US HARBORS www.USHarbors.com

Rockland, ME - Mar 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:46**	11.1	**10:22**	10.0	**3:28**	0.8	**4:07**	-0.3	6:13	5:24	
2	Sun	**10:34**	11.1	**11:05**	10.1	**4:17**	0.6	**4:51**	-0.3	6:11	5:25	
3	Mon	**11:17**	10.9	**11:45**	10.1	**5:01**	0.6	**5:31**	-0.1	6:10	5:26	
4	Tue	**11:57**	10.6			**5:41**	0.6	**6:07**	0.1	6:08	5:27	
5	Wed	**12:22**	10.0	**12:33**	10.3	**6:20**	0.6	**6:42**	0.4	6:06	5:29	
6	Thu	**12:55**	9.9	**1:08**	9.9	**6:57**	0.8	**7:16**	0.8	6:04	5:30	
7	Fri	**1:26**	9.7	**1:43**	9.5	**7:35**	0.9	**7:51**	1.2	6:03	5:31	
8	Sat	**1:58**	9.6	**2:21**	9.1	**8:15**	1.1	**8:28**	1.6	6:01	5:33	
9	Sun	**2:34**	9.4	**3:04**	8.7	**8:59**	1.3	**9:11**	1.9	5:59	5:34	
10	Mon	**3:17**	9.3	**3:55**	8.4	**9:49**	1.4	**9:59**	2.2	5:57	5:35	
11	Tue	**4:06**	9.2	**4:53**	8.2	**10:44**	1.5	**10:53**	2.4	5:56	5:36	
12	Wed	**5:03**	9.2	**5:58**	8.2	**11:44**	1.5	**11:53**	2.3	5:54	5:38	
13	Thu	**6:05**	9.4	**7:01**	8.4			**12:43**	1.2	5:52	5:39	
14	Fri	**7:06**	9.8	**7:57**	8.8	**12:52**	2.0	**1:40**	0.8	5:50	5:40	
15	Sat	**8:02**	10.3	**8:46**	9.4	**1:48**	1.6	**2:31**	0.3	5:48	5:41	
16	Sun	**8:54**	10.8	**9:32**	10.1	**2:40**	1.0	**3:19**	-0.3	5:47	5:43	
17	Mon	**9:43**	11.3	**10:16**	10.7	**3:30**	0.3	**4:05**	-0.7	5:45	5:44	
18	Tue	**10:31**	11.7	**11:00**	11.3	**4:19**	-0.4	**4:50**	-1.1	5:43	5:45	
19	Wed	**11:20**	11.9	**11:45**	11.7	**5:08**	-0.9	**5:35**	-1.2	5:41	5:46	
20	Thu			**12:09**	11.8	**5:58**	-1.3	**6:21**	-1.1	5:39	5:48	
21	Fri	**12:31**	12.0	**1:01**	11.5	**6:49**	-1.4	**7:09**	-0.8	5:37	5:49	
22	Sat	**1:21**	12.0	**1:56**	11.0	**7:43**	-1.3	**8:01**	-0.3	5:36	5:50	
23	Sun	**2:14**	11.7	**2:56**	10.4	**8:40**	-1.0	**8:57**	0.3	5:34	5:51	
24	Mon	**3:13**	11.4	**4:02**	9.9	**9:42**	-0.6	**9:59**	0.8	5:32	5:53	
25	Tue	**4:19**	11.0	**5:13**	9.5	**10:49**	-0.2	**11:06**	1.2	5:30	5:54	
26	Wed	**5:29**	10.7	**6:21**	9.4	**11:58**	0.0			5:28	5:55	
27	Thu	**6:38**	10.5	**7:24**	9.5	**12:15**	1.3	**1:04**	0.1	5:26	5:56	
28	Fri	**7:41**	10.5	**8:21**	9.7	**1:21**	1.2	**2:04**	0.1	5:25	5:57	
29	Sat	**8:37**	10.6	**9:12**	9.9	**2:20**	1.0	**2:56**	0.1	5:23	5:59	
30	Sun	**9:28**	10.6	**9:57**	10.1	**3:13**	0.8	**3:43**	0.1	5:21	6:00	
31	Mon	**10:13**	10.5	**10:38**	10.2	**3:59**	0.6	**4:24**	0.2	5:19	6:01	