US HARBORS www.USHarbors.com

Rockland, ME - Dec 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:04	9.8	5:20	10.2	11:03	1.2	11:38	0.2	6:51	3:59	
2	Tue	6:03	9.9	6:22	9.9			12:07	1.1	6:52	3:59	
3	Wed	6:57	10.0	7:19	9.7	12:34	0.5	1:07	1.0	6:53	3:58	
4	Thu	7:47	10.2	8:12	9.5	1:26	0.7	2:00	0.8	6:54	3:58	
5	Fri	8:33	10.3	9:01	9.4	2:14	0.9	2:48	0.6	6:55	3:58	
6	Sat	9:16	10.3	9:46	9.3	2:57	1.1	3:32	0.5	6:56	3:58	
7	Sun	9:55	10.3	10:28	9.2	3:37	1.3	4:13	0.4	6:57	3:58	
8	Mon	10:30	10.3	11:07	9.1	4:15	1.4	4:51	0.3	6:58	3:58	
9	Tue	11:03	10.2	11:44	9.0	4:51	1.6	5:27	0.3	6:59	3:58	
10	Wed	11:34	10.2			5:26	1.7	6:04	0.4	7:00	3:58	
11	Thu	12:18	8.9	12:07	10.1	6:02	1.8	6:41	0.4	7:01	3:58	
12	Fri	12:53	8.8	12:43	10.0	6:40	1.9	7:20	0.5	7:01	3:58	
13	Sat	1:29	8.8	1:24	10.0	7:21	2.0	8:01	0.6	7:02	3:58	
14	Sun	2:10	8.8	2:10	9.9	8:07	2.0	8:46	0.6	7:03	3:58	
15	Mon	2:57	8.9	3:00	9.8	8:57	1.9	9:34	0.6	7:04	3:58	
16	Tue	3:47	9.2	3:55	9.7	9:53	1.7	10:26	0.6	7:05	3:58	
17	Wed	4:41	9.5	4:56	9.7	10:53	1.3	11:20	0.5	7:05	3:59	
18	Thu	5:37	10.0	5:59	9.8	11:55	0.8			7:06	3:59	
19	Fri	6:33	10.6	7:04	10.0	12:16	0.4	12:56	0.2	7:06	3:59	
20	Sat	7:29	11.2	8:06	10.2	1:11	0.2	1:55	-0.5	7:07	4:00	
21	Sun	8:24	11.8	9:06	10.4	2:07	0.1	2:52	-1.1	7:08	4:00	
22	Mon	9:18	12.3	10:03	10.6	3:02	-0.1	3:48	-1.6	7:08	4:01	
23	Tue	10:12	12.6	10:59	10.8	3:56	-0.2	4:42	-1.9	7:09	4:01	
24	Wed	11:06	12.6	11:53	10.7	4:50	-0.2	5:36	-2.0	7:09	4:02	
25	Thu			12:00	12.5	5:44	-0.2	6:29	-1.8	7:09	4:02	
26	Fri	12:47	10.6	12:55	12.1	6:38	0.0	7:23	-1.4	7:10	4:03	
27	Sat	1:42	10.5	1:50	11.6	7:34	0.3	8:16	-1.0	7:10	4:04	
28	Sun	2:37	10.3	2:47	11.0	8:31	0.6	9:10	-0.4	7:10	4:04	
29	Mon	3:33	10.1	3:46	10.4	9:30	0.9	10:04	0.1	7:10	4:05	
30	Tue	4:29	9.9	4:46	9.8	10:31	1.2	10:58	0.6	7:11	4:06	
31	Wed	5:25	9.8	5:46	9.3	11:32	1.3	11:51	1.0	7:11	4:07	