US HARBORS www.USHarbors.com

Rockland, ME - Nov 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:37	9.7	4:49	10.8	10:29	1.1	11:17	-0.2	7:12	5:27	
2	Fri	5:42	9.6	5:57	10.4	11:37	1.3			7:14	5:25	
3	Sat	6:45	9.6	7:02	10.1	12:21	0.2	12:44	1.3	7:15	5:24	
4	Sun	6:43	9.7	7:02	9.9	1:21	0.4	12:47	1.2	6:16	4:23	
5	Mon	7:36	9.9	7:56	9.8	1:16	0.5	1:43	1.0	6:18	4:21	
6	Tue	8:23	10.1	8:46	9.7	2:05	0.7	2:34	0.7	6:19	4:20	
7	Wed	9:06	10.2	9:31	9.6	2:49	0.8	3:18	0.5	6:20	4:19	
8	Thu	9:45	10.3	10:13	9.5	3:29	1.0	3:59	0.4	6:22	4:18	
9	Fri	10:21	10.3	10:52	9.3	4:06	1.2	4:37	0.4	6:23	4:16	
10	Sat	10:53	10.2	11:29	9.2	4:41	1.4	5:13	0.4	6:24	4:15	
11	Sun	11:23	10.1			5:14	1.6	5:48	0.4	6:26	4:14	
12	Mon	12:03	9.0	11:54 AM	10.0	5:49	1.8	6:25	0.5	6:27	4:13	
13	Tue	12:36	8.8	12:28	9.9	6:25	1.9	7:03	0.6	6:28	4:12	
14	Wed	1:13	8.7	1:07	9.8	7:04	2.1	7:45	0.8	6:30	4:11	
15	Thu	1:54	8.6	1:52	9.7	7:47	2.2	8:31	0.8	6:31	4:10	
16	Fri	2:40	8.5	2:41	9.7	8:37	2.2	9:20	0.9	6:32	4:09	
17	Sat	3:32	8.7	3:36	9.6	9:32	2.1	10:14	0.8	6:34	4:08	
18	Sun	4:28	9.0	4:36	9.7	10:32	1.8	11:08	0.7	6:35	4:07	
19	Mon	5:25	9.4	5:40	9.8	11:34	1.4			6:36	4:06	
20	Tue	6:21	10.0	6:43	10.0	12:03	0.5	12:35	0.7	6:37	4:06	
21	Wed	7:15	10.7	7:44	10.3	12:58	0.2	1:34	-0.1	6:39	4:05	
22	Thu	8:07	11.4	8:43	10.6	1:51	0.0	2:30	-0.8	6:40	4:04	
23	Fri	8:58	12.0	9:39	10.8	2:43	-0.2	3:25	-1.4	6:41	4:03	
24	Sat	9:50	12.4	10:34	10.8	3:35	-0.3	4:19	-1.8	6:42	4:03	
25	Sun	10:42	12.6	11:28	10.8	4:27	-0.3	5:12	-2.0	6:44	4:02	
26	Mon	11:35	12.6			5:20	-0.2	6:06	-1.9	6:45	4:01	
27	Tue	12:23	10.6	12:29	12.3	6:14	0.0	7:00	-1.6	6:46	4:01	
28	Wed	1:19	10.4	1:25	11.8	7:09	0.4	7:56	-1.1	6:47	4:00	
29	Thu	2:16	10.1	2:24	11.2	8:07	0.7	8:52	-0.6	6:48	4:00	
30	Fri	3:15	9.9	3:25	10.6	9:08	1.0	9:50	-0.1	6:50	4:00	