US HARBORS www.USHarbors.com

Rockland, ME - Mar 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:45	10.2	2:11	9.7	8:07	0.5	8:21	1.0	6:12	5:24	
2	Wed	2:30	10.3	3:03	9.4	8:57	0.5	9:10	1.2	6:10	5:26	
3	Thu	3:22	10.3	4:02	9.1	9:55	0.5	10:07	1.4	6:09	5:27	
4	Fri	4:21	10.3	5:11	8.9	11:00	0.5	11:12	1.5	6:07	5:28	
5	Sat	5:28	10.4	6:26	9.0			12:09	0.3	6:05	5:29	
6	Sun	6:40	10.7	7:36	9.4	12:21	1.3	1:17	-0.1	6:04	5:31	
7	Mon	7:49	11.2	8:38	10.0	1:29	1.0	2:19	-0.6	6:02	5:32	
8	Tue	8:52	11.6	9:34	10.6	2:32	0.4	3:16	-1.0	6:00	5:33	
9	Wed	9:49	12.0	10:25	11.1	3:30	-0.2	4:08	-1.3	5:58	5:35	
10	Thu	10:42	12.1	11:13	11.4	4:24	-0.6	4:57	-1.4	5:56	5:36	
11	Fri	11:32	11.9	11:59	11.6	5:16	-0.9	5:44	-1.2	5:55	5:37	
12	Sat			12:21	11.6	6:06	-1.0	6:29	-0.8	5:53	5:38	
13	Sun	12:44	11.5	1:10	11.0	6:54	-0.8	7:13	-0.3	5:51	5:40	
14	Mon	1:29	11.2	1:59	10.4	7:43	-0.5	7:59	0.4	5:49	5:41	
15	Tue	2:14	10.8	2:50	9.7	8:33	0.0	8:46	1.1	5:47	5:42	
16	Wed	3:03	10.3	3:45	9.0	9:26	0.5	9:37	1.7	5:46	5:43	
17	Thu	3:56	9.8	4:44	8.6	10:22	1.0	10:32	2.1	5:44	5:45	
18	Fri	4:55	9.4	5:46	8.3	11:22	1.3	11:33	2.4	5:42	5:46	
19	Sat	5:57	9.3	6:45	8.3			12:23	1.4	5:40	5:47	
20	Sun	6:56	9.3	7:40	8.4	12:33	2.4	1:20	1.3	5:38	5:48	
21	Mon	7:50	9.5	8:29	8.7	1:29	2.2	2:11	1.1	5:36	5:50	
22	Tue	8:38	9.7	9:12	9.0	2:20	1.9	2:56	0.9	5:35	5:51	
23	Wed	9:22	9.9	9:51	9.4	3:04	1.5	3:35	0.7	5:33	5:52	
24	Thu	10:00	10.1	10:25	9.7	3:45	1.1	4:11	0.5	5:31	5:53	
25	Fri	10:36	10.2	10:55	10.0	4:23	0.8	4:45	0.5	5:29	5:54	
26	Sat	11:10	10.2	11:25	10.3	5:01	0.4	5:19	0.4	5:27	5:56	
27	Sun	11:46	10.2	11:58	10.5	5:38	0.2	5:54	0.5	5:25	5:57	
28	Mon			12:24	10.1	6:18	0.0	6:31	0.6	5:24	5:58	
29	Tue	12:36	10.7	1:07	9.9	7:00	-0.1	7:12	0.8	5:22	5:59	
30	Wed	1:18	10.8	1:55	9.7	7:47	-0.1	7:58	1.0	5:20	6:01	
31	Thu	2:07	10.7	2:49	9.4	8:41	0.0	8:52	1.3	5:18	6:02	