:55**	10.2	**2:37**	9.1	**8:20**	0.4	**8:24**	1.7	5:02	8:20	
10	Tue	**2:30**	9.9	**3:13**	9.0	**8:58**	0.6	**9:06**	1.8	5:03	8:20	
11	Wed	**3:09**	9.7	**3:51**	9.0	**9:38**	0.8	**9:51**	1.8	5:04	8:19	
12	Thu	**3:52**	9.4	**4:32**	9.1	**10:19**	1.0	**10:40**	1.8	5:04	8:19	
13	Fri	**4:39**	9.2	**5:17**	9.2	**11:04**	1.2	**11:32**	1.7	5:05	8:18	
14	Sat	**5:31**	9.0	**6:05**	9.4	**11:51**	1.3			5:06	8:18	
15	Sun	**6:27**	8.9	**6:55**	9.7	**12:26**	1.5	**12:41**	1.3	5:07	8:17	
16	Mon	**7:26**	9.0	**7:47**	10.1	**1:22**	1.1	**1:33**	1.3	5:08	8:16	
17	Tue	**8:25**	9.2	**8:40**	10.6	**2:18**	0.6	**2:26**	1.1	5:09	8:15	
18	Wed	**9:22**	9.5	**9:33**	11.2	**3:12**	0.1	**3:19**	0.8	5:10	8:15	
19	Thu	**10:17**	9.8	**10:25**	11.7	**4:05**	-0.5	**4:12**	0.5	5:11	8:14	
20	Fri	**11:10**	10.2	**11:18**	12.1	**4:57**	-1.0	**5:04**	0.1	5:12	8:13	
21	Sat			**12:02**	10.6	**5:49**	-1.5	**5:57**	-0.2	5:13	8:12	
22	Sun	**12:10**	12.4	**12:54**	10.9	**6:40**	-1.7	**6:51**	-0.4	5:14	8:11	
23	Mon	**1:04**	12.4	**1:47**	11.1	**7:32**	-1.8	**7:46**	-0.5	5:15	8:10	
24	Tue	**1:59**	12.3	**2:41**	11.2	**8:24**	-1.6	**8:43**	-0.5	5:16	8:09	
25	Wed	**2:56**	11.9	**3:37**	11.2	**9:18**	-1.3	**9:42**	-0.4	5:17	8:08	
26	Thu	**3:56**	11.4	**4:35**	11.1	**10:13**	-0.9	**10:44**	-0.2	5:18	8:07	
27	Fri	**4:59**	10.8	**5:35**	11.0	**11:10**	-0.4	**11:48**	0.0	5:19	8:06	
28	Sat	**6:05**	10.3	**6:35**	10.9			**12:09**	0.1	5:20	8:05	
29	Sun	**7:09**	9.9	**7:35**	10.9	**12:52**	0.1	**1:09**	0.5	5:21	8:04	
30	Mon	**8:11**	9.6	**8:31**	10.8	**1:55**	0.1	**2:08**	0.8	5:22	8:03	
31	Tue	**9:09**	9.5	**9:25**	10.8	**2:54**	0.1	**3:04**	1.0	5:23	8:02	