US HARBORS www.USHarbors.com

Rockland, ME - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**11:40**	12.3			**5:26**	-1.2	**5:56**	-1.6	6:13	5:24	
2	Thu	**12:10**	11.9	**12:32**	12.1	**6:18**	-1.4	**6:44**	-1.3	6:11	5:25	
3	Fri	**12:58**	12.0	**1:25**	11.5	**7:11**	-1.3	**7:32**	-0.8	6:09	5:27	
4	Sat	**1:48**	11.8	**2:21**	10.8	**8:05**	-1.0	**8:23**	-0.1	6:07	5:28	
5	Sun	**2:41**	11.4	**3:20**	10.1	**9:02**	-0.5	**9:18**	0.6	6:06	5:29	
6	Mon	**3:38**	10.9	**4:23**	9.4	**10:03**	0.0	**10:17**	1.2	6:04	5:30	
7	Tue	**4:40**	10.4	**5:29**	9.0	**11:08**	0.4	**11:20**	1.7	6:02	5:32	
8	Wed	**5:46**	10.1	**6:33**	8.8			**12:13**	0.7	6:00	5:33	
9	Thu	**6:49**	9.9	**7:33**	8.8	**12:26**	1.9	**1:16**	0.8	5:59	5:34	
10	Fri	**7:47**	9.9	**8:27**	8.9	**1:27**	1.9	**2:12**	0.8	5:57	5:36	
11	Sat	**8:39**	10.0	**9:14**	9.1	**2:22**	1.7	**3:01**	0.7	5:55	5:37	
12	Sun	**9:26**	10.1	**9:57**	9.3	**3:10**	1.5	**3:44**	0.6	5:53	5:38	
13	Mon	**10:08**	10.2	**10:35**	9.5	**3:52**	1.3	**4:21**	0.6	5:51	5:39	
14	Tue	**10:45**	10.1	**11:08**	9.6	**4:30**	1.1	**4:55**	0.6	5:50	5:41	
15	Wed	**11:19**	10.0	**11:38**	9.7	**5:06**	0.9	**5:26**	0.7	5:48	5:42	
16	Thu	**11:50**	9.9			**5:40**	0.8	**5:57**	0.8	5:46	5:43	
17	Fri	**12:04**	9.8	**12:21**	9.7	**6:14**	0.7	**6:28**	1.0	5:44	5:44	
18	Sat	**12:32**	9.9	**12:54**	9.5	**6:50**	0.7	**7:01**	1.2	5:42	5:46	
19	Sun	**1:04**	9.9	**1:32**	9.3	**7:28**	0.7	**7:38**	1.4	5:41	5:47	
20	Mon	**1:43**	9.9	**2:16**	9.0	**8:11**	0.7	**8:20**	1.7	5:39	5:48	
21	Tue	**2:28**	9.9	**3:07**	8.8	**9:01**	0.8	**9:10**	1.9	5:37	5:49	
22	Wed	**3:20**	9.9	**4:06**	8.6	**9:58**	0.9	**10:08**	1.9	5:35	5:50	
23	Thu	**4:19**	9.9	**5:13**	8.6	**11:02**	0.8	**11:13**	1.8	5:33	5:52	
24	Fri	**5:26**	10.1	**6:24**	9.0			**12:08**	0.5	5:31	5:53	
25	Sat	**6:36**	10.5	**7:29**	9.5	**12:21**	1.5	**1:11**	0.1	5:30	5:54	
26	Sun	**7:43**	11.0	**8:27**	10.2	**1:26**	0.9	**2:10**	-0.5	5:28	5:55	
27	Mon	**8:44**	11.5	**9:20**	11.0	**2:27**	0.2	**3:04**	-0.9	5:26	5:57	
28	Tue	**9:40**	11.8	**10:10**	11.6	**3:24**	-0.6	**3:54**	-1.2	5:24	5:58	
29	Wed	**10:33**	12.0	**10:58**	12.0	**4:17**	-1.2	**4:43**	-1.3	5:22	5:59	
30	Thu	**11:25**	11.9	**11:45**	12.2	**5:09**	-1.5	**5:31**	-1.1	5:20	6:00	
31	Fri			**12:16**	11.5	**6:01**	-1.6	**6:18**	-0.7	5:19	6:01	