

































Rockland, ME - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:22	9.7	4:06	9.0	9:47	0.8	10:00	1.9	4:57	8:23	
2	Sun	4:06	9.3	4:48	9.0	10:29	1.1	10:49	1.9	4:57	8:23	
3	Mon	4:54	9.0	5:32	9.0	11:12	1.4	11:42	1.9	4:58	8:23	
4	Tue	5:46	8.7	6:18	9.2	11:58	1.6			4:58	8:22	
5	Wed	6:42	8.5	7:05	9.4	12:36	1.7	12:47	1.8	4:59	8:22	
6	Thu	7:39	8.5	7:54	9.6	1:30	1.5	1:36	1.8	5:00	8:22	
7	Fri	8:35	8.5	8:42	10.0	2:23	1.1	2:26	1.8	5:00	8:21	
8	Sat	9:27	8.7	9:30	10.4	3:14	0.7	3:15	1.7	5:01	8:21	
9	Sun	10:17	9.0	10:17	10.8	4:04	0.3	4:04	1.4	5:02	8:20	
10	Mon	11:05	9.3	11:05	11.2	4:52	-0.2	4:52	1.1	5:03	8:20	
11	Tue	11:52	9.6	11:53	11.6	5:39	-0.6	5:41	0.8	5:03	8:19	
12	Wed			12:39	10.0	6:27	-0.9	6:31	0.5	5:04	8:19	
13	Thu	12:42	11.8	1:27	10.3	7:14	-1.1	7:22	0.2	5:05	8:18	
14	Fri	1:33	11.8	2:17	10.6	8:03	-1.2	8:16	0.1	5:06	8:18	
15	Sat	2:27	11.6	3:08	10.8	8:53	-1.1	9:13	0.0	5:07	8:17	
16	Sun	3:23	11.3	4:03	10.9	9:44	-0.8	10:12	0.0	5:08	8:16	
17	Mon	4:23	10.8	5:00	11.0	10:39	-0.4	11:15	0.0	5:09	8:16	
18	Tue	5:28	10.3	5:59	11.0	11:35	0.0			5:10	8:15	
19	Wed	6:35	9.8	7:01	11.0	12:20	0.0	12:35	0.5	5:10	8:14	
20	Thu	7:42	9.6	8:01	11.1	1:25	-0.1	1:36	0.8	5:11	8:13	
21	Fri	8:45	9.4	9:00	11.1	2:28	-0.1	2:36	1.0	5:12	8:12	
22	Sat	9:43	9.4	9:55	11.1	3:27	-0.2	3:33	1.1	5:13	8:11	
23	Sun	10:37	9.4	10:46	11.0	4:22	-0.2	4:26	1.1	5:14	8:10	
24	Mon	11:27	9.4	11:33	10.9	5:12	-0.2	5:15	1.2	5:15	8:09	
25	Tue			12:12	9.4	5:57	-0.1	5:59	1.2	5:16	8:08	
26	Wed	12:16	10.8	12:54	9.4	6:39	0.0	6:40	1.3	5:17	8:07	
27	Thu	12:56	10.5	1:33	9.3	7:17	0.2	7:20	1.3	5:19	8:06	
28	Fri	1:33	10.3	2:08	9.3	7:53	0.4	7:59	1.4	5:20	8:05	
29	Sat	2:08	10.0	2:42	9.2	8:28	0.6	8:38	1.5	5:21	8:04	
30	Sun	2:44	9.6	3:15	9.2	9:04	0.9	9:20	1.6	5:22	8:03	
31	Mon	3:23	9.3	3:51	9.2	9:41	1.2	10:05	1.6	5:23	8:02	