US HARBORS www.USHarbors.com

Rockland, ME - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:16	12.0			5:03	0.4	5:49	-1.4	7:11	4:08	
2	Mon	12:02	10.3	12:07	12.1	5:55	0.2	6:39	-1.5	7:11	4:09	
3	Tue	12:53	10.5	1:00	12.0	6:49	0.0	7:30	-1.4	7:11	4:10	
4	Wed	1:46	10.7	1:56	11.7	7:45	0.0	8:22	-1.1	7:11	4:11	
5	Thu	2:40	10.8	2:55	11.2	8:44	0.0	9:16	-0.7	7:11	4:12	
6	Fri	3:38	10.9	3:59	10.6	9:46	0.1	10:13	-0.3	7:11	4:13	
7	Sat	4:37	10.9	5:05	10.1	10:51	0.2	11:11	0.2	7:10	4:14	
8	Sun	5:38	10.9	6:12	9.7	11:57	0.2			7:10	4:15	
9	Mon	6:38	10.9	7:16	9.5	12:11	0.6	1:01	0.1	7:10	4:16	
10	Tue	7:35	10.9	8:16	9.3	1:11	0.9	2:01	0.0	7:10	4:17	
11	Wed	8:30	10.9	9:12	9.3	2:08	1.1	2:57	0.0	7:09	4:18	
12	Thu	9:21	10.9	10:02	9.3	3:01	1.2	3:47	-0.1	7:09	4:20	
13	Fri	10:09	10.8	10:48	9.3	3:50	1.3	4:34	0.0	7:09	4:21	
14	Sat	10:52	10.7	11:31	9.2	4:34	1.4	5:16	0.1	7:08	4:22	
15	Sun	11:32	10.5			5:15	1.4	5:54	0.2	7:08	4:23	
16	Mon	12:10	9.2	12:08	10.4	5:54	1.5	6:30	0.3	7:07	4:24	
17	Tue	12:46	9.1	12:42	10.1	6:31	1.5	7:05	0.5	7:06	4:26	
18	Wed	1:19	9.1	1:16	9.9	7:09	1.6	7:40	0.7	7:06	4:27	
19	Thu	1:52	9.1	1:52	9.6	7:49	1.6	8:16	1.0	7:05	4:28	
20	Fri	2:26	9.1	2:33	9.3	8:32	1.7	8:54	1.2	7:04	4:30	
21	Sat	3:04	9.2	3:18	8.9	9:18	1.7	9:36	1.5	7:04	4:31	
22	Sun	3:47	9.2	4:10	8.7	10:10	1.7	10:23	1.7	7:03	4:32	
23	Mon	4:35	9.4	5:07	8.5	11:05	1.5	11:15	1.9	7:02	4:34	
24	Tue	5:29	9.6	6:10	8.5			12:05	1.3	7:01	4:35	
25	Wed	6:26	9.9	7:15	8.6	12:11	1.9	1:04	0.8	7:00	4:36	
26	Thu	7:24	10.4	8:16	9.0	1:09	1.7	2:02	0.3	6:59	4:38	
27	Fri	8:22	10.9	9:12	9.4	2:06	1.3	2:58	-0.3	6:59	4:39	
28	Sat	9:17	11.5	10:04	10.0	3:01	0.9	3:50	-0.9	6:58	4:40	
29	Sun	10:10	12.0	10:54	10.5	3:55	0.3	4:41	-1.3	6:57	4:42	
30	Mon	11:03	12.4	11:44	10.9	4:48	-0.2	5:30	-1.7	6:55	4:43	
31	Tue	11:55	12.4			5:41	-0.5	6:19	-1.7	6:54	4:44	