US HARBORS www.USHarbors.com

Rockland, ME - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:48**	9.7	**8:12**	10.9	**1:34**	0.2	**1:48**	0.6	4:57	8:23	
2	Sat	**8:48**	9.5	**9:05**	10.8	**2:34**	0.1	**2:43**	0.9	4:57	8:23	
3	Sun	**9:43**	9.4	**9:55**	10.8	**3:29**	0.1	**3:35**	1.2	4:58	8:23	
4	Mon	**10:35**	9.3	**10:42**	10.7	**4:20**	0.1	**4:23**	1.3	4:58	8:22	
5	Tue	**11:22**	9.2	**11:26**	10.6	**5:07**	0.1	**5:08**	1.5	4:59	8:22	
6	Wed			**12:06**	9.1	**5:50**	0.2	**5:49**	1.6	5:00	8:22	
7	Thu	**12:06**	10.4	**12:47**	9.0	**6:30**	0.2	**6:28**	1.7	5:01	8:21	
8	Fri	**12:43**	10.3	**1:25**	8.9	**7:08**	0.4	**7:06**	1.7	5:01	8:21	
9	Sat	**1:18**	10.2	**2:00**	8.9	**7:45**	0.5	**7:44**	1.8	5:02	8:20	
10	Sun	**1:52**	10.0	**2:34**	8.9	**8:21**	0.6	**8:24**	1.8	5:03	8:20	
11	Mon	**2:28**	9.8	**3:09**	8.9	**8:57**	0.7	**9:05**	1.8	5:04	8:19	
12	Tue	**3:07**	9.6	**3:45**	9.0	**9:35**	0.9	**9:50**	1.8	5:04	8:19	
13	Wed	**3:51**	9.4	**4:26**	9.2	**10:16**	1.1	**10:39**	1.7	5:05	8:18	
14	Thu	**4:39**	9.1	**5:11**	9.4	**11:00**	1.2	**11:32**	1.5	5:06	8:18	
15	Fri	**5:32**	8.9	**6:01**	9.7	**11:47**	1.4			5:07	8:17	
16	Sat	**6:30**	8.9	**6:53**	10.0	**12:28**	1.2	**12:39**	1.4	5:08	8:16	
17	Sun	**7:32**	8.9	**7:49**	10.4	**1:26**	0.8	**1:34**	1.4	5:09	8:15	
18	Mon	**8:34**	9.1	**8:46**	10.9	**2:25**	0.3	**2:31**	1.2	5:10	8:15	
19	Tue	**9:35**	9.4	**9:43**	11.4	**3:23**	-0.2	**3:28**	0.9	5:11	8:14	
20	Wed	**10:32**	9.8	**10:39**	11.9	**4:19**	-0.8	**4:24**	0.5	5:12	8:13	
21	Thu	**11:27**	10.2	**11:35**	12.3	**5:13**	-1.2	**5:19**	0.1	5:13	8:12	
22	Fri			**12:21**	10.6	**6:06**	-1.6	**6:14**	-0.2	5:14	8:11	
23	Sat	**12:30**	12.4	**1:14**	10.9	**6:58**	-1.7	**7:10**	-0.4	5:15	8:10	
24	Sun	**1:25**	12.4	**2:06**	11.0	**7:50**	-1.6	**8:06**	-0.4	5:16	8:09	
25	Mon	**2:20**	12.0	**3:00**	11.1	**8:42**	-1.4	**9:03**	-0.4	5:17	8:08	
26	Tue	**3:17**	11.5	**3:54**	11.1	**9:34**	-0.9	**10:02**	-0.2	5:18	8:07	
27	Wed	**4:17**	10.8	**4:51**	11.0	**10:28**	-0.3	**11:03**	0.0	5:19	8:06	
28	Thu	**5:19**	10.2	**5:48**	10.8	**11:24**	0.3			5:20	8:05	
29	Fri	**6:22**	9.6	**6:47**	10.6	**12:06**	0.3	**12:22**	0.8	5:21	8:04	
30	Sat	**7:26**	9.2	**7:45**	10.5	**1:09**	0.4	**1:20**	1.2	5:22	8:03	
31	Sun	**8:26**	9.0	**8:41**	10.4	**2:10**	0.5	**2:18**	1.5	5:23	8:01	