

































Rockland, ME - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:15	11.9	9:58	10.3	2:54	0.2	3:41	-1.2	7:11	4:08	
2	Thu	10:08	12.0	10:52	10.3	3:48	0.2	4:34	-1.3	7:11	4:09	
3	Fri	10:59	12.0	11:43	10.2	4:41	0.3	5:25	-1.2	7:11	4:10	
4	Sat	11:48	11.7			5:31	0.4	6:14	-1.0	7:11	4:11	
5	Sun	12:32	10.1	12:36	11.4	6:20	0.6	7:01	-0.7	7:11	4:12	
6	Mon	1:19	9.9	1:23	10.9	7:08	0.9	7:47	-0.3	7:11	4:13	
7	Tue	2:06	9.7	2:10	10.4	7:57	1.2	8:32	0.2	7:11	4:14	
8	Wed	2:53	9.4	2:59	9.8	8:46	1.5	9:17	0.7	7:10	4:15	
9	Thu	3:41	9.3	3:49	9.3	9:37	1.7	10:04	1.1	7:10	4:16	
10	Fri	4:29	9.2	4:43	8.9	10:31	1.8	10:52	1.4	7:10	4:17	
11	Sat	5:18	9.2	5:40	8.6	11:27	1.7	11:41	1.7	7:09	4:18	
12	Sun	6:08	9.3	6:38	8.5			12:22	1.6	7:09	4:19	
13	Mon	6:57	9.5	7:33	8.5	12:32	1.8	1:16	1.4	7:09	4:20	
14	Tue	7:44	9.7	8:24	8.6	1:21	1.9	2:07	1.1	7:08	4:22	
15	Wed	8:29	9.9	9:11	8.8	2:09	1.8	2:54	0.7	7:08	4:23	
16	Thu	9:11	10.3	9:54	9.0	2:55	1.7	3:38	0.4	7:07	4:24	
17	Fri	9:52	10.6	10:35	9.2	3:38	1.5	4:21	0.0	7:07	4:25	
18	Sat	10:31	10.9	11:14	9.5	4:20	1.2	5:02	-0.3	7:06	4:27	
19	Sun	11:12	11.2	11:54	9.8	5:03	1.0	5:43	-0.6	7:05	4:28	
20	Mon	11:55	11.4			5:47	0.7	6:26	-0.7	7:05	4:29	
21	Tue	12:36	10.0	12:41	11.4	6:33	0.5	7:10	-0.8	7:04	4:31	
22	Wed	1:20	10.3	1:29	11.3	7:22	0.3	7:56	-0.7	7:03	4:32	
23	Thu	2:08	10.5	2:22	11.0	8:15	0.2	8:46	-0.5	7:02	4:33	
24	Fri	2:59	10.7	3:20	10.6	9:13	0.2	9:39	-0.2	7:01	4:34	
25	Sat	3:56	10.8	4:24	10.1	10:15	0.2	10:36	0.2	7:01	4:36	
26	Sun	4:57	10.9	5:34	9.8	11:20	0.1	11:37	0.5	7:00	4:37	
27	Mon	6:01	11.0	6:45	9.6			12:28	-0.1	6:59	4:39	
28	Tue	7:06	11.1	7:52	9.7	12:41	0.7	1:33	-0.3	6:58	4:40	
29	Wed	8:07	11.3	8:52	9.8	1:43	0.7	2:34	-0.5	6:57	4:41	
30	Thu	9:05	11.5	9:48	9.9	2:43	0.7	3:31	-0.7	6:56	4:43	
31	Fri	9:59	11.6	10:39	10.0	3:38	0.6	4:23	-0.8	6:55	4:44	