US HARBORS www.USHarbors.com

Rockland, ME - Nov 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:34	9.9	6:52	10.5	12:14	0.2	12:39	0.8	6:13	4:26	
2	Thu	7:31	10.6	7:54	10.8	1:12	-0.2	1:40	0.0	6:14	4:25	
3	Fri	8:24	11.3	8:52	11.1	2:06	-0.5	2:38	-0.7	6:15	4:24	
4	Sat	9:14	11.9	9:47	11.2	2:58	-0.6	3:32	-1.3	6:17	4:22	
5	Sun	10:03	12.3	10:40	11.2	3:48	-0.7	4:25	-1.7	6:18	4:21	
6	Mon	10:52	12.4	11:33	11.0	4:37	-0.5	5:16	-1.8	6:19	4:20	
7	Tue	11:41	12.3			5:27	-0.2	6:08	-1.6	6:21	4:19	
8	Wed	12:25	10.6	12:31	11.9	6:17	0.2	7:00	-1.3	6:22	4:17	
9	Thu	1:19	10.2	1:23	11.4	7:08	0.7	7:53	-0.7	6:23	4:16	
10	Fri	2:14	9.7	2:18	10.8	8:02	1.1	8:48	-0.2	6:25	4:15	
11	Sat	3:11	9.3	3:17	10.2	8:59	1.6	9:45	0.3	6:26	4:14	
12	Sun	4:10	9.0	4:18	9.8	10:00	1.9	10:43	0.7	6:27	4:13	
13	Mon	5:08	9.0	5:19	9.5	11:02	2.0	11:39	1.0	6:29	4:12	
14	Tue	6:03	9.0	6:17	9.3			12:02	1.9	6:30	4:11	
15	Wed	6:54	9.2	7:11	9.2	12:31	1.1	12:57	1.7	6:31	4:10	
16	Thu	7:41	9.5	8:01	9.2	1:19	1.2	1:47	1.4	6:33	4:09	
17	Fri	8:23	9.7	8:47	9.2	2:03	1.2	2:33	1.1	6:34	4:08	
18	Sat	9:02	9.9	9:29	9.2	2:43	1.3	3:15	0.7	6:35	4:07	
19	Sun	9:37	10.1	10:09	9.2	3:21	1.3	3:54	0.5	6:36	4:06	
20	Mon	10:09	10.3	10:46	9.2	3:58	1.4	4:32	0.3	6:38	4:05	
21	Tue	10:41	10.4	11:21	9.2	4:33	1.4	5:10	0.2	6:39	4:05	
22	Wed	11:15	10.5	11:58	9.1	5:10	1.5	5:48	0.1	6:40	4:04	
23	Thu	11:53	10.5			5:48	1.6	6:29	0.1	6:41	4:03	
24	Fri	12:38	9.1	12:36	10.5	6:30	1.6	7:13	0.1	6:43	4:03	
25	Sat	1:22	9.1	1:23	10.5	7:16	1.6	8:01	0.1	6:44	4:02	
26	Sun	2:12	9.1	2:15	10.4	8:08	1.6	8:54	0.1	6:45	4:01	
27	Mon	3:07	9.2	3:14	10.3	9:07	1.5	9:50	0.1	6:46	4:01	
28	Tue	4:07	9.5	4:17	10.2	10:10	1.3	10:48	0.1	6:48	4:00	
29	Wed	5:08	9.9	5:25	10.2	11:16	0.9	11:47	0.1	6:49	4:00	
30	Thu	6:09	10.4	6:33	10.2			12:22	0.4	6:50	3:59	