US HARBORS www.USHarbors.com

Rockland, ME - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**8:38**	11.5	**9:23**	9.8	**2:15**	0.6	**3:06**	-0.7	7:11	4:08	
2	Tue	**9:33**	11.6	**10:17**	9.9	**3:12**	0.6	**4:00**	-0.9	7:11	4:09	
3	Wed	**10:24**	11.6	**11:07**	9.9	**4:05**	0.7	**4:51**	-0.9	7:11	4:10	
4	Thu	**11:13**	11.5	**11:55**	9.8	**4:55**	0.7	**5:38**	-0.7	7:11	4:11	
5	Fri	**11:59**	11.2			**5:43**	0.8	**6:23**	-0.5	7:11	4:12	
6	Sat	**12:41**	9.7	**12:43**	10.9	**6:28**	1.0	**7:06**	-0.2	7:11	4:13	
7	Sun	**1:24**	9.6	**1:26**	10.4	**7:13**	1.2	**7:47**	0.2	7:11	4:14	
8	Mon	**2:06**	9.4	**2:08**	9.9	**7:58**	1.4	**8:28**	0.6	7:10	4:15	
9	Tue	**2:48**	9.3	**2:52**	9.5	**8:44**	1.6	**9:10**	1.0	7:10	4:16	
10	Wed	**3:30**	9.2	**3:39**	9.0	**9:32**	1.7	**9:53**	1.4	7:10	4:17	
11	Thu	**4:14**	9.1	**4:32**	8.6	**10:24**	1.8	**10:39**	1.7	7:09	4:18	
12	Fri	**5:01**	9.2	**5:29**	8.4	**11:19**	1.8	**11:29**	2.0	7:09	4:19	
13	Sat	**5:51**	9.2	**6:29**	8.3			**12:16**	1.6	7:09	4:21	
14	Sun	**6:42**	9.4	**7:27**	8.3	**12:21**	2.1	**1:11**	1.4	7:08	4:22	
15	Mon	**7:33**	9.7	**8:20**	8.5	**1:13**	2.1	**2:03**	1.0	7:08	4:23	
16	Tue	**8:21**	10.1	**9:08**	8.7	**2:03**	1.9	**2:52**	0.6	7:07	4:24	
17	Wed	**9:07**	10.5	**9:53**	9.1	**2:51**	1.7	**3:39**	0.2	7:07	4:25	
18	Thu	**9:51**	10.9	**10:35**	9.4	**3:38**	1.3	**4:23**	-0.3	7:06	4:27	
19	Fri	**10:35**	11.3	**11:17**	9.8	**4:23**	0.9	**5:06**	-0.7	7:05	4:28	
20	Sat	**11:20**	11.6			**5:09**	0.6	**5:49**	-0.9	7:05	4:29	
21	Sun	**12:00**	10.2	**12:06**	11.7	**5:56**	0.2	**6:33**	-1.1	7:04	4:31	
22	Mon	**12:44**	10.6	**12:54**	11.6	**6:46**	0.0	**7:19**	-1.0	7:03	4:32	
23	Tue	**1:31**	10.8	**1:46**	11.3	**7:38**	-0.1	**8:07**	-0.8	7:02	4:33	
24	Wed	**2:21**	11.0	**2:41**	10.8	**8:33**	-0.2	**8:58**	-0.4	7:01	4:35	
25	Thu	**3:15**	11.0	**3:42**	10.3	**9:33**	-0.1	**9:53**	0.1	7:01	4:36	
26	Fri	**4:13**	11.0	**4:50**	9.8	**10:37**	0.0	**10:53**	0.5	7:00	4:37	
27	Sat	**5:17**	11.0	**6:01**	9.4	**11:44**	0.0	**11:57**	0.9	6:59	4:39	
28	Sun	**6:23**	10.9	**7:11**	9.3			**12:52**	0.0	6:58	4:40	
29	Mon	**7:28**	11.0	**8:14**	9.4	**1:02**	1.1	**1:57**	-0.1	6:57	4:41	
30	Tue	**8:28**	11.1	**9:12**	9.5	**2:04**	1.1	**2:56**	-0.3	6:56	4:43	
31	Wed	**9:23**	11.2	**10:04**	9.7	**3:02**	1.0	**3:49**	-0.4	6:55	4:44	