US HARBORS www.USHarbors.com

Rockland, ME - Oct 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:24	10.5	1:37	10.8	7:24	0.3	7:51	-0.1	6:34	6:17	
2	Sat	2:07	10.0	2:16	10.4	8:04	0.8	8:35	0.2	6:35	6:15	
3	Sun	2:51	9.4	2:56	10.0	8:45	1.4	9:20	0.6	6:37	6:13	
4	Mon	3:38	8.9	3:39	9.6	9:29	1.9	10:09	1.0	6:38	6:11	
5	Tue	4:29	8.5	4:29	9.3	10:18	2.3	11:03	1.3	6:39	6:09	
6	Wed	5:27	8.2	5:27	9.0	11:13	2.5			6:40	6:07	
7	Thu	6:27	8.2	6:30	9.0	12:01	1.5	12:12	2.6	6:41	6:06	
8	Fri	7:25	8.3	7:30	9.2	12:59	1.5	1:12	2.4	6:43	6:04	
9	Sat	8:18	8.6	8:24	9.4	1:54	1.3	2:07	2.1	6:44	6:02	
10	Sun	9:04	9.0	9:12	9.7	2:43	1.0	2:57	1.6	6:45	6:00	
11	Mon	9:44	9.5	9:55	10.1	3:27	0.7	3:42	1.1	6:46	5:59	
12	Tue	10:21	10.0	10:36	10.3	4:07	0.4	4:24	0.5	6:48	5:57	
13	Wed	10:56	10.5	11:16	10.5	4:45	0.2	5:06	0.0	6:49	5:55	
14	Thu	11:32	10.9	11:57	10.6	5:23	0.1	5:48	-0.4	6:50	5:54	
15	Fri			12:10	11.3	6:03	0.0	6:31	-0.8	6:51	5:52	
16	Sat	12:40	10.6	12:51	11.5	6:44	0.1	7:17	-1.0	6:53	5:50	
17	Sun	1:27	10.5	1:37	11.6	7:29	0.2	8:07	-0.9	6:54	5:48	
18	Mon	2:17	10.2	2:27	11.4	8:18	0.5	9:01	-0.8	6:55	5:47	
19	Tue	3:14	9.9	3:24	11.2	9:13	0.8	10:01	-0.5	6:56	5:45	
20	Wed	4:18	9.6	4:28	10.9	10:15	1.1	11:07	-0.3	6:58	5:44	
21	Thu	5:29	9.5	5:41	10.7	11:23	1.2			6:59	5:42	
22	Fri	6:40	9.6	6:55	10.6	12:15	-0.1	12:35	1.2	7:00	5:40	
23	Sat	7:46	9.9	8:03	10.7	1:21	-0.2	1:44	0.8	7:02	5:39	
24	Sun	8:44	10.3	9:03	10.8	2:22	-0.3	2:47	0.4	7:03	5:37	
25	Mon	9:37	10.7	9:58	10.8	3:17	-0.3	3:43	0.0	7:04	5:36	
26	Tue	10:25	11.0	10:49	10.8	4:07	-0.3	4:34	-0.3	7:05	5:34	
27	Wed	11:09	11.1	11:36	10.6	4:53	-0.1	5:21	-0.4	7:07	5:33	
28	Thu	11:51	11.1			5:35	0.2	6:05	-0.4	7:08	5:31	
29	Fri	12:20	10.2	12:29	10.9	6:15	0.5	6:46	-0.3	7:09	5:30	
30	Sat	1:02	9.9	1:06	10.6	6:53	1.0	7:26	0.0	7:11	5:28	
31	Sun	1:43	9.5	12:41	10.3	6:31	1.4	7:06	0.3	6:12	4:27	