US HARBORS www.USHarbors.com

Rockland, ME - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**3:22**	9.7	**4:06**	9.0	**9:47**	0.8	**10:00**	1.9	4:57	8:23	
2	Sun	**4:06**	9.3	**4:48**	9.0	**10:29**	1.1	**10:49**	1.9	4:57	8:23	
3	Mon	**4:54**	9.0	**5:32**	9.0	**11:12**	1.4	**11:42**	1.9	4:58	8:23	
4	Tue	**5:46**	8.7	**6:18**	9.2	**11:58**	1.6			4:58	8:22	
5	Wed	**6:42**	8.5	**7:05**	9.4	**12:36**	1.7	**12:47**	1.8	4:59	8:22	
6	Thu	**7:39**	8.5	**7:54**	9.6	**1:30**	1.5	**1:36**	1.8	5:00	8:22	
7	Fri	**8:35**	8.5	**8:42**	10.0	**2:23**	1.1	**2:26**	1.8	5:00	8:21	
8	Sat	**9:27**	8.7	**9:30**	10.4	**3:14**	0.7	**3:15**	1.7	5:01	8:21	
9	Sun	**10:17**	9.0	**10:17**	10.8	**4:04**	0.3	**4:04**	1.4	5:02	8:20	
10	Mon	**11:05**	9.3	**11:05**	11.2	**4:52**	-0.2	**4:52**	1.1	5:03	8:20	
11	Tue	**11:52**	9.6	**11:53**	11.6	**5:39**	-0.6	**5:41**	0.8	5:03	8:19	
12	Wed			**12:39**	10.0	**6:27**	-0.9	**6:31**	0.5	5:04	8:19	
13	Thu	**12:42**	11.8	**1:27**	10.3	**7:14**	-1.1	**7:22**	0.2	5:05	8:18	
14	Fri	**1:33**	11.8	**2:17**	10.6	**8:03**	-1.2	**8:16**	0.1	5:06	8:18	
15	Sat	**2:27**	11.6	**3:08**	10.8	**8:53**	-1.1	**9:13**	0.0	5:07	8:17	
16	Sun	**3:23**	11.3	**4:03**	10.9	**9:44**	-0.8	**10:12**	0.0	5:08	8:16	
17	Mon	**4:23**	10.8	**5:00**	11.0	**10:39**	-0.4	**11:15**	0.0	5:09	8:16	
18	Tue	**5:28**	10.3	**5:59**	11.0	**11:35**	0.0			5:10	8:15	
19	Wed	**6:35**	9.8	**7:01**	11.0	**12:20**	0.0	**12:35**	0.5	5:10	8:14	
20	Thu	**7:42**	9.6	**8:01**	11.1	**1:25**	-0.1	**1:36**	0.8	5:11	8:13	
21	Fri	**8:45**	9.4	**9:00**	11.1	**2:28**	-0.1	**2:36**	1.0	5:12	8:12	
22	Sat	**9:43**	9.4	**9:55**	11.1	**3:27**	-0.2	**3:33**	1.1	5:13	8:11	
23	Sun	**10:37**	9.4	**10:46**	11.0	**4:22**	-0.2	**4:26**	1.1	5:14	8:10	
24	Mon	**11:27**	9.4	**11:33**	10.9	**5:12**	-0.2	**5:15**	1.2	5:15	8:09	
25	Tue			**12:12**	9.4	**5:57**	-0.1	**5:59**	1.2	5:16	8:08	
26	Wed	**12:16**	10.8	**12:54**	9.4	**6:39**	0.0	**6:40**	1.3	5:17	8:07	
27	Thu	**12:56**	10.5	**1:33**	9.3	**7:17**	0.2	**7:20**	1.3	5:19	8:06	
28	Fri	**1:33**	10.3	**2:08**	9.3	**7:53**	0.4	**7:59**	1.4	5:20	8:05	
29	Sat	**2:08**	10.0	**2:42**	9.2	**8:28**	0.6	**8:38**	1.5	5:21	8:04	
30	Sun	**2:44**	9.6	**3:15**	9.2	**9:04**	0.9	**9:20**	1.6	5:22	8:03	
31	Mon	**3:23**	9.3	**3:51**	9.2	**9:41**	1.2	**10:05**	1.6	5:23	8:02	