US HARBORS www.USHarbors.com

Rockland, ME - Aug 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:45	11.3	1:21	10.3	7:11	-0.7	7:22	0.2	5:24	8:01	
2	Thu	1:30	11.3	2:04	10.6	7:54	-0.7	8:11	0.0	5:25	8:00	
3	Fri	2:18	11.1	2:50	10.9	8:39	-0.6	9:04	-0.1	5:26	7:58	
4	Sat	3:11	10.8	3:41	11.0	9:27	-0.3	10:00	-0.1	5:27	7:57	
5	Sun	4:08	10.3	4:36	11.0	10:20	0.1	11:01	-0.1	5:28	7:56	
6	Mon	5:11	9.9	5:36	11.0	11:17	0.5			5:29	7:54	
7	Tue	6:21	9.5	6:42	11.0	12:06	-0.1	12:19	0.8	5:30	7:53	
8	Wed	7:32	9.4	7:50	11.1	1:14	-0.1	1:24	1.0	5:31	7:52	
9	Thu	8:39	9.4	8:54	11.2	2:20	-0.2	2:29	1.0	5:33	7:50	
10	Fri	9:40	9.6	9:53	11.3	3:22	-0.4	3:30	0.8	5:34	7:49	
11	Sat	10:35	9.8	10:47	11.4	4:19	-0.5	4:27	0.7	5:35	7:47	
12	Sun	11:25	10.0	11:36	11.3	5:10	-0.6	5:18	0.6	5:36	7:46	
13	Mon			12:12	10.1	5:57	-0.5	6:05	0.5	5:37	7:44	
14	Tue	12:22	11.1	12:55	10.1	6:39	-0.4	6:49	0.6	5:38	7:43	
15	Wed	1:04	10.8	1:34	10.0	7:19	-0.1	7:31	0.7	5:39	7:41	
16	Thu	1:45	10.4	2:12	9.9	7:56	0.3	8:12	0.9	5:41	7:40	
17	Fri	2:23	9.9	2:47	9.7	8:33	0.7	8:53	1.0	5:42	7:38	
18	Sat	3:02	9.5	3:23	9.5	9:10	1.1	9:36	1.3	5:43	7:37	
19	Sun	3:44	9.0	4:01	9.3	9:50	1.6	10:23	1.4	5:44	7:35	
20	Mon	4:31	8.6	4:46	9.2	10:34	2.0	11:15	1.6	5:45	7:34	
21	Tue	5:25	8.3	5:38	9.1	11:24	2.2			5:46	7:32	
22	Wed	6:26	8.1	6:35	9.2	12:12	1.7	12:19	2.4	5:47	7:30	
23	Thu	7:30	8.1	7:35	9.4	1:12	1.6	1:17	2.4	5:49	7:29	
24	Fri	8:28	8.3	8:31	9.7	2:09	1.3	2:13	2.1	5:50	7:27	
25	Sat	9:19	8.6	9:22	10.2	3:02	0.9	3:05	1.7	5:51	7:25	
26	Sun	10:05	9.1	10:09	10.7	3:51	0.4	3:54	1.2	5:52	7:24	
27	Mon	10:48	9.7	10:54	11.1	4:35	0.0	4:41	0.7	5:53	7:22	
28	Tue	11:29	10.2	11:39	11.4	5:18	-0.5	5:28	0.1	5:54	7:20	
29	Wed			12:10	10.8	6:00	-0.8	6:14	-0.4	5:55	7:18	
30	Thu	12:25	11.6	12:52	11.2	6:43	-0.9	7:02	-0.7	5:57	7:17	
31	Fri	1:12	11.5	1:37	11.5	7:27	-0.8	7:53	-0.9	5:58	7:15	