US HARBORS www.USHarbors.com

Rockland, ME - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:58	8.8	12:46	9.9	6:41	1.9	7:20	0.6	6:51	3:59	
2	Tue	1:33	8.7	1:24	9.8	7:21	2.1	8:00	0.8	6:53	3:59	
3	Wed	2:12	8.6	2:07	9.6	8:04	2.1	8:43	0.9	6:54	3:58	
4	Thu	2:54	8.7	2:54	9.5	8:52	2.1	9:28	1.0	6:55	3:58	
5	Fri	3:40	8.9	3:45	9.3	9:45	2.0	10:15	1.0	6:56	3:58	
6	Sat	4:29	9.1	4:41	9.2	10:41	1.8	11:05	1.0	6:57	3:58	
7	Sun	5:20	9.5	5:41	9.3	11:38	1.3	11:57	0.9	6:58	3:58	
8	Mon	6:13	10.0	6:41	9.4			12:36	0.8	6:59	3:58	
9	Tue	7:05	10.6	7:41	9.7	12:50	0.8	1:33	0.1	7:00	3:58	
10	Wed	7:58	11.2	8:39	9.9	1:43	0.6	2:29	-0.5	7:00	3:58	
11	Thu	8:51	11.8	9:36	10.2	2:36	0.4	3:23	-1.1	7:01	3:58	
12	Fri	9:44	12.2	10:31	10.5	3:29	0.1	4:17	-1.6	7:02	3:58	
13	Sat	10:37	12.5	11:25	10.6	4:23	0.0	5:10	-1.8	7:03	3:58	
14	Sun	11:32	12.6			5:17	-0.1	6:04	-1.9	7:04	3:58	
15	Mon	12:20	10.7	12:27	12.4	6:12	-0.1	6:58	-1.7	7:04	3:58	
16	Tue	1:16	10.7	1:25	12.1	7:09	0.0	7:53	-1.4	7:05	3:59	
17	Wed	2:12	10.6	2:24	11.5	8:08	0.2	8:48	-0.9	7:06	3:59	
18	Thu	3:10	10.5	3:25	10.9	9:10	0.4	9:44	-0.4	7:06	3:59	
19	Fri	4:09	10.4	4:29	10.3	10:13	0.6	10:42	0.1	7:07	4:00	
20	Sat	5:07	10.4	5:32	9.8	11:18	0.7	11:39	0.6	7:07	4:00	
21	Sun	6:04	10.4	6:34	9.4			12:20	0.7	7:08	4:01	
22	Mon	6:59	10.4	7:32	9.2	12:35	1.0	1:19	0.6	7:08	4:01	
23	Tue	7:51	10.4	8:26	9.1	1:28	1.3	2:13	0.5	7:09	4:02	
24	Wed	8:39	10.4	9:16	9.0	2:19	1.5	3:02	0.5	7:09	4:02	
25	Thu	9:24	10.4	10:02	9.0	3:05	1.6	3:47	0.4	7:10	4:03	
26	Fri	10:06	10.3	10:44	9.0	3:48	1.6	4:29	0.3	7:10	4:04	
27	Sat	10:44	10.3	11:24	9.0	4:27	1.7	5:07	0.3	7:10	4:04	
28	Sun	11:19	10.3			5:05	1.7	5:44	0.3	7:10	4:05	
29	Mon	12:00	9.0	11:52 AM	10.2	5:41	1.7	6:19	0.4	7:11	4:06	
30	Tue	12:33	9.0	12:24	10.2	6:18	1.7	6:54	0.4	7:11	4:07	
31	Wed	1:05	9.0	12:59	10.1	6:56	1.7	7:00	0.4	7:11	4:08	