

































Rockland, ME - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:52	10.0	10:02	12.0	3:37	-0.9	3:44	0.3	4:57	8:23	
2	Wed	10:51	10.2	11:00	12.3	4:35	-1.3	4:41	0.1	4:57	8:23	
3	Thu	11:48	10.4	11:56	12.4	5:31	-1.6	5:38	0.0	4:58	8:22	
4	Fri			12:42	10.6	6:25	-1.7	6:34	-0.1	4:59	8:22	
5	Sat	12:51	12.3	1:36	10.7	7:18	-1.6	7:29	-0.1	4:59	8:22	
6	Sun	1:45	12.0	2:28	10.7	8:09	-1.3	8:24	0.1	5:00	8:22	
7	Mon	2:39	11.5	3:20	10.6	9:00	-0.9	9:19	0.3	5:01	8:21	
8	Tue	3:34	10.9	4:12	10.4	9:50	-0.4	10:15	0.6	5:01	8:21	
9	Wed	4:30	10.2	5:05	10.2	10:41	0.2	11:13	0.8	5:02	8:20	
10	Thu	5:27	9.6	5:58	10.0	11:32	0.8			5:03	8:20	
11	Fri	6:25	9.1	6:51	9.9	12:11	1.0	12:25	1.3	5:04	8:19	
12	Sat	7:24	8.8	7:43	9.8	1:09	1.1	1:17	1.6	5:05	8:19	
13	Sun	8:20	8.6	8:34	9.8	2:05	1.1	2:10	1.8	5:05	8:18	
14	Mon	9:13	8.6	9:22	9.9	2:57	1.0	3:00	1.9	5:06	8:17	
15	Tue	10:02	8.6	10:07	10.0	3:46	0.9	3:46	1.9	5:07	8:17	
16	Wed	10:47	8.7	10:49	10.2	4:31	0.7	4:30	1.8	5:08	8:16	
17	Thu	11:29	8.8	11:27	10.3	5:13	0.5	5:11	1.7	5:09	8:15	
18	Fri			12:07	9.0	5:52	0.4	5:50	1.5	5:10	8:14	
19	Sat	12:03	10.4	12:42	9.1	6:28	0.3	6:28	1.4	5:11	8:14	
20	Sun	12:37	10.4	1:14	9.3	7:04	0.2	7:06	1.3	5:12	8:13	
21	Mon	1:12	10.5	1:47	9.5	7:39	0.1	7:46	1.1	5:13	8:12	
22	Tue	1:50	10.4	2:24	9.8	8:16	0.1	8:30	0.9	5:14	8:11	
23	Wed	2:33	10.3	3:05	10.0	8:56	0.2	9:17	0.8	5:15	8:10	
24	Thu	3:20	10.1	3:51	10.3	9:40	0.4	10:10	0.6	5:16	8:09	
25	Fri	4:13	9.8	4:42	10.5	10:28	0.6	11:08	0.5	5:17	8:08	
26	Sat	5:12	9.5	5:38	10.6	11:23	0.8			5:18	8:07	
27	Sun	6:17	9.4	6:40	10.9	12:11	0.3	12:22	0.9	5:19	8:06	
28	Mon	7:28	9.3	7:46	11.1	1:16	0.0	1:26	0.9	5:20	8:05	
29	Tue	8:38	9.5	8:52	11.5	2:22	-0.3	2:30	0.7	5:21	8:04	
30	Wed	9:42	9.8	9:54	11.8	3:25	-0.7	3:32	0.5	5:22	8:02	
31	Thu	10:41	10.2	10:52	12.1	4:23	-1.1	4:31	0.2	5:23	8:01	