US HARBORS www.USHarbors.com

Rockland, ME - Aug 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:02	9.5	10:15	10.7	3:48	0.1	3:55	1.1	5:24	8:00	
2	Thu	10:51	9.4	11:00	10.7	4:37	0.0	4:42	1.2	5:25	7:59	
3	Fri	11:36	9.4	11:42	10.6	5:21	0.1	5:25	1.2	5:26	7:58	
4	Sat			12:17	9.4	6:01	0.1	6:04	1.3	5:27	7:56	
5	Sun	12:21	10.5	12:55	9.3	6:39	0.2	6:41	1.3	5:29	7:55	
6	Mon	12:55	10.3	1:29	9.3	7:14	0.3	7:17	1.3	5:30	7:54	
7	Tue	1:27	10.2	2:00	9.3	7:48	0.5	7:54	1.3	5:31	7:52	
8	Wed	2:00	10.0	2:31	9.3	8:22	0.6	8:33	1.4	5:32	7:51	
9	Thu	2:35	9.7	3:04	9.3	8:58	0.8	9:14	1.4	5:33	7:50	
10	Fri	3:15	9.5	3:43	9.4	9:37	1.0	10:00	1.4	5:34	7:48	
11	Sat	4:00	9.3	4:27	9.5	10:19	1.2	10:50	1.3	5:35	7:47	
12	Sun	4:51	9.1	5:17	9.7	11:07	1.4	11:45	1.2	5:36	7:45	
13	Mon	5:48	8.9	6:11	9.9	11:59	1.5			5:38	7:44	
14	Tue	6:50	8.9	7:10	10.2	12:45	0.9	12:57	1.4	5:39	7:42	
15	Wed	7:54	9.1	8:10	10.7	1:46	0.5	1:56	1.2	5:40	7:41	
16	Thu	8:57	9.5	9:10	11.3	2:45	-0.1	2:55	0.8	5:41	7:39	
17	Fri	9:56	10.0	10:07	11.8	3:42	-0.6	3:52	0.3	5:42	7:38	
18	Sat	10:51	10.5	11:03	12.3	4:37	-1.2	4:47	-0.2	5:43	7:36	
19	Sun	11:43	11.0	11:57	12.5	5:29	-1.6	5:42	-0.7	5:44	7:34	
20	Mon			12:35	11.4	6:20	-1.8	6:36	-1.0	5:46	7:33	
21	Tue	12:51	12.5	1:26	11.6	7:11	-1.8	7:30	-1.1	5:47	7:31	
22	Wed	1:45	12.3	2:18	11.7	8:02	-1.6	8:25	-1.0	5:48	7:30	
23	Thu	2:40	11.8	3:11	11.6	8:53	-1.1	9:22	-0.8	5:49	7:28	
24	Fri	3:38	11.2	4:07	11.3	9:47	-0.5	10:21	-0.4	5:50	7:26	
25	Sat	4:39	10.5	5:06	11.0	10:43	0.1	11:23	-0.1	5:51	7:24	
26	Sun	5:43	9.9	6:07	10.7	11:42	0.7			5:53	7:23	
27	Mon	6:47	9.5	7:08	10.4	12:27	0.2	12:43	1.1	5:54	7:21	
28	Tue	7:49	9.3	8:07	10.3	1:30	0.4	1:44	1.3	5:55	7:19	
29	Wed	8:46	9.2	9:01	10.3	2:30	0.4	2:42	1.4	5:56	7:18	
30	Thu	9:39	9.3	9:52	10.4	3:23	0.4	3:33	1.4	5:57	7:16	
31	Fri	10:26	9.4	10:37	10.4	4:12	0.4	4:20	1.3	5:58	7:14	