US HARBORS www.USHarbors.com

Rockland, ME - Sep 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:38	11.0	3:03	11.2	8:52	-0.3	9:24	-0.5	5:59	7:13	
2	Tue	3:34	10.5	3:57	11.2	9:44	0.0	10:24	-0.4	6:00	7:11	
3	Wed	4:35	10.1	4:57	11.0	10:41	0.5	11:28	-0.2	6:01	7:10	
4	Thu	5:45	9.7	6:04	10.9	11:44	0.8			6:02	7:08	
5	Fri	6:57	9.5	7:15	10.9	12:36	-0.1	12:51	1.0	6:03	7:06	
6	Sat	8:06	9.5	8:22	11.0	1:44	-0.2	1:58	1.0	6:05	7:04	
7	Sun	9:08	9.8	9:23	11.2	2:48	-0.3	3:02	0.8	6:06	7:02	
8	Mon	10:04	10.0	10:18	11.3	3:46	-0.5	3:59	0.5	6:07	7:00	
9	Tue	10:54	10.2	11:08	11.3	4:38	-0.6	4:51	0.3	6:08	6:59	
10	Wed	11:40	10.4	11:55	11.1	5:25	-0.5	5:38	0.2	6:09	6:57	
11	Thu			12:23	10.4	6:08	-0.4	6:22	0.2	6:10	6:55	
12	Fri	12:37	10.8	1:02	10.3	6:47	-0.1	7:03	0.3	6:11	6:53	
13	Sat	1:18	10.5	1:38	10.1	7:24	0.3	7:42	0.5	6:13	6:51	
14	Sun	1:56	10.0	2:12	9.9	8:00	0.7	8:22	0.7	6:14	6:49	
15	Mon	2:34	9.6	2:46	9.7	8:37	1.2	9:03	0.9	6:15	6:48	
16	Tue	3:13	9.1	3:22	9.5	9:15	1.6	9:47	1.2	6:16	6:46	
17	Wed	3:57	8.7	4:05	9.2	9:58	2.0	10:36	1.4	6:17	6:44	
18	Thu	4:48	8.4	4:55	9.1	10:47	2.3	11:32	1.6	6:18	6:42	
19	Fri	5:47	8.2	5:52	9.0	11:42	2.5			6:19	6:40	
20	Sat	6:51	8.2	6:55	9.2	12:31	1.5	12:41	2.4	6:21	6:38	
21	Sun	7:51	8.4	7:55	9.5	1:30	1.4	1:39	2.2	6:22	6:36	
22	Mon	8:44	8.7	8:48	9.9	2:24	1.0	2:34	1.8	6:23	6:35	
23	Tue	9:31	9.2	9:37	10.4	3:14	0.6	3:24	1.2	6:24	6:33	
24	Wed	10:13	9.8	10:24	10.9	3:59	0.1	4:11	0.6	6:25	6:31	
25	Thu	10:54	10.4	11:09	11.3	4:43	-0.3	4:58	-0.1	6:26	6:29	
26	Fri	11:35	11.0	11:54	11.5	5:25	-0.7	5:44	-0.6	6:27	6:27	
27	Sat			12:17	11.5	6:08	-0.8	6:31	-1.1	6:29	6:25	
28	Sun	12:42	11.5	1:01	11.8	6:52	-0.8	7:21	-1.3	6:30	6:23	
29	Mon	1:31	11.3	1:49	11.9	7:39	-0.6	8:13	-1.3	6:31	6:22	
30	Tue	2:24	10.9	2:40	11.8	8:29	-0.2	9:08	-1.1	6:32	6:20	