US HARBORS www.USHarbors.com

Rockland, ME - Apr 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:25	11.0	4:12	9.6	10:01	-0.3	10:13	1.0	6:16	7:03	
2	Thu	4:26	10.8	5:21	9.4	11:04	-0.1	11:19	1.2	6:15	7:04	
3	Fri	5:35	10.7	6:33	9.5			12:11	-0.1	6:13	7:05	
4	Sat	6:50	10.7	7:42	9.8	12:30	1.1	1:18	-0.1	6:11	7:07	
5	Sun	8:00	10.8	8:42	10.3	1:39	0.8	2:21	-0.3	6:09	7:08	
6	Mon	9:03	11.0	9:37	10.8	2:44	0.3	3:18	-0.5	6:07	7:09	
7	Tue	10:00	11.1	10:28	11.2	3:42	-0.1	4:10	-0.5	6:06	7:10	
8	Wed	10:52	11.1	11:14	11.4	4:36	-0.5	4:57	-0.5	6:04	7:12	
9	Thu	11:41	11.0	11:58	11.4	5:25	-0.7	5:42	-0.2	6:02	7:13	
10	Fri			12:27	10.7	6:11	-0.8	6:25	0.1	6:00	7:14	
11	Sat	12:40	11.3	1:12	10.3	6:55	-0.6	7:06	0.5	5:59	7:15	
12	Sun	1:19	11.0	1:55	9.8	7:38	-0.3	7:46	1.0	5:57	7:16	
13	Mon	1:58	10.6	2:38	9.4	8:20	0.1	8:27	1.4	5:55	7:18	
14	Tue	2:38	10.2	3:22	9.0	9:04	0.5	9:11	1.8	5:53	7:19	
15	Wed	3:21	9.8	4:10	8.6	9:51	0.9	9:58	2.1	5:52	7:20	
16	Thu	4:08	9.4	5:03	8.4	10:42	1.2	10:50	2.3	5:50	7:21	
17	Fri	5:03	9.2	5:59	8.3	11:36	1.4	11:48	2.4	5:48	7:22	
18	Sat	6:02	9.1	6:55	8.4			12:31	1.4	5:47	7:24	
19	Sun	7:02	9.1	7:47	8.7	12:46	2.3	1:24	1.4	5:45	7:25	
20	Mon	7:57	9.2	8:34	9.1	1:42	1.9	2:13	1.2	5:43	7:26	
21	Tue	8:48	9.4	9:16	9.6	2:34	1.5	2:58	1.0	5:42	7:27	
22	Wed	9:34	9.7	9:54	10.1	3:22	1.0	3:41	0.8	5:40	7:29	
23	Thu	10:18	9.9	10:32	10.6	4:07	0.4	4:22	0.6	5:39	7:30	
24	Fri	11:01	10.1	11:11	11.0	4:50	-0.1	5:02	0.4	5:37	7:31	
25	Sat	11:45	10.3	11:52	11.4	5:34	-0.6	5:44	0.3	5:35	7:32	
26	Sun			12:30	10.4	6:19	-0.9	6:29	0.3	5:34	7:33	
27	Mon	12:36	11.6	1:18	10.3	7:07	-1.1	7:16	0.4	5:32	7:35	
28	Tue	1:25	11.7	2:10	10.2	7:58	-1.1	8:07	0.5	5:31	7:36	
29	Wed	2:17	11.6	3:06	10.0	8:52	-1.0	9:03	0.7	5:29	7:37	
30	Thu	3:15	11.4	4:08	9.9	9:50	-0.8	10:05	0.8	5:28	7:38	