US HARBORS www.USHarbors.com

Rockland, ME - Dec 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:06	11.0	7:38	10.3	12:44	0.0	1:24	-0.2	6:51	3:59	
2	Sat	8:02	11.5	8:38	10.4	1:41	0.0	2:23	-0.8	6:52	3:59	
3	Sun	8:54	11.9	9:35	10.5	2:35	-0.1	3:19	-1.2	6:53	3:58	
4	Mon	9:46	12.1	10:29	10.5	3:28	0.0	4:12	-1.5	6:54	3:58	
5	Tue	10:36	12.1	11:21	10.4	4:19	0.1	5:03	-1.5	6:55	3:58	
6	Wed	11:25	12.0			5:09	0.3	5:53	-1.3	6:56	3:58	
7	Thu	12:11	10.1	12:14	11.6	5:59	0.6	6:43	-0.9	6:57	3:58	
8	Fri	1:01	9.8	1:03	11.2	6:48	0.9	7:31	-0.5	6:58	3:58	
9	Sat	1:51	9.5	1:53	10.6	7:38	1.3	8:20	0.0	6:59	3:58	
10	Sun	2:42	9.3	2:43	10.1	8:29	1.6	9:09	0.4	7:00	3:58	
11	Mon	3:33	9.1	3:36	9.6	9:23	1.8	9:58	0.8	7:01	3:58	
12	Tue	4:24	9.0	4:31	9.2	10:18	2.0	10:48	1.2	7:02	3:58	
13	Wed	5:15	9.0	5:28	8.9	11:15	2.0	11:37	1.4	7:02	3:58	
14	Thu	6:04	9.2	6:24	8.7			12:11	1.8	7:03	3:58	
15	Fri	6:52	9.3	7:18	8.7	12:26	1.6	1:04	1.5	7:04	3:58	
16	Sat	7:36	9.6	8:08	8.7	1:13	1.7	1:53	1.2	7:05	3:58	
17	Sun	8:19	9.8	8:55	8.8	1:58	1.7	2:40	0.9	7:05	3:59	
18	Mon	8:58	10.1	9:39	8.9	2:42	1.7	3:24	0.6	7:06	3:59	
19	Tue	9:37	10.3	10:20	9.0	3:24	1.6	4:06	0.3	7:07	3:59	
20	Wed	10:15	10.6	11:00	9.1	4:05	1.5	4:47	0.0	7:07	4:00	
21	Thu	10:55	10.8	11:40	9.3	4:46	1.4	5:29	-0.2	7:08	4:00	
22	Fri	11:37	11.0			5:29	1.2	6:12	-0.4	7:08	4:01	
23	Sat	12:22	9.4	12:22	11.1	6:14	1.1	6:57	-0.5	7:09	4:01	
24	Sun	1:07	9.6	1:10	11.1	7:02	1.0	7:44	-0.5	7:09	4:02	
25	Mon	1:56	9.8	2:02	10.9	7:55	0.9	8:33	-0.4	7:09	4:03	
26	Tue	2:48	10.0	2:59	10.6	8:52	0.8	9:26	-0.3	7:10	4:03	
27	Wed	3:44	10.3	4:01	10.3	9:54	0.6	10:22	0.0	7:10	4:04	
28	Thu	4:43	10.6	5:08	10.0	10:59	0.4	11:20	0.2	7:10	4:05	
29	Fri	5:43	10.8	6:18	9.8			12:04	0.1	7:11	4:05	
30	Sat	6:44	11.1	7:25	9.8	12:20	0.4	1:09	-0.2	7:11	4:06	
31	Sun	7:43	11.4	8:25	9.8	1:20	0.5	2:10	-0.6	7:11	4:07	