US HARBORS www.USHarbors.com

Rockland, ME - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:15**	11.9	**9:58**	10.3	**2:54**	0.2	**3:41**	-1.2	7:11	4:08	
2	Thu	**10:08**	12.0	**10:52**	10.3	**3:48**	0.2	**4:34**	-1.3	7:11	4:09	
3	Fri	**10:59**	12.0	**11:43**	10.2	**4:41**	0.3	**5:25**	-1.2	7:11	4:10	
4	Sat	**11:48**	11.7			**5:31**	0.4	**6:14**	-1.0	7:11	4:11	
5	Sun	**12:32**	10.1	**12:36**	11.4	**6:20**	0.6	**7:01**	-0.7	7:11	4:12	
6	Mon	**1:19**	9.9	**1:23**	10.9	**7:08**	0.9	**7:47**	-0.3	7:11	4:13	
7	Tue	**2:06**	9.7	**2:10**	10.4	**7:57**	1.2	**8:32**	0.2	7:11	4:14	
8	Wed	**2:53**	9.4	**2:59**	9.8	**8:46**	1.5	**9:17**	0.7	7:10	4:15	
9	Thu	**3:41**	9.3	**3:49**	9.3	**9:37**	1.7	**10:04**	1.1	7:10	4:16	
10	Fri	**4:29**	9.2	**4:43**	8.9	**10:31**	1.8	**10:52**	1.4	7:10	4:17	
11	Sat	**5:18**	9.2	**5:40**	8.6	**11:27**	1.7	**11:41**	1.7	7:09	4:18	
12	Sun	**6:08**	9.3	**6:38**	8.5			**12:22**	1.6	7:09	4:19	
13	Mon	**6:57**	9.5	**7:33**	8.5	**12:32**	1.8	**1:16**	1.4	7:09	4:20	
14	Tue	**7:44**	9.7	**8:24**	8.6	**1:21**	1.9	**2:07**	1.1	7:08	4:22	
15	Wed	**8:29**	9.9	**9:11**	8.8	**2:09**	1.8	**2:54**	0.7	7:08	4:23	
16	Thu	**9:11**	10.3	**9:54**	9.0	**2:55**	1.7	**3:38**	0.4	7:07	4:24	
17	Fri	**9:52**	10.6	**10:35**	9.2	**3:38**	1.5	**4:21**	0.0	7:07	4:25	
18	Sat	**10:31**	10.9	**11:14**	9.5	**4:20**	1.2	**5:02**	-0.3	7:06	4:27	
19	Sun	**11:12**	11.2	**11:54**	9.8	**5:03**	1.0	**5:43**	-0.6	7:05	4:28	
20	Mon	**11:55**	11.4			**5:47**	0.7	**6:26**	-0.7	7:05	4:29	
21	Tue	**12:36**	10.0	**12:41**	11.4	**6:33**	0.5	**7:10**	-0.8	7:04	4:31	
22	Wed	**1:20**	10.3	**1:29**	11.3	**7:22**	0.3	**7:56**	-0.7	7:03	4:32	
23	Thu	**2:08**	10.5	**2:22**	11.0	**8:15**	0.2	**8:46**	-0.5	7:02	4:33	
24	Fri	**2:59**	10.7	**3:20**	10.6	**9:13**	0.2	**9:39**	-0.2	7:01	4:34	
25	Sat	**3:56**	10.8	**4:24**	10.1	**10:15**	0.2	**10:36**	0.2	7:01	4:36	
26	Sun	**4:57**	10.9	**5:34**	9.8	**11:20**	0.1	**11:37**	0.5	7:00	4:37	
27	Mon	**6:01**	11.0	**6:45**	9.6			**12:28**	-0.1	6:59	4:39	
28	Tue	**7:06**	11.1	**7:52**	9.7	**12:41**	0.7	**1:33**	-0.3	6:58	4:40	
29	Wed	**8:07**	11.3	**8:52**	9.8	**1:43**	0.7	**2:34**	-0.5	6:57	4:41	
30	Thu	**9:05**	11.5	**9:48**	9.9	**2:43**	0.7	**3:31**	-0.7	6:56	4:43	
31	Fri	**9:59**	11.6	**10:39**	10.0	**3:38**	0.6	**4:23**	-0.8	6:55	4:44	