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# Rockland, ME - Jul 2007

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | | | 12:29 | 9.1 | 6:16 | 0.1 | 6:14 | 1.5 | 4:56 | 8:23 | |
| 2 | Mon | 12:23 | 10.7 | 1:07 | 9.3 | 6:56 | -0.1 | 6:56 | 1.3 | 4:57 | 8:23 | |
| 3 | Tue | 1:04 | 10.8 | 1:47 | 9.5 | 7:37 | -0.2 | 7:41 | 1.1 | 4:58 | 8:23 | |
| 4 | Wed | 1:48 | 10.9 | 2:30 | 9.8 | 8:20 | -0.3 | 8:29 | 0.9 | 4:58 | 8:22 | |
| 5 | Thu | 2:35 | 10.8 | 3:16 | 10.0 | 9:05 | -0.3 | 9:21 | 0.8 | 4:59 | 8:22 | |
| 6 | Fri | 3:27 | 10.6 | 4:06 | 10.3 | 9:52 | -0.2 | 10:18 | 0.6 | 4:59 | 8:22 | |
| 7 | Sat | 4:23 | 10.3 | 5:00 | 10.6 | 10:44 | 0.0 | 11:18 | 0.4 | 5:00 | 8:21 | |
| 8 | Sun | 5:24 | 10.0 | 5:58 | 10.8 | 11:39 | 0.2 | | | 5:01 | 8:21 | |
| 9 | Mon | 6:31 | 9.8 | 6:59 | 11.1 | 12:22 | 0.2 | 12:37 | 0.4 | 5:02 | 8:21 | |
| 10 | Tue | 7:40 | 9.7 | 8:01 | 11.3 | 1:27 | -0.1 | 1:38 | 0.6 | 5:02 | 8:20 | |
| 11 | Wed | 8:47 | 9.7 | 9:02 | 11.5 | 2:31 | -0.4 | 2:39 | 0.6 | 5:03 | 8:20 | |
| 12 | Thu | 9:49 | 9.8 | 10:00 | 11.7 | 3:32 | -0.7 | 3:38 | 0.6 | 5:04 | 8:19 | |
| 13 | Fri | 10:47 | 9.9 | 10:56 | 11.8 | 4:30 | -0.9 | 4:35 | 0.5 | 5:05 | 8:18 | |
| 14 | Sat | 11:41 | 10.0 | 11:48 | 11.8 | 5:24 | -1.0 | 5:29 | 0.5 | 5:06 | 8:18 | |
| 15 | Sun | | | 12:31 | 10.0 | 6:14 | -1.0 | 6:20 | 0.5 | 5:07 | 8:17 | |
| 16 | Mon | 12:38 | 11.6 | 1:19 | 10.0 | 7:02 | -0.8 | 7:09 | 0.6 | 5:07 | 8:16 | |
| 17 | Tue | 1:26 | 11.2 | 2:05 | 9.9 | 7:48 | -0.5 | 7:56 | 0.8 | 5:08 | 8:16 | |
| 18 | Wed | 2:11 | 10.8 | 2:49 | 9.8 | 8:31 | -0.1 | 8:43 | 1.0 | 5:09 | 8:15 | |
| 19 | Thu | 2:56 | 10.3 | 3:33 | 9.6 | 9:13 | 0.3 | 9:30 | 1.2 | 5:10 | 8:14 | |
| 20 | Fri | 3:42 | 9.7 | 4:16 | 9.5 | 9:55 | 0.8 | 10:19 | 1.4 | 5:11 | 8:13 | |
| 21 | Sat | 4:29 | 9.2 | 5:00 | 9.4 | 10:39 | 1.2 | 11:10 | 1.6 | 5:12 | 8:12 | |
| 22 | Sun | 5:21 | 8.8 | 5:47 | 9.3 | 11:24 | 1.6 | | | 5:13 | 8:12 | |
| 23 | Mon | 6:16 | 8.4 | 6:37 | 9.3 | 12:04 | 1.6 | 12:13 | 1.9 | 5:14 | 8:11 | |
| 24 | Tue | 7:15 | 8.3 | 7:29 | 9.4 | 12:59 | 1.6 | 1:05 | 2.1 | 5:15 | 8:10 | |
| 25 | Wed | 8:12 | 8.2 | 8:20 | 9.5 | 1:55 | 1.4 | 1:58 | 2.2 | 5:16 | 8:09 | |
| 26 | Thu | 9:06 | 8.3 | 9:09 | 9.8 | 2:48 | 1.2 | 2:49 | 2.1 | 5:17 | 8:08 | |
| 27 | Fri | 9:55 | 8.6 | 9:55 | 10.1 | 3:38 | 0.9 | 3:37 | 1.9 | 5:18 | 8:07 | |
| 28 | Sat | 10:40 | 8.8 | 10:38 | 10.5 | 4:24 | 0.5 | 4:23 | 1.6 | 5:19 | 8:05 | |
| 29 | Sun | 11:21 | 9.2 | 11:20 | 10.8 | 5:07 | 0.2 | 5:07 | 1.2 | 5:20 | 8:04 | |
| 30 | Mon | | | 12:01 | 9.5 | 5:49 | -0.2 | 5:51 | 0.9 | 5:21 | 8:03 | |
| 31 | Tue | 12:02 | 11.1 | 12:40 | 9.9 | 6:30 | -0.5 | 6:36 | 0.5 | 5:23 | 8:02 | |