US HARBORS www.USHarbors.com

Rockland, ME - Dec 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:38	8.7	1:26	9.7	7:22	2.1	8:03	0.8	6:51	3:59	
2	Thu	2:18	8.5	2:08	9.5	8:05	2.3	8:46	1.0	6:53	3:59	
3	Fri	3:02	8.5	2:55	9.3	8:53	2.3	9:33	1.1	6:54	3:58	
4	Sat	3:49	8.5	3:47	9.2	9:46	2.3	10:22	1.2	6:55	3:58	
5	Sun	4:39	8.7	4:42	9.1	10:42	2.1	11:11	1.1	6:56	3:58	
6	Mon	5:29	9.1	5:40	9.2	11:38	1.8			6:57	3:58	
7	Tue	6:19	9.6	6:38	9.3	12:01	1.1	12:34	1.3	6:58	3:58	
8	Wed	7:07	10.1	7:35	9.5	12:51	0.9	1:28	0.6	6:59	3:58	
9	Thu	7:55	10.7	8:30	9.8	1:40	0.7	2:21	-0.1	7:00	3:58	
10	Fri	8:43	11.3	9:23	10.1	2:30	0.5	3:12	-0.7	7:00	3:58	
11	Sat	9:32	11.9	10:15	10.3	3:19	0.3	4:03	-1.3	7:01	3:58	
12	Sun	10:22	12.2	11:08	10.5	4:10	0.1	4:55	-1.6	7:02	3:58	
13	Mon	11:14	12.4			5:01	0.0	5:47	-1.8	7:03	3:58	
14	Tue	12:02	10.5	12:08	12.4	5:55	0.0	6:41	-1.7	7:04	3:58	
15	Wed	12:57	10.5	1:04	12.2	6:50	0.1	7:37	-1.5	7:04	3:58	
16	Thu	1:55	10.4	2:04	11.8	7:49	0.3	8:34	-1.1	7:05	3:59	
17	Fri	2:55	10.4	3:06	11.2	8:51	0.5	9:32	-0.7	7:06	3:59	
18	Sat	3:56	10.3	4:12	10.7	9:56	0.6	10:31	-0.3	7:06	3:59	
19	Sun	4:57	10.4	5:18	10.2	11:02	0.7	11:31	0.1	7:07	4:00	
20	Mon	5:56	10.5	6:22	9.9			12:07	0.6	7:07	4:00	
21	Tue	6:53	10.5	7:22	9.6	12:28	0.5	1:09	0.5	7:08	4:01	
22	Wed	7:46	10.6	8:18	9.5	1:23	0.8	2:05	0.3	7:08	4:01	
23	Thu	8:35	10.6	9:10	9.4	2:15	1.0	2:57	0.2	7:09	4:02	
24	Fri	9:21	10.6	9:58	9.3	3:02	1.2	3:43	0.2	7:09	4:02	
25	Sat	10:03	10.5	10:42	9.2	3:46	1.4	4:26	0.2	7:10	4:03	
26	Sun	10:43	10.4	11:23	9.1	4:27	1.5	5:06	0.2	7:10	4:04	
27	Mon	11:19	10.3			5:05	1.6	5:44	0.3	7:10	4:04	
28	Tue	12:01	9.0	11:53 AM	10.2	5:42	1.7	6:20	0.4	7:10	4:05	
29	Wed	12:37	8.9	12:26	10.1	6:18	1.8	6:56	0.5	7:11	4:06	
30	Thu	1:11	8.8	1:01	10.0	6:56	1.9	7:33	0.6	7:11	4:07	
31	Fri	1:45	8.8	1:39	9.8	7:36	1.9	8:09	0.8	7:11	4:08	