US HARBORS www.USHarbors.com

Rockland, ME - Dec 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:14	9.7	4:28	10.1	10:11	1.3	10:47	0.4	6:51	3:59	
2	Sun	5:12	9.7	5:29	9.7	11:14	1.4	11:42	0.7	6:52	3:59	
3	Mon	6:07	9.7	6:28	9.4			12:15	1.3	6:53	3:58	
4	Tue	6:59	9.8	7:24	9.2	12:35	1.0	1:11	1.2	6:54	3:58	
5	Wed	7:47	9.9	8:15	9.1	1:25	1.2	2:02	1.0	6:55	3:58	
6	Thu	8:31	10.0	9:03	9.0	2:11	1.4	2:49	0.8	6:56	3:58	
7	Fri	9:12	10.1	9:47	9.0	2:53	1.5	3:32	0.6	6:57	3:58	
8	Sat	9:50	10.2	10:28	9.0	3:33	1.6	4:12	0.5	6:58	3:58	
9	Sun	10:26	10.2	11:07	8.9	4:12	1.7	4:50	0.4	6:59	3:58	
10	Mon	10:59	10.2	11:43	8.9	4:48	1.7	5:28	0.4	7:00	3:58	
11	Tue	11:32	10.2			5:25	1.8	6:05	0.3	7:01	3:58	
12	Wed	12:18	8.9	12:08	10.2	6:03	1.8	6:43	0.3	7:01	3:58	
13	Thu	12:53	8.9	12:47	10.2	6:42	1.8	7:23	0.3	7:02	3:58	
14	Fri	1:32	9.0	1:30	10.2	7:26	1.7	8:05	0.3	7:03	3:58	
15	Sat	2:15	9.1	2:18	10.1	8:14	1.7	8:51	0.4	7:04	3:58	
16	Sun	3:02	9.3	3:10	10.0	9:07	1.5	9:40	0.4	7:05	3:58	
17	Mon	3:54	9.7	4:08	9.8	10:05	1.2	10:33	0.4	7:05	3:59	
18	Tue	4:49	10.1	5:11	9.7	11:07	0.9	11:28	0.5	7:06	3:59	
19	Wed	5:46	10.5	6:18	9.8			12:10	0.4	7:06	3:59	
20	Thu	6:45	11.0	7:24	9.9	12:26	0.4	1:12	-0.2	7:07	4:00	
21	Fri	7:43	11.5	8:27	10.1	1:24	0.4	2:13	-0.8	7:08	4:00	
22	Sat	8:40	12.0	9:27	10.3	2:21	0.2	3:11	-1.3	7:08	4:01	
23	Sun	9:36	12.3	10:23	10.4	3:17	0.1	4:06	-1.6	7:09	4:01	
24	Mon	10:30	12.4	11:17	10.5	4:13	0.0	5:00	-1.7	7:09	4:02	
25	Tue	11:24	12.4			5:07	0.0	5:53	-1.6	7:09	4:02	
26	Wed	12:10	10.5	12:17	12.1	6:00	0.1	6:44	-1.4	7:10	4:03	
27	Thu	1:02	10.4	1:09	11.7	6:53	0.3	7:35	-0.9	7:10	4:04	
28	Fri	1:54	10.2	2:02	11.1	7:47	0.6	8:25	-0.4	7:10	4:05	
29	Sat	2:46	10.0	2:56	10.4	8:41	0.9	9:14	0.1	7:10	4:05	
30	Sun	3:38	9.8	3:51	9.8	9:37	1.2	10:04	0.7	7:11	4:06	
31	Mon	4:30	9.7	4:49	9.2	10:35	1.4	10:54	1.1	7:11	4:07	