US HARBORS www.USHarbors.com

Rockland, ME - Jun 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:12	10.2	12:54	9.0	6:38	0.3	6:38	1.7	4:56	8:12	
2	Mon	12:44	10.2	1:28	8.9	7:16	0.4	7:15	1.8	4:55	8:13	
3	Tue	1:19	10.2	2:04	8.9	7:54	0.4	7:55	1.9	4:55	8:13	
4	Wed	1:58	10.1	2:45	8.9	8:36	0.4	8:39	1.9	4:54	8:14	
5	Thu	2:43	10.1	3:30	8.9	9:20	0.4	9:28	1.8	4:54	8:15	
6	Fri	3:32	10.1	4:21	9.1	10:09	0.4	10:22	1.7	4:53	8:16	
7	Sat	4:26	10.0	5:15	9.4	11:01	0.3	11:21	1.4	4:53	8:16	
8	Sun	5:25	10.0	6:11	9.8	11:55	0.3			4:53	8:17	
9	Mon	6:28	10.1	7:09	10.4	12:23	1.0	12:51	0.2	4:53	8:18	
10	Tue	7:32	10.2	8:05	11.0	1:25	0.4	1:47	0.0	4:52	8:18	
11	Wed	8:36	10.3	9:00	11.6	2:26	-0.2	2:42	-0.1	4:52	8:19	
12	Thu	9:38	10.5	9:55	12.0	3:24	-0.8	3:37	-0.2	4:52	8:19	
13	Fri	10:36	10.6	10:48	12.4	4:21	-1.3	4:31	-0.2	4:52	8:20	
14	Sat	11:33	10.7	11:42	12.5	5:16	-1.7	5:25	-0.2	4:52	8:20	
15	Sun			12:28	10.7	6:10	-1.8	6:19	-0.1	4:52	8:21	
16	Mon	12:35	12.4	1:23	10.5	7:04	-1.7	7:12	0.2	4:52	8:21	
17	Tue	1:29	12.1	2:17	10.3	7:57	-1.4	8:07	0.4	4:52	8:22	
18	Wed	2:23	11.6	3:12	10.1	8:51	-1.0	9:03	0.8	4:52	8:22	
19	Thu	3:19	11.1	4:07	9.9	9:44	-0.5	10:00	1.1	4:52	8:22	
20	Fri	4:16	10.5	5:02	9.7	10:38	0.0	10:58	1.3	4:52	8:22	
21	Sat	5:13	10.0	5:56	9.6	11:31	0.4	11:57	1.4	4:53	8:23	
22	Sun	6:11	9.5	6:49	9.6			12:23	0.8	4:53	8:23	
23	Mon	7:08	9.2	7:39	9.7	12:55	1.4	1:14	1.1	4:53	8:23	
24	Tue	8:03	9.0	8:27	9.8	1:50	1.3	2:03	1.4	4:53	8:23	
25	Wed	8:55	8.9	9:12	9.9	2:41	1.1	2:49	1.5	4:54	8:23	
26	Thu	9:44	8.9	9:54	10.0	3:29	0.9	3:33	1.6	4:54	8:23	
27	Fri	10:30	8.9	10:33	10.1	4:14	0.7	4:15	1.7	4:54	8:23	
28	Sat	11:13	8.9	11:10	10.2	4:56	0.5	4:55	1.7	4:55	8:23	
29	Sun	11:52	9.0	11:46	10.3	5:36	0.4	5:34	1.7	4:55	8:23	
30	Mon			12:30	9.0	6:15	0.3	6:13	1.6	4:56	8:23	