US HARBORS www.USHarbors.com

Rockland, ME - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:22	10.5	3:37	11.5	9:24	0.2	10:09	-0.8	6:33	6:18	
2	Thu	4:27	10.0	4:41	11.1	10:24	0.7	11:14	-0.4	6:35	6:16	
3	Fri	5:37	9.6	5:52	10.8	11:31	1.0			6:36	6:14	
4	Sat	6:48	9.5	7:04	10.7	12:23	-0.2	12:41	1.2	6:37	6:12	
5	Sun	7:53	9.7	8:10	10.7	1:30	-0.1	1:49	1.1	6:38	6:11	
6	Mon	8:52	9.9	9:09	10.8	2:32	-0.1	2:52	0.8	6:39	6:09	
7	Tue	9:45	10.2	10:02	10.8	3:28	-0.2	3:47	0.5	6:41	6:07	
8	Wed	10:33	10.4	10:50	10.7	4:17	-0.2	4:36	0.3	6:42	6:05	
9	Thu	11:16	10.5	11:34	10.5	5:01	0.0	5:20	0.2	6:43	6:04	
10	Fri	11:55	10.5			5:40	0.2	6:00	0.2	6:44	6:02	
11	Sat	12:15	10.3	12:30	10.4	6:16	0.5	6:38	0.3	6:45	6:00	
12	Sun	12:53	9.9	1:02	10.2	6:50	0.8	7:14	0.4	6:47	5:58	
13	Mon	1:29	9.6	1:31	10.0	7:24	1.2	7:51	0.6	6:48	5:57	
14	Tue	2:03	9.2	2:02	9.8	7:58	1.6	8:29	0.8	6:49	5:55	
15	Wed	2:39	8.9	2:38	9.6	8:36	1.9	9:11	1.0	6:50	5:53	
16	Thu	3:20	8.6	3:21	9.4	9:18	2.2	9:58	1.2	6:52	5:51	
17	Fri	4:08	8.3	4:10	9.2	10:06	2.4	10:51	1.4	6:53	5:50	
18	Sat	5:04	8.2	5:06	9.1	11:01	2.5	11:48	1.4	6:54	5:48	
19	Sun	6:06	8.3	6:08	9.2			12:01	2.4	6:55	5:46	
20	Mon	7:07	8.6	7:10	9.5	12:46	1.2	1:02	2.1	6:57	5:45	
21	Tue	8:01	9.1	8:09	9.9	1:42	0.9	1:59	1.6	6:58	5:43	
22	Wed	8:50	9.7	9:03	10.4	2:33	0.4	2:53	0.9	6:59	5:42	
23	Thu	9:35	10.4	9:54	10.8	3:21	0.0	3:44	0.1	7:01	5:40	
24	Fri	10:20	11.1	10:44	11.2	4:07	-0.4	4:33	-0.7	7:02	5:38	
25	Sat	11:04	11.8	11:34	11.4	4:53	-0.7	5:22	-1.3	7:03	5:37	
26	Sun	10:50	12.2	11:24	11.4	4:39	-0.8	5:12	-1.7	6:04	4:35	
27	Mon	11:37	12.4			5:27	-0.7	6:03	-1.9	6:06	4:34	
28	Tue	12:17	11.2	12:28	12.4	6:17	-0.4	6:57	-1.8	6:07	4:32	
29	Wed	1:12	10.8	1:22	12.1	7:10	-0.1	7:54	-1.4	6:08	4:31	
30	Thu	2:12	10.4	2:21	11.6	8:07	0.4	8:54	-1.0	6:10	4:30	
31	Fri	3:16	10.0	3:27	11.1	9:09	0.8	9:59	-0.5	6:11	4:28	