US HARBORS www.USHarbors.com

Rockland, ME - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**9:52**	10.0	**10:02**	12.0	**3:37**	-0.9	**3:44**	0.3	4:57	8:23	
2	Wed	**10:51**	10.2	**11:00**	12.3	**4:35**	-1.3	**4:41**	0.1	4:57	8:23	
3	Thu	**11:48**	10.4	**11:56**	12.4	**5:31**	-1.6	**5:38**	0.0	4:58	8:22	
4	Fri			**12:42**	10.6	**6:25**	-1.7	**6:34**	-0.1	4:59	8:22	
5	Sat	**12:51**	12.3	**1:36**	10.7	**7:18**	-1.6	**7:29**	-0.1	4:59	8:22	
6	Sun	**1:45**	12.0	**2:28**	10.7	**8:09**	-1.3	**8:24**	0.1	5:00	8:22	
7	Mon	**2:39**	11.5	**3:20**	10.6	**9:00**	-0.9	**9:19**	0.3	5:01	8:21	
8	Tue	**3:34**	10.9	**4:12**	10.4	**9:50**	-0.4	**10:15**	0.6	5:01	8:21	
9	Wed	**4:30**	10.2	**5:05**	10.2	**10:41**	0.2	**11:13**	0.8	5:02	8:20	
10	Thu	**5:27**	9.6	**5:58**	10.0	**11:32**	0.8			5:03	8:20	
11	Fri	**6:25**	9.1	**6:51**	9.9	**12:11**	1.0	**12:25**	1.3	5:04	8:19	
12	Sat	**7:24**	8.8	**7:43**	9.8	**1:09**	1.1	**1:17**	1.6	5:05	8:19	
13	Sun	**8:20**	8.6	**8:34**	9.8	**2:05**	1.1	**2:10**	1.8	5:05	8:18	
14	Mon	**9:13**	8.6	**9:22**	9.9	**2:57**	1.0	**3:00**	1.9	5:06	8:17	
15	Tue	**10:02**	8.6	**10:07**	10.0	**3:46**	0.9	**3:46**	1.9	5:07	8:17	
16	Wed	**10:47**	8.7	**10:49**	10.2	**4:31**	0.7	**4:30**	1.8	5:08	8:16	
17	Thu	**11:29**	8.8	**11:27**	10.3	**5:13**	0.5	**5:11**	1.7	5:09	8:15	
18	Fri			**12:07**	9.0	**5:52**	0.4	**5:50**	1.5	5:10	8:14	
19	Sat	**12:03**	10.4	**12:42**	9.1	**6:28**	0.3	**6:28**	1.4	5:11	8:14	
20	Sun	**12:37**	10.4	**1:14**	9.3	**7:04**	0.2	**7:06**	1.3	5:12	8:13	
21	Mon	**1:12**	10.5	**1:47**	9.5	**7:39**	0.1	**7:46**	1.1	5:13	8:12	
22	Tue	**1:50**	10.4	**2:24**	9.8	**8:16**	0.1	**8:30**	0.9	5:14	8:11	
23	Wed	**2:33**	10.3	**3:05**	10.0	**8:56**	0.2	**9:17**	0.8	5:15	8:10	
24	Thu	**3:20**	10.1	**3:51**	10.3	**9:40**	0.4	**10:10**	0.6	5:16	8:09	
25	Fri	**4:13**	9.8	**4:42**	10.5	**10:28**	0.6	**11:08**	0.5	5:17	8:08	
26	Sat	**5:12**	9.5	**5:38**	10.6	**11:23**	0.8			5:18	8:07	
27	Sun	**6:17**	9.4	**6:40**	10.9	**12:11**	0.3	**12:22**	0.9	5:19	8:06	
28	Mon	**7:28**	9.3	**7:46**	11.1	**1:16**	0.0	**1:26**	0.9	5:20	8:05	
29	Tue	**8:38**	9.5	**8:52**	11.5	**2:22**	-0.3	**2:30**	0.7	5:21	8:04	
30	Wed	**9:42**	9.8	**9:54**	11.8	**3:25**	-0.7	**3:32**	0.5	5:22	8:02	
31	Thu	**10:41**	10.2	**10:52**	12.1	**4:23**	-1.1	**4:31**	0.2	5:23	8:01	